

Advanced Prenatal

Prenatal Support for Women*

Dietary Supplement for Women Only

About Advanced Prenatal

Advanced Prenatal is a clinical-grade dietary supplement developed for women to support reproductive health* before, during and after pregnancy. Each packet contains 6 capsules of our Advanced Prenatal which are brown.

Supplement Facts

Serving Size 1 Packet
Servings Per Container 28

Amount Per Serving	% Daily Value for Pregnant & Lactating Women	
Vitamin A (as Retinyl Palmitate)	1300 mcg RAE	144%
Vitamin C (as Ascorbic Acid)	500 mg	556%
Vitamin D (as Cholecalciferol from Lichen)	100 mcg	500%
Vitamin E (as D-Alpha Tocopheryl Succinate and Mixed Tocopherols)	134 mg	893%
Thiamine (as Thiamine HCl)	4.2 mg	350%
Riboflavin (as Riboflavin-5-Phosphate Sodium)	5 mg	385%
Niacin (as Niacinamide)	25mg NE	156%
Vitamin B6 (as Pyridoxal-5-Phosphate)	8mg	471%
Folate (as [6S]-5-Methyltetrahydrofolic Acid Glucosamine Salt) (Quatrefolic®)	1010 mcg DFE	253%
Vitamin B12 (as Methylcobalamin)	50 mcg	2,083%
Biotin (D-Biotin)	350 mcg	1,167%
Pantothenic Acid (as Calcium Pantothenate)	25 mg	500%
Choline (as Choline Bitartrate)	550 mg	100%
Calcium (as Di-Calcium Malate)	140 mg	11%
Iron (as Ferrous Bisglycinate Chelate)	30 mg	167%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Bisglycinate Chelate Buffered-Magnesium Bisglycinate Chelate, Magnesium Oxide)	130 mg	31%
Zinc (as Zinc Bisglycinate Chelate)	25 mg	227%
Selenium (as L-Selenomethionine)	100 mcg	182%
Copper (as Copper Bisglycinate Chelate)	1 mg	111%
Manganese (as Manganese Bisglycinate Chelate)	4 mg	174%
Chromium (as Chromium Picolinate)	200 mcg	571%
Molybdenum (as Molybdenum Glycinate Chelate)	25 mcg	56%
Vitamin K2 (as Menaquinone-4) (MK-4)	60 mcg	†

†Daily Value (DV) not established.

Other ingredients

Hypromellose (Capsule), Organic Rice Hull Concentrate, L-Leucine.

Recommended dosage

Take one packet daily with food and a full glass of water or as recommended by your healthcare provider.

Safety/Warnings:

Avoid use of this product with other multivitamin supplementation as concomitant use may result in an overdose of some minerals and vitamins.

Avoid use with blood thinning medications, particularly Warfarin, as vitamin K2 supplementation potentially interacts and decreases the effectiveness of those medications. Combination use may increase the risk of heart attack or stroke.

Folic acid in doses above 1,000 mcg daily may obscure pernicious anemia. Check with your physician.

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately.

Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult their physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF INDIVIDUAL PACKS ARE TORN OR DAMAGED.

Potential side effects

Common side effects may include headache, indigestion, diarrhea, constipation, and nausea. Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

Should supplementation with Advanced Prenatal lead to unwanted side effects, discontinue use and consult with a healthcare provider immediately.

If you develop an allergic reaction, including but not limited to, difficulty breathing, skin reactions, or facial swelling, stop taking the product immediately and seek medical attention.

To report any adverse effects associated with Advanced Prenatal, please call 212-628-0851.

How supplied

Advanced Prenatal is packaged in individual packets, each one containing 6 capsules of Advanced Prenatal. Each box of Advanced Prenatal contains 28 individual packets, for a 28-day supply.

Storage

Keep tightly closed in a cool, dry place in the original container. Store in a cool, dry place at room temperature (15°-30°C/59°-86°F). Excessive heat exposure should be avoided.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**