

Dark Green and Light Green Aventurine Necklace Therapy

Organ Detoxification

Therapy Overview

Dark and Light Green Aventurine necklaces are used to promote maximum detoxification and healing in a particular organ. Dark Green Aventurine is worn around the neck to saturate the organ with its healing energy and to expel disharmony. Light Green Aventurine is placed on the organ, where it uplifts the organ's vitality by directing life-giving energy toward the organ's healthiest cells.

Therapy Tools

- One solid necklace of Light Green Aventurine spheres (8 mm, 10 mm, or 12 mm)
- One solid necklace of Dark Green Aventurine spheres (8 mm, 10 mm, or 12 mm)
- (Optional) One solid Emerald necklace or a Summer combination necklace

Indications

When the organ you wish to treat is obviously your most distressed organ (such as in the case of an organ cancer or other organ disease) and any of the following apply—

- You wish to maximize Aventurine's effects on the organ
- You wish to cleanse the organ of the accumulated energies of drugs or other toxins and to support the organ's recovery
- You are "over the hump" of an illness that affected the organ, and you want to remove the remnants of the ailment's energy quickly and thoroughly

Effects

This therapy maximizes the healing effects of Aventurine on your most distressed organ. A Dark Green Aventurine necklace is worn around your neck while a Light Green Aventurine necklace is placed directly on your most troubled organ. For this therapy to be effective, it's essential that you place the Light Green Aventurine on the same organ that the Dark Green Aventurine has targeted for healing. Therefore, this therapy will be effective only if the organ you choose for treatment is your most distressed organ. This is most obvious in cases of organ cancer or another organ disease.

The Dark Green Aventurine works from the inside of your body to saturate the organ with its energy and to expel disharmony. Once the organ is saturated with Dark Green Aventurine energy, you place the Light Green Aventurine on your skin over the organ. The Light Green Aventurine supports the Dark Green Aventurine's action by stirring the disharmonious vibrations in the organ, loosening them, and encouraging their release.

The Light Green Aventurine also propels its life force toward the healthiest cells in the organ, compelling them to spread their healthy energy throughout the organ. This helps the entire organ gain greater and greater vitality. As the Light Green Aventurine uplifts the organ and promotes its vitality, the work of Dark Green Aventurine becomes easier and more effective. This is because a healthy organ sheds disharmony more easily and completely than a diseased organ does.

If you wear an Emerald necklace while performing this therapy, the Emerald energy helps metabolize the natural toxins that are released by the organ.

Procedure

1. Wear a Dark Green Aventurine necklace around your neck for at least 45 minutes. If you wish, you may also wear a solid Emerald or Summer necklace at the same time.
2. Breathe deeply for a few minutes to accelerate and increase the flow of Aventurine energy into your body.
3. Keeping the Aventurine (and Emerald) around your neck, place a Light Green Aventurine necklace directly on your skin over the organ you wish to treat. Hold the necklace in place with your hand, first aid tape, or a natural-fiber bandage or wrap.
4. Breathe deeply again for a few minutes.
5. Remove the Light Green Aventurine, and continue wearing the Dark Green Aventurine around your neck for ongoing support. If you are also using an Emerald or Summer necklace, continue wearing it as well. Either sit comfortably or lie down on your back.

Time Guidelines

The first time you apply the Light Green Aventurine to the organ, keep it there for 15 minutes. Then double the application time on each successive day. For example, on the second day, apply the Light Green Aventurine for 30 minutes; on the third day, apply it for one hour; on the fourth day, apply it for two hours; and so on. Thus, gradually increase the application time until you can bandage the Aventurine over the organ for several days at a time.

It is important to increase the time gradually and to watch for signs of detoxification. If the target organ is congested or full of toxins, proceed very slowly to avoid overloading your body with released toxins. Pushing ahead too quickly could also cause the organ to become overactive and thus create other imbalances. Be aware of how the organ and your body are responding to the treatment, and make adjustments accordingly.