

Blue Lace Agate Necklace Therapy

Therapy to Improve Ear Health and Hearing

A Blue Lace Agate necklace is applied to the ears to improve ear health and hearing and to ease pain.

Therapy Tool

One therapeutic-quality Blue Lace Agate necklace

Indications

When you are experiencing any of the following:

- Poor hearing
- Chronic or acute ear infection
- Mild to moderate pain or pressure in the ear
- Excess fluid in the ear
- Swimmer's ear
- Chronic excess earwax
- Tinnitus

When you wish to do any of the following:

- Improve the acuity of your hearing
- Use a gemstone home remedy as an adjunct to other treatments for ear infection

Effects

Blue Lace Agate has an affinity with the ears. The frequency of the gem's color is particularly nourishing and soothing to the nerves and sensory mechanisms in the brain associated with the ears.

Problems with hearing can result when age, injury, infection, or buildup of excess fluid and other material reduce natural energy flows to your eardrum and the hearing mechanisms of your inner ear. This can lead to decreased nerve responsiveness and blood flow to these areas. Placing a Blue Lace Agate necklace over your ears can help restore natural energy flows, which can improve nerve responsiveness and blood flow.

The presence of Blue Lace Agate strengthens the energy waves expressed by your ears and specifically the components involved in hearing. At the same time, unwanted waves are sifted out, opening the door for their physical counterparts to dissolve or disperse. As a result, hearing can improve.

When you hold Blue Lace Agate over your ears, you may notice a slight pulling sensation. This feeling may be particularly noticeable when you slowly remove the necklace from your ear. This



sensation is the result of the gems' energy aligning the waves of the local tissue. As you apply the necklace, remove it, and then reapply it per the instructions below, the tissue is exercised and loosened. Unwanted waves are encouraged to release, and blood flow is stimulated. While the gems are in place, you may also hear their subtle sound. Like Citrine, the sound frequency of Blue Lace Agate is particularly audible. This sound may linger after the therapy is completed, perhaps for as long as an hour. This indicates that the Blue Lace Agate energy is still present and working for you, even though the gems are no longer on your ears.

Procedure

- 1. Sit or lie down in a comfortable place. Bunch your cleansed Blue Lace Agate necklace in your hand
- 2. Hold the necklace directly on one ear for thirty seconds.
- 3. Hold the necklace directly on your other ear for another thirty seconds. Taking turns allows each ear to rest between applications.
- 4. Repeat Steps 2 and 3 twice, for a total of three applications on each ear

Time Guidelines

For chronic conditions, perform this treatment once or twice a day for several weeks to allow time to reestablish energy flows to tissue where they had diminished. For acute and painful ear conditions, such as infections or headaches on the side of the head, perform it as often as once an hour.

With daily use of this therapy, noticeable improvement in chronic hearing conditions may occur within three to six months or sooner.