


The ContacEZ IPR Strip System is an innovative interproximal reduction system that makes interproximal enamel stripping safe and accurate without creating sharp corners or subgingival ledges. Designed for use with Invisalign<