

BRITTNEY'S BOOK LIST

The Four Agreements by Don Ruiz

Mastery of Love by Don Ruiz

The Celestine Prophecy by James Redfield

Gifts of Imperfection by Brene Brown

Daring Greatly by Brene Brown

Rising Strong by Brene Brown

Braving the Wilderness by Brene Brown

This is Not a Fashion Story by Danielle Bernstein

Where the Crawdads Sing by Delia Owens

Untamed by Glennon Doyle

The Surrender Experiment by Michael A. Singer

#HealthyAdult by Lori Jean

