

## **GLAM UP THE GROWN-UP BED**

Once you've covered your bed in the basics (sheets, sleeping pillows, duvet or comforter), add a cushion or three for extra visual oomph. Just beware the temptation to clog up the bed with too many fussy pillows. (The two options here deliberately keep the formula simple.)

## One and Done

If making the bed is the least of your priorities on the day's to-do list, you'll love this hack. Just lay a single, extra-long lumbar pillow in front of your sleeping pillows—that's all. It shows effort without actually requiring much. "If you have a king-size bed, you can fit two of the same lumbar pillows side by side." Hersch says.



1

Opalhouse Designed With Jungalow Oversized Oblong Woven Stripe Decorative Throw Pillow. \$30; target.com

or



(2)

Sunbrella Quentin Woven Striped Lumbar Indoor/Outdoor Pillow. \$109.50; potterybarn.com

or



3

West Elm Lush Velvet Oversized Lumbar Pillow Cover. \$59.50; westelm.com



## O Trio Trick

Here's a hotel-worthy formula that's as easy as 1-2-3. Start with your sleeping pillows in their usual places. Then prop up two large, identical cushions in front, side by side, Meichtry says. Finally, front and center, sit a smaller accent pillow that shares a common color. The look says orderly and calm without your having to do hospital corners.



2 / Laura Ashley Mila Blue Cotton Blend Throw Pillows. \$31 each; homedepot.com





## WHY IS THERE SUCH A HUGE RANGE OF PRICES?

It's true: Pillows can be \$10 or \$300, or anywhere in between. Factory-made pillows stuffed with polyester work just fine and are the ones most of us buy. Luxury pillows may be made of richer fabric, hand stitched, and stuffed with down or a high-quality alternative.