

Carnelian Necklace Therapy

Revitalizing and Cleansing Infusion

Carnelian energy and the orange ray are infused into a localized area of the body to vitalize the area's cells and encourage them to release their disharmony, toxicity, or disease. This treatment is especially effective for ailing organs. It also excels as an adjunct to an internal cleansing or detoxification program.

Therapy Tool

One or more solid necklaces of Carnelian spheres (8 mm, 10 mm, or 12 mm)

Indications

- When you are performing an internal cleansing or detoxification program
- When an organ or other area of your body (particularly the endocrine glands, lymphatic system, soft tissue, or skin) is diseased or toxic
- When a stubborn or persistent condition is not responding favorably to other therapies

Effects

In this therapy, you place one or more Carnelian necklaces on an ailing or toxic area of your body. The orange ray carried by Carnelian deeply relaxes and vitalizes individual cells in the area. At the same time, the Carnelian stirs and dislodges the cells' disharmonious energies, thus allowing the cells to release their disharmony and disease.

Performing this therapy in sunlight enhances the penetration of Carnelian and orange-ray energy into your body; and the more often you perform this therapy, the deeper the Carnelian's energy penetrates.

Procedure

1. Ideally, position yourself so that the area you wish to treat is exposed to direct sunlight, even if it is just the sunlight coming through an open window on a sunny or cloudy day.
2. Place one or more Carnelian necklaces directly on your skin on the area you wish to treat. Cover the entire area with Carnelian.

If you are performing this treatment as part of a cleansing or detoxification program, place the Carnelian on your weakest organ or on the primary organs involved in elimination — that is, your kidneys, liver, and intestines.

3. Between treatments, wear a Carnelian necklace around your neck for ongoing support.

Time Guidelines

When performing this treatment in sunlight, keep the Carnelian in place for 30 minutes. When performing it on a cloudy day, keep the Carnelian in place for at least 60 minutes. Perform this treatment once a day.