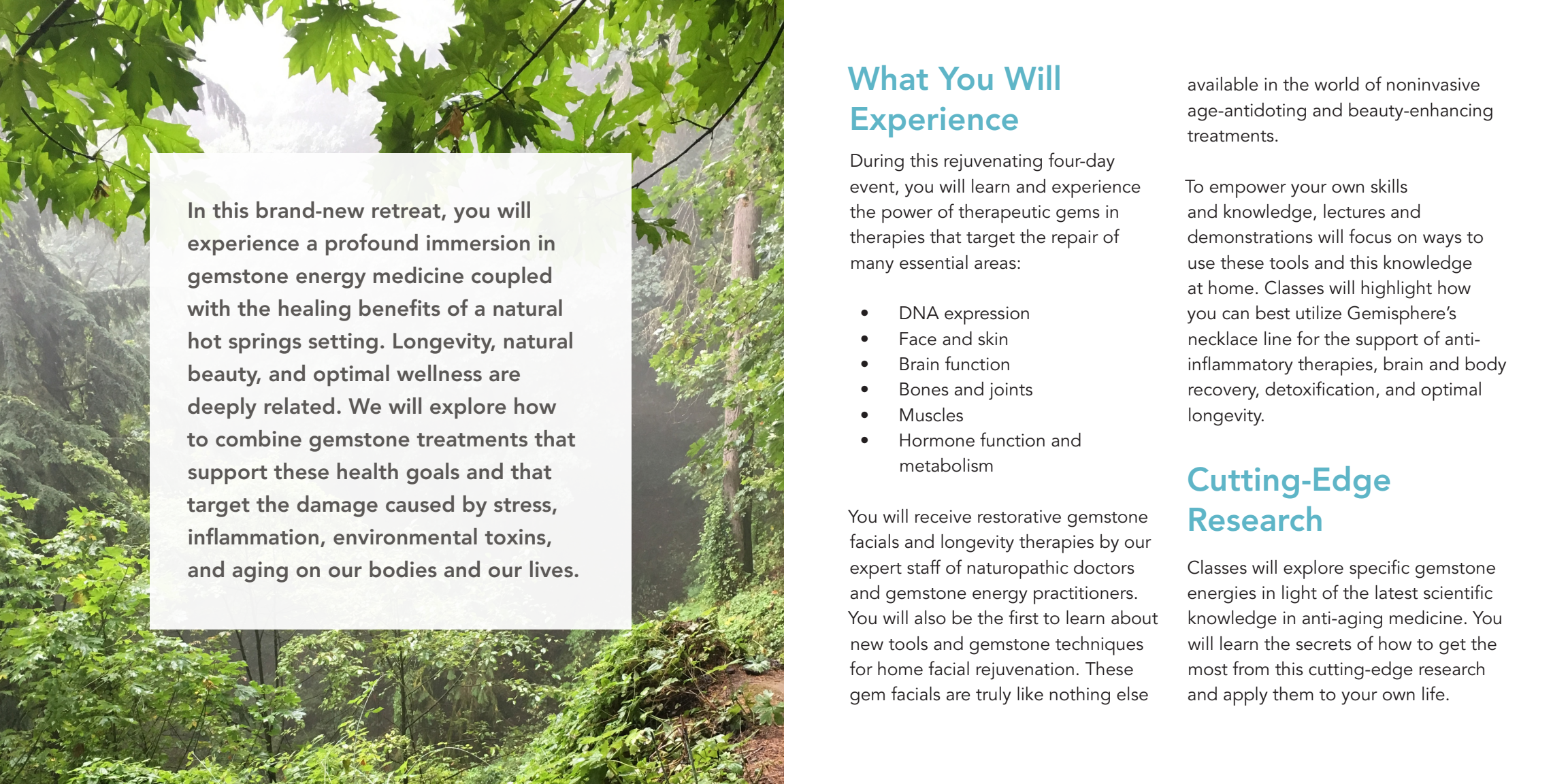




Longevity, Natural Beauty, and Optimal Wellness Retreat

The Ultimate Experience of Natural Healing and Gemstone Therapy

A lush green forest scene with a white text box overlay. The background shows dense foliage, including large green leaves in the foreground and a misty forest path in the background.

In this brand-new retreat, you will experience a profound immersion in gemstone energy medicine coupled with the healing benefits of a natural hot springs setting. Longevity, natural beauty, and optimal wellness are deeply related. We will explore how to combine gemstone treatments that support these health goals and that target the damage caused by stress, inflammation, environmental toxins, and aging on our bodies and our lives.

