

ECHO FRIENDLY MEAL

Ingredients

Pork & Lamb Mince

Chicken Wing

Lamb Kidney & Liver

Sardines in Spring Water

Steamed Veggie Mix (cabbage, carrot, beetroot, kale, daikon & celery) + add liquid from steaming

Greek Yoghurt

Avocado

Whole Chicken Egg (with or without shell)

Blueberries

Herb Mix (mint, rosemary & dandelion flowers)

Ascophyllum nodosum seaweed

Plus any wellbeing supplements



These ingredients should be readily available at your local shops. We especially love Ascophyllum nodosum seaweed for doggy dental health!



Watch the Instagram Reel of the Echo Friendly Meal being made by clicking this image of Echo