

Poppy Jasper Necklace Therapy

Awakening Localized Areas

Poppy Jasper awakens and enlivens any area of the body whose energy flows are stuck, blocked, or "asleep." Certain blockages are released, and a greater flow of energy to the area is initiated.

Therapy Tool

One solid necklace of Poppy Jasper spheres (8 mm or 10 mm)

Indications

When an organ, gland, or other area of your body seems sluggish, blocked, or "asleep"

Effects

When you place Poppy Jasper on an organ, gland, or other area that is sluggish or appears to be "sleeping," the gemstones' energy enlivens and awakens the area. Poppy Jasper works to remove obstacles to the area's healthy flow of energies by breaking up physical impediments, undesirable energetic patterns, and other blockages. The dissolution of these blockages allows the ailing area to accept a greater influx of life force, which encourages healing in the area.

Procedure

Place a Poppy Jasper necklace in a neat pile or spiral on the area you wish to treat. Place the necklace either directly on your skin or over a light layer of natural-fiber clothing.

Time Guidelines

Perform your first treatment for approximately 15 to 20 minutes. You may gradually increase this time with subsequent treatments up to 60 minutes per day.