What You Will Experience

During this rejuvenating four-day event, you will learn and experience the power of therapeutic gems in therapies that target the repair of many essential areas:

- DNA expression
- Face and skin
- Brain function
- Bones and joints
- Muscles
- Hormone function and metabolism

You will receive restorative gemstone facials and longevity therapies by our expert staff of naturopathic doctors and gemstone energy practitioners. You will also be the first to learn about new tools and gemstone techniques for home facial rejuvenation. These gem facials are truly like nothing else

available in the world of noninvasive age-antidoting and beauty-enhancing treatments.

To empower your own skills and knowledge, lectures and demonstrations will focus on ways to use these tools and this knowledge at home. Classes will highlight how you can best utilize Gemisphere's necklace line for the support of anti-inflammatory therapies, brain and body recovery, detoxification, and optimal longevity.

Cutting-Edge Research

Classes will explore specific gemstone energies in light of the latest scientific knowledge in anti-aging medicine. You will learn the secrets of how to get the most from this cutting-edge research and apply them to your own life.

Topics will include factors that affect our DNA, sleep, nutrition, exercise, and lifestyle. We will also uncover ways to mitigate the risk factors for cancer, cardiovascular disease, obesity, and diabetes.

You will experience and learn how to use specific gems and other natural therapies to enhance your diet and lifestyle. Therapy sessions and classes will include detoxification and purification processes required to experience optimal wellness, longevity, and greater vitality.


New Gemstone Tools

This Gemisphere Retreat will introduce you to exciting new gemstone tools including:

Combination Necklaces | Gem Facial Kits | Longevity Tools

You will also learn about newly released gemstones that enhance the effects and capacities of many other healing gems and that give you new tools for even more targeted and effective home use.





Teaching and therapies will focus on the 28 gemstones listed below. We will also touch on many other gems to help you understand how to choose the best ones for you.

Light Green Aventurine	Lavender
Dark Green Aventurine	Moonstone
Emerald	Indigo
Bloodstone	Red Spinel
Blue Lace Agate	Ruby
Apatite	Poppy Jasper
Blue Topaz	Leopardskin Jasper
Sodalight	Agate
Blue-Green Fluorite	Sugilite
Green Tourmaline	Clear Topaz
Pink Tourmaline	White Beryl
Coral	Gold Beryl
Aquamarine	
Carnelian	
Yellow Sapphire	
Citrine	

The Retreat Program

WHEN

March 30 – April 2, 2017

WHERE

Carson Hot Springs Golf and Spa Resort

Stevenson, Washington

RETREAT FEE

\$595

(Not including gemstones or accommodations)

Note: Gemstones will be available for purchase before the retreat and every day and evening during the retreat.

ACCOMMODATIONS

Built in the early 1900s, Carson Hot Springs features an authentic bathhouse, cozy accommodations, and a relaxing atmosphere in the natural beauty of Washington State.

Lodging ranges from \$89 to \$287 a night per room. Private rooms can be double-occupancy and shared with other participants. Luxury suites include private mineral hot tubs, fireplaces, and kitchenettes. A café offering a range of meal options, including organic salads and gluten- and dairy-free meals, is on site.

Carsonhotspringresort.com

Contact Carrie Cunningham for all your accommodation needs.
[509-427-8296](tel:509-427-8296) | carriec@bhsr.us

Schedule

THURSDAY March 30	FRIDAY March 31	SATURDAY April 1	SUNDAY April 2
Early Morning Gem Facial Longevity Therapy	Early Morning Gem Facial Longevity Therapy	Early Morning Gem Facial Longevity Therapy	Early Morning Gem Facial Longevity Therapy
Breakfast / Spa	Breakfast / Spa	Breakfast / Spa	Breakfast / Spa
Morning Age and Body	Morning Body Structure	Morning Brain Restoration	Morning Detoxification
Lunch	Lunch	Lunch	Lunch
Afternoon Gem Facials	Afternoon Magical Blood	Afternoon Increased Energy	Afternoon Individual Sessions
Dinner	Dinner	Dinner	Gem Selection and Consultations
Evening Guest Speaker Individual Sessions	Evening Guest Speaker Individual Sessions	Evening Guest Speaker Individual Sessions	

Call us at **800.727.8877**
for more information and
to register.

Retreat facilitated by our lead
instructor Dr. Sara Hazel.



2812 NW Thurman Street, Portland, Oregon 97210 | **Gemisphere.com**