

STYLE FOR EVERY BODY & BUDGET

redbook

THE REAL
GUIDE TO
LOOKING
GREAT EVERY
DAY

**LOOK
& FEEL
YOUR
BEST**

Get stronger,
calmer & healthier
in just 4 weeks

**20 easy
fall recipes**

Breakfast, lunch,
dinner—done!

**LOVE
YOUR
HAIR!**

Makeovers that
will work on *you*

**Sneaky
little ways
to declutter
anything**

SEPTEMBER 2016 \$3.99



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**MEET OUR REAL WOMEN STYLE AWARD WINNERS!
TURN THE PAGE FOR MORE...**

LASHOUNDRA

Growing up, this social worker didn't have much money to spend on clothes. Yet now that she's able to splurge, she rarely does. "My best stuff comes from clearance racks," the mom of one says. "My grandma had all my secondhand clothes altered, so I spend money on good tailoring. The real secret to a cute outfit is making sure that it fits perfectly."

- **DRESSED-UP BASICS** "I hate fussing with multiple zippers and ties. I'll throw on an easy dress or simple pants and a tee with a bright blazer or heels, and my look feels thought-out."
- **HIGH-WAISTED JEANS** "I'm 5-foot-2 with no curves, and these transform my body. Express has great options."
- **CHIC SUNGLASSES** "They don't need to be pricey, especially trendy ones. I got a pair for \$2.50 at Walmart!"
- **DEWY SKIN** "Benefit's toning lotion makes my dry skin look flawless. It even helps my makeup go on better."

HER BLOG *Young at Style*



PUMPS
\$39.95;
shoedazzie.com

JEANS \$79.90;
express.com.
Up to size 18.



SUNGLASSES
\$45; perverse
sunglasses.com

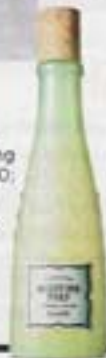


JACKET \$169; talbots.com. Up to size 20.

EARRINGS \$195;
byboe.com
(20% off with code
REDBOOK20)
DRESS \$180;
isurastyleusa.com
(10% off with code
REDBOOK10)
HEELS \$99;
aerosoles.com

“Need to cover up? Use splashy colors. I’m a minister’s wife, and I’ve learned that appropriate doesn’t mean boring.”

BENEFIT
Moisture
Prep Toning
Lotion, \$30;
benefitcosmetics.com



OUR JUDGE SAID:
“LaShoundra’s outfit is proof that petite women can wear flowy dresses without drowning in them. Just look for cinched details like a belted waist and cuffed sleeves.”

—Brad Goreski, cohost of Fashion Police on E! network