

Unit Data Sheet

Name: _____

Date	Activity Page	# correct	# incorrect	# of prompts	Notes

Level 3 Curriculum Map

Life Skills

	Unit Theme	Unit Focus Topics	Unit Details	Extension Skills
Unit 1	Meal Planning & Grocery Shopping	<ul style="list-style-type: none">- food safety rules- create grocery list- meal plan	The goal of this unit is to increase complex meal planning and grocery skills. The unit focuses on teaching the steps of creating a meal plan and following up with the grocery list. This unit also teaches food safety rules including expiration dates, raw meat, and food washing.	<ul style="list-style-type: none">- making a meal plan- making a grocery list
Unit 2	Eating in the Community	<ul style="list-style-type: none">- paying a bill- ordering takeout	The goal of this unit is increase independence when paying the bill at a restaurant and ordering takeout. This unit breaks down paying a bill and includes teaching how to calculate and add tip. This unit teaches ordering takeout from app vs. over the phone.	<ul style="list-style-type: none">- paying the bill at a restaurant- ordering takeout
	Clothing & Laundry	<ul style="list-style-type: none">- washer & dryer- removing a stain- appropriate clothing	The goal of this unit is to build laundry skills. This unit teaches advanced washer and dryer settings and how to read laundry care symbols. It also teaches about removing stains and wrinkles from clothing.	<ul style="list-style-type: none">- removing a stain- using an iron

Level 3 Life Skills...

focuses on
complex concepts
and vocabulary
through
application and
problem-solving

level 3

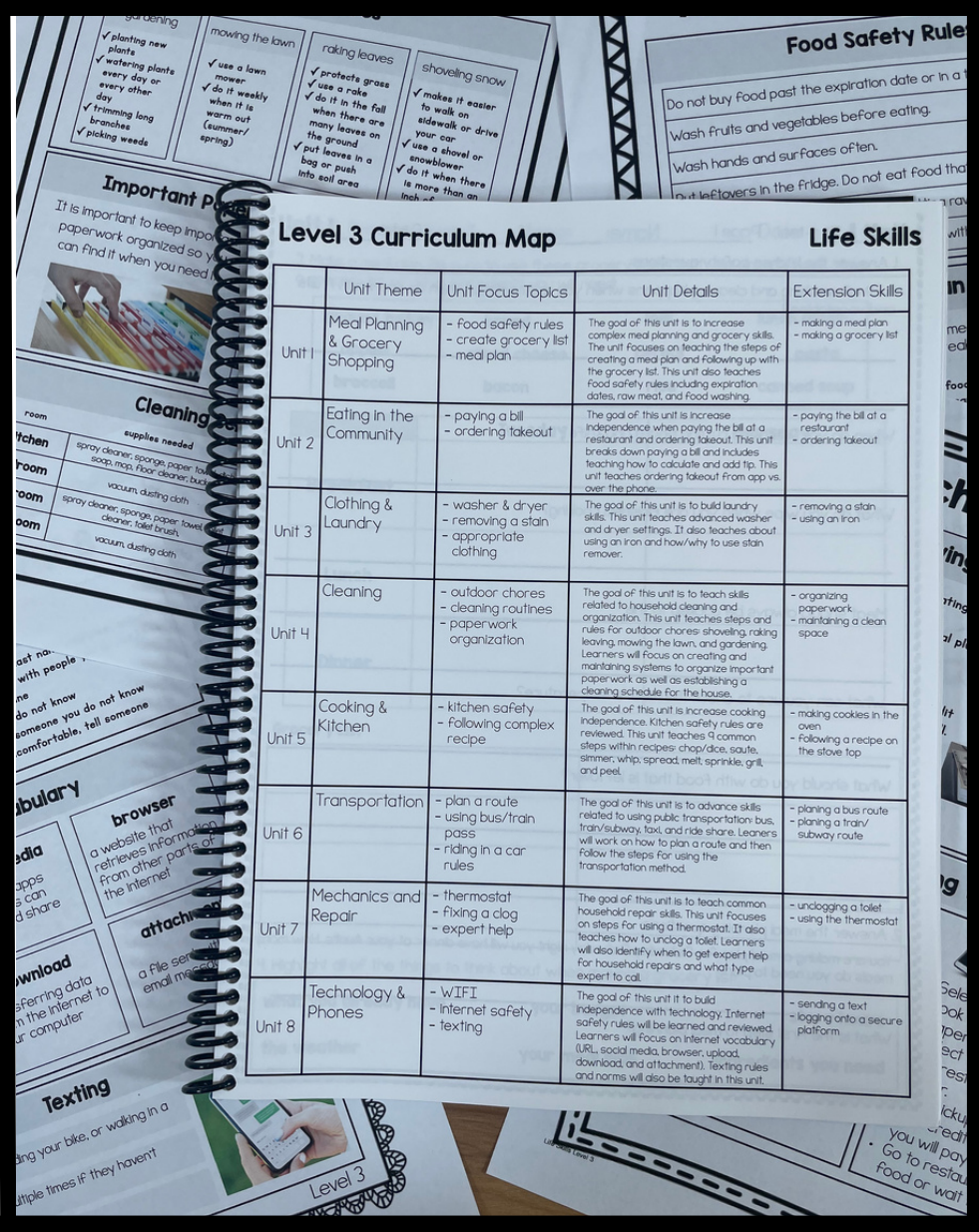
EVIDENCED-BASED INSTRUCTION

A YEAR-LONG RESOURCE!

