

Opalight Necklace Therapy

Karmic Resolution Technique

Placing Opalight on an ailing area of the body helps reveal and resolve the karma, or influence from the past, contributing to the area's current condition.

Therapy Tools

- One solid necklace of Opalight spheres (8 mm or 10 mm)
- First aid tape or a natural-fiber wrap, such as a bandana

Indications

- When you wish to do any of the following
 - o Resolve the karma involved in an unwanted physical condition
 - Better understand how past influences have shaped a current condition
 - o Gain insight into what is needed to resolve an unwanted physical condition
- When a physical condition has been resistant to treatment
- When any part of your body is feeling "weighed-down"

Effects

Opalight reveals the energetic imprint of a past experience that has manifested as a physical condition. This facilitates the resolution of both the physical condition and the associated karma.

Every experience that affects you in some way leaves a vibratory mark, or imprint, on your being. The quality of this mark depends on the nature of your response. Experiences that evoked the strongest and most negative responses leave their marks at the lowest level of vibration. Experiences that were essentially positive-ones that inspired you or taught you a valuable lesson-naturally uplift you and leave a vibratory mark even higher than the overall vibrations of your body. Neutral experiences leave no mark.

Low vibratory imprints are incompatible with the rest of your body. Their presence can irritate the body so much that a variety of physical symptoms and conditions can manifest. In other words, the karma underlying a negative past experience often manifests as a physical ailment or other condition.

When you place Opalight on an ailing area of your body, the vibrations of the past experiences in the area connect with the vibrations of the Opalight. The Opalight energy then establishes a resonance with these old vibrations. This helps bring the energy of the situation to the surface so that you can address and resolve its associated karma.



When you perform this therapy, you can expect the old experiences corresponding to the treatment area to become re-enlivened in your life. The people associated with the experiences might enter your thoughts or communicate with you; dreams about the experience or issue might become more prominent or vivid; your thoughts might gently and naturally turn to the issue; or you might have strong emotional releases. All this will be part of the natural healing process that results from this therapy.

Often the truth about a certain condition is hard to accept consciously. This technique is performed overnight, because during sleep you are especially receptive and open to truth.

Procedure

- 1. Wear an Opalight necklace around your neck for several days. This therapy will be effective only if you do this before going on to Step 2.
- 2. Place a notepad and pencil by your bedside.
- 3. Get in bed, and prepare to sleep for the night.
- 4. Place the Opalight necklace directly on your skin over the area you wish to treat. Use first aid tape or a natural-fiber tie, such as a bandana, to secure the necklace. It is all right if the Opalight falls off into the bed during the night.
- 5. Record your dreams and insights, and interpret them as best you can. Use your own meanings for dream symbols.
 - In the morning, record any additional dreams.
 - During the day, write down any intuitive insights or unique daydreams you experience.
- 6. Wear the Opalight necklace around your neck during the day.

Time Guidelines

Repeat this entire procedure for three consecutive nights.

Opalight's Supporting Role

When performing this Opalight therapy, it is important also to work with other treatments, especially if the condition you're treating is serious. Opalight therapy is only a supplementary protocol; it is not sufficient to heal a disease completely. Disharmonious situations invariably have mental, emotional, and physical roots in addition to karmic ones, and these must be addressed. Your physical body also must be supported as it is making its necessary changes.