

Lavender Fire Necklace Therapy

Mind-Body Connection Therapy

This Lavender Fire therapy accelerates the healing of a physical area by opening a direct connection between the area and the mind. The mind becomes more aware of the area and its condition and can reevaluate its approach to supporting the area's health. Negative thoughts and mental energies that have been inhibiting the area from attaining greater health are also released.

Therapy Tool

One therapeutic Lavender Fire necklace

Indications

When one or more of the following apply—

- You feel that an area of your body may be inhibited from healing because of certain mental attitudes or concepts you have about its condition
- You want to facilitate the healing of an ailing area by focusing your mind's attention on it
- You want to release negative thoughts you have about an area of your body

Effects

As with a solid necklace of Blue Sapphire, Lavender Fire is most effective when worn as a necklace around the neck. However, because of the presence of Lavender and Quartz in Lavender Fire, placing this necklace over specific areas of the body also has therapeutic effects.

When Lavender Fire is placed on a weak or ailing area of the body, a direct energetic connection is formed between the placement area and its corresponding area in the mental body. With the help of Lavender and Quartz, the Sapphire forms a tunnel-like connection between the mind and the body that serves several purposes:

- Through this connection, Lavender Fire opens and enhances the mind's awareness of the area and its condition. This enhanced awareness allows the mind to reevaluate its relationship to the area and its attitudes and concepts about the area's condition.
- By focusing the mind's attention on the area, the connection facilitates the area's healing.
- When negative mental energies and thoughts become implanted in an area of the body, they have a detrimental impact on the area's health. For example, if you feel critical about an area of your body or its condition, you restrict the flow of life energy to the area, further limiting its ability to function in full health. The tunnel-like connection provides an outlet to release these negative mental energies and thoughts, so your energy can begin to flow more freely through the area and thus restore its health and balance.



Procedure

- 1. Open a therapy window on the area you wish to treat.
- 2. Place the Lavender Fire necklace in a flat spiral over the area you wish to treat.
 - If you wish to keep the necklace in place for a long period, you can secure the gems to your body. To do this, place the necklace on your skin and then place a light cotton cloth over the gems. Tape the cloth to your skin with non-plastic first aid tape. Avoid letting the glue from the tape touch the gems. If you are placing the necklace on your head, secure it there with a scarf, stretchy headband of predominantly natural fibers, or other natural-fiber cloth.
 - If the necklace slips off during sleep, it will continue to have some therapeutic effect as long as it remains near the placement area.
- 3. To enhance the effects of the therapy, wear the Lavender Fire around your neck between treatments.

Time Guidelines

Perform this treatment for at least 30 minutes and for as long and as often as you feel comfortable doing so.