8 Units + 1 review unit

All 8 units have:

- ✓ Anchor chart
- ✓ Pre and post test
- ✓ Grading rubric
- ✓ 20 pages of activities
- ✓ All real photos
- ✓ 2-3 hands-on focus skill rubrics



over
180
activities

Name: _____ Date: _____

The ingredients that you already have. Make a grocery list for what

Grocery List	

You already have:

- taco seasoning
- whole kernel corn

Use the meal plan to answer the questions:

	MEAL PLAN	BREAKFAST	LUNCH	DINNER	SNACKS
MON					
TUE					
WED					
THU					

What is planned for dinner on Thursday?

What is planned for lunch on Wednesday?

How many different fruits are planned for snacks?

If the salmon expires, what meal does he need to re-plan?

spaghetti left over, what should he do with it?

Unit 2 Pre-test - Page 1 Name: _____ Date: _____

1. Using a calculator, identify the tip and total for each bill with a 20% tip:

BBQ PIT PLACE 4612 Palm Ave, Naples, FL		PIZZO PERFECTION 226 Paolo Parkway, New York, NY	
6/30/2022 5:56 pm Server: Carmen	6/30/2022 1:43 pm Server: Chloe	honey cornbread 7.75	caesar salad 6.85
pulled pork 14.80	garlic bread 9.99	1/2 rack of ribs 19.95	mozzarella sticks 21.75
cornaline 6.95	pepperoni 16inch 16.90	cheesy mac 9.20	veggie supreme 12inch 2.99
iced tea 1.79	lemonade 1.79	Sub total: \$62.23	Sub total: \$70.42
soda 1.79		Tax: \$7.47	Tax: \$8.45
		Amount Due: \$69.70	Amount Due: \$78.87
+ Tip: _____	+ Tip: _____	+ Total: _____	+ Total: _____

2. Answer the questions:

Ben is paying his bill with a credit card. What should Ben do?

Ben is giving a tip with the credit card. How does

The check total is \$38.65. The money to cover the Food to

When the waiter brings the change, w

Unit 6 Page 20 Name: _____ Date: _____

Answer true or false for each statement:

Cyclists do not have to obey traffic signs. _____

It is safe to walk in a bike lane. _____

Cyclists must stop when pedestrians are crossing the street. _____

You should always wear a helmet when you ride a bike. _____

Drivers should check to make sure they do not open their door into a cyclist. _____

Answer the questions:

How long would it take for you to take the train?

How long would it take to ride your bike?


Which way would take you the longest?

If you called a rideshare, how long would the ride be?

If you got in a taxi, what is the address that you tell the driver?

If the train ride is 5 minutes but you have to walk 5 minutes to get to the train station, which transportation would be faster?

Write a sentence with the word: **destination**:



level 3

EASILY ALIGNS WITH CORE STANDARDS

INCLUDED SKILLS:

- grocery shopping & meal planning: food safety, creating a grocery list, meal planning
- eating in the community: paying a bill, calculating tip, ordering takeout
- clothing and laundry: using a washer & dryer, washer & dryer settings, stain & wrinkle removal
- cleaning: outdoor chores & routines, cleaning schedule & indoor chores, important paperwork organization
- cooking and kitchen: kitchen safety, common recipe steps, reading a recipe
- public transportation: bike rules, four methods of public transportation
- mechanics and repair vocabulary: using a thermostat, unclogging a toilet, hiring expert help
- technology: internet safety, internet vocabulary, texting rules/norms

Anchor Chart - Unit 8

Internet Safety


- ✓ do not share your password, identifying information (last name, address, school, etc.) or financial information (bank account number) with people you do not know
- ✓ do not meet up with someone you have only met online
- ✓ do not share pictures of yourself with people you do not know
- ✓ do not accept emails, files, or click on links from someone you do not know
- ✓ if something online makes you feel worried or uncomfortable, tell someone

Internet Vocabulary

URL address for a unique resource and website online	social media websites or apps where users can connect and share content	browser a website that retrieves information from other parts of the internet
upload transferring data from your computer to the internet	download transferring data from the internet to your computer	attachment a file sent with an email message

