

Apatite Necklace Therapy

Therapy for Localized Areas

An Apatite necklace is placed on an area that is weak, ill, or injured to make the area more receptive to healing resources from the physical and subtle bodies, including essential minerals, required frequencies, and flows of information.

Therapy Tool

One therapeutic Apatite necklace

Indications

- A minor ailment or major condition in a localized area, for example—
 - Minor strain
 - Serious injury (such as a sprain or break)
 - o Back pain
 - Weakened or sluggish organ or gland
 - Inflammation (arthritis, tendonitis, bursitis)
 - o Bruise
 - Sore throat
 - Sinus congestion or infection
 - Stomach ache or indigestion
 - Uterine cramps
- Following surgery

Effects

When an Apatite necklace is worn around the neck, it works on the whole-body level, accentuating processes that require input and feedback throughout your entire being. However, you can also direct these effects to a localized area of your body by placing an Apatite necklace there. In this therapy, you hold Apatite on an area that is weak, ill, or injured to initiate healing in the area.

When you hold Apatite on an ailing area, the intelligence centers of the physical and subtle bodies recognize deficiencies in the placement area. In response, they initiate a movement of resources and healing energy to the area.

This therapy also establishes flows of information between the placement area and points in the physical and subtle bodies that correspond to it. The information exchanged can include a clearer picture of the condition's effect on the physical tissue, the emotions involved, what led to the condition, and any thoughts and mental patterns that might underlie the condition. When this information is more available, healing is accelerated.



The first step of this therapy, in which you identify a treatment area and then move the Apatite through the aura toward the area, is key to the therapy's effects. Even if the body responds with a pull-away, the Apatite picks up information, opens flows, and draws subtle-body resources to the physical placement point.

Procedure

- 1. Determine whether your body wants this Apatite treatment:
 - Hold the Apatite necklace about two feet above the area you want to treat, and then
 slowly move it toward the area, looking for a pull-in or pull-away. A pull-in occurs when
 the body desires contact with the gemstones; it will feel like the body is magnetically
 drawing the gems to itself. A pull-away occurs when the body does not want the gems
 placed on it; it will feel like the body is pushing the gems away or creating a cushion of
 energy between itself and the gems.
 - Pull-ins and pull-aways can be subtle or obvious. When testing for them, relax and tune in to the body's signals.
 - To look for a pull-in or pull-away, slowly move the Apatite toward and away from the target area, back and forth, in a range of about three to ten inches. As you move the gems, be sensitive to your body's response.
- 2. Depending on your results in Step 1, continue or discontinue the therapy:
 - If you experience a pull-in, continue the therapy by proceeding to Step 3.
 - If you experience a pull-away, do not continue with the therapy. The work the Apatite did in the aura above the target area may have been sufficient at this time.
- 3. Bunch the Apatite necklace in your hand and hold it on the target area—if possible, directly on the skin. While doing so, contemplate the target condition. Try to imagine nourishing and healing resources moving from your subtle bodies toward the area or rising up from the atomic level within the area. Be open to consciously recognizing the nature of these resources.
- 4. Optional: To enhance the therapy's effects, when you have finished the treatment, wear the Apatite necklace. This will encourage your body to direct information, nutrition, and resources collected by the Apatite you are wearing into the placement area.

Time Guidelines

Apatite's ability to draw attention and energy to a placement area is significant. Keep the Apatite on the area for as long as it feels comfortable, but for at least ten minutes and no more than one hour. Perform this therapy once or twice a day.