Texting

- never text while driving, riding your bike, or walking in a crowded area
- do not text someone multiple times if they haven't responded yet
- reply back to texts promptly



Level 3


Anchor Chart - Unit 4

Outdoor Chores

gardening ✓ planting new plants ✓ watering plants every day or every other day ✓ trimming long branches ✓ picking weeds	mowing the lawn ✓ use a lawn mower ✓ do it weekly when it is warm out (summer/spring)	raking leaves ✓ protect grass ✓ use a rake ✓ do it in the fall when there are many leaves on the ground ✓ put leaves in a bag or mulch into soil area	shoveling snow ✓ make it easier to walk on sidewalk or drive ✓ use a shovel or snowblower ✓ do it when there is more than an inch of snow
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Important Paperwork Organization

It is important to keep important paperwork organized so you can find it when you need it.



bills	water bill, phone bill
personal	birth certificate, social security card
receipts	clothing receipt, home goods receipt
manuals	to manual, owner manual
medical	insurance paperwork, doctor visit notes
other	directions to someone's house

Cleaning Schedule

room	supplies needed	schedule
kitchen	spray cleaner, sponge, paper towel, dish soap, dish brush, cleaner bucket	dishes & counters every day, empty garbage as needed, mop once a week
bedroom	vacuum, dusting cloth	once a week
bathroom	spray cleaner, sponge, paper towel, toilet cleaner, toilet brush	once a week, empty garbage as needed
living room	vacuum, dusting cloth	pick up as needed, vacuum and dust once a week

Level 3

Anchor Chart - Unit 1

Food Safety Rules

- Do not buy Food past the expiration date or in a torn/damaged container.
- Wash Fruits and vegetables before eating.
- Wash hands and surfaces often.
- Put leftovers in the fridge. Do not eat food that has been left out.
- Wash cutting board and knife after cutting raw meat.
- Cook meat to proper temperature - check with a thermometer.

Meal Plan

Meal planning means planning out what you eat for breakfast, lunch, and dinner.

Anchor Chart - Unit 2

Paying a Bill at a Restaurant

When you are done eating, ask for the bill.

You need to pay the total plus a tip for the waiter.

You can pay with cash or credit card.

If you are paying with credit card, put the card on the bill.

When the waiter returns, write in the tip amount.

If you are paying with cash, calculate the tip amount. Give cash for the total plus tip.

Calculating Total with Tip

To calculate a 20% tip, multiply the total bill by 1.2. That is the total amount you should pay.

total on bill: \$17.25 × 1.2 = \$20.70

Calculating Tip Only

To calculate a 20% tip, multiply the total bill by 0.2. That is the tip amount.

total on bill: \$17.25 × 0.2 = \$3.45

Ordering Takeout

level 3

Unit Pre-tests, Post-Tests, & Grading Rubrics

Unit 2 Rubric & Grading Instructions

Name: _____ Date: _____ (circle one) Pre-test Post-test

	correct	incorrect	total possible
1. Using a calculator, identify the tip and total for each bill with a 20% tip. Count each tip and total as one point. Count as incorrect if a line is left blank.			6
2. Answer the questions: Count each question as one point. Count as incorrect if the answer field is left blank.			4
3. Write a number beside each screen to sequence the steps and explain what is happening on each screen: Count each screen as two points (one point if it is correctly sequenced and one point for a correct description). Count as incorrect if the sequencing line or description lines are left blank.			10
4. Answer the questions: Count each question as one point. Count as incorrect if the answer field is left blank.			2
	total correct	total incorrect	
	total possible	percentage	

*total correct divided by total possible times 100

22

Analyzing the Errors:

The pre-test is used as a baseline to see where the student is starting out before any instruction is given. Errors on the pre-test will be addressed through the unit activities. Errors on the post-test indicate that additional instruction or practice is needed. Every student learns at different rates! Here is where this student needs more work:

Needs Practice on...	Suggested Activities
still needs work on calculating a tip and a total plus tip	provide additional direct instruction on the use of a calculator to find percentages. Teach other tip-finding strategies such as doubling the point and doubling that number.
still needs work on understanding and applying the steps to paying a bill at a restaurant	write the steps for paying with cash on a set of index cards and have students sequence the steps, repeat with credit card, engage in mock restaurant interactions where students act out being the customer/waiter.
	write the steps for ordering through an app/online on a set of index cards and have the students sequence the steps, repeat with the phone, engage in mock ordering

Unit 2 Pre-test - page 2

Name: _____

3. Write a number beside each screen to sequence the steps and explain what is happening on each screen: Count each screen as two points (one point if it is correctly sequenced and one point for a correct description). Count as incorrect if the sequencing line or description lines are left blank.

Unit 2 Pre-test - Page 1

Name: _____

1. Using a calculator, identify the tip and total for each bill with a 20% tip:

BBQ PIT PLACE
4012 Flame Ave, Naples, FL
Server: Darren 5:58 pm

- honey cornbread 7.75
- pulled pork 14.80
- 1/2 rack of ribs 10.95
- coleslaw 6.95
- cheesy mac 9.20
- iced tea 1.79
- soda 1.79

Sub total: \$62.23
Tax: \$7.47
Amount Due: \$69.70

+ Tip: _____
+ Total: _____

-- Restaurant Copy --

PIZZA PERFECTION
220 Pueblo Parkway, New York, NY
Server: Chae 1:43 pm

- caesar salad 12.24
- garlic bread 6.85
- mozzarella sticks 9.99
- pepperoni 16inch 21.75
- veggie supreme 12inch 16.80
- lemonade 2.99

Sub total: \$70.42
Tax: \$8.45
Amount Due: \$78.87

+ Tip: _____
+ Total: _____

-- Restaurant Copy --

On The Go
82 E Yale Ave, West, Little Rock, AR
Server: Tishler 1:32 pm

- cobb salad 14.55
- chicken salad wrap 14.85
- yogurt parfait 8.75
- potato chips 3.79
- iced coffee 3.10
- bottled water 1.99
- chocolate chip cookie 2.75

Sub total: \$49.75
Tax: \$5.97
Amount Due: \$55.72

+ Tip: _____
+ Total: _____

-- Restaurant Copy --

level 3

EMBEDDED DATA BASED DECISION MAKING

Each unit includes detailed rubrics for 2 hands-on focus skills

level 3

Overall Skill Tracking Guide

Year: _____

Date	Score	Date	Score	Date	Score	Date	Score
Pay the bill at a restaurant.							
Order takeout.							
Remove a stain.							
Use an iron.							
Organize paperwork.							
Maintain a clean space.							
_____ in the oven.							
_____ e stovetop.							



Life Skills Rubric

Make Meal Plan

Student: _____ Year: _____

Date: _____

Track independent completion of each step. Select score that is most relevant for what the student can do without help.

Step	1	2	3
Create plan for each meal for multiple days.	Only writes out a few meals for the assigned/required amount of days.	Writes out meals for most of the meal times (50%-75% of the meal times) for the assigned/required amount of days.	Writes out meal for breakfast, lunch, and dinner for the assigned/required amount of days.
Look at food you already have.	Does not look at food he or she already has OR does not plan meals with those items.	Plans at least one meal using food he or she already has.	Plans some meals using food that he or she already has.
Use grocery items for multiple meals.	Does not use grocery items for multiple meals.	Plans at least two meals with the same grocery item.	Plans multiple meals with the same grocery item (ie eats chicken for dinner and leftover chicken for lunch).

notes: _____

_____ / 9

Date: _____

Track independent completion of each step. Select score that is most relevant for what the student can do without help.

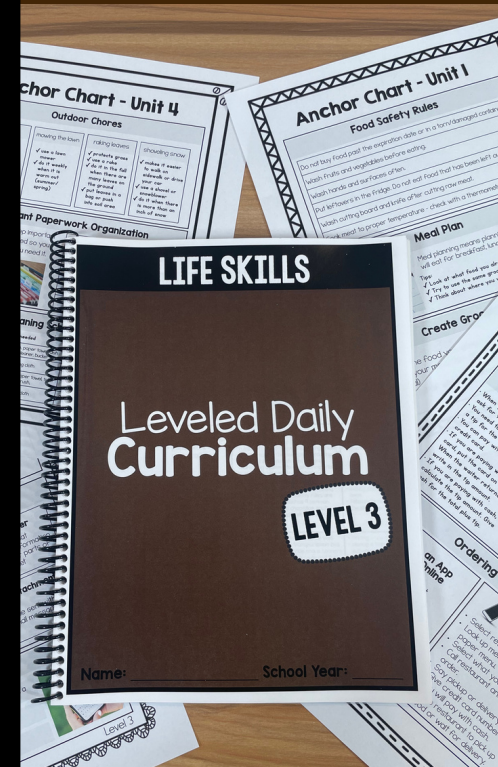
Step	1	2	3
Create plan for each meal for multiple days.	Only writes out a few meals for the assigned/required amount of days.	Writes out meals for most of the meal times (50%-75% of the meal times) for the assigned/required amount of days.	Writes out meal for breakfast, lunch, and dinner for the assigned/required amount of days.
Look at food you already have.	Does not look at food he or she already has OR does not plan meals with those items.	Plans at least one meal using food he or she already has.	Plans some meals using food that he or she already has.

FOCUS SKILL DATA SHEET INCLUDED!

level 3

RECOMMENDED PRE-REQUISITES

- Can readily answer all wh-questions in both conversation and written form
- Can read at a first-grade level
- Can write complete sentences
- Can spell most common sight words correctly



level .5

level 1.5

level 3

level 1

level 2

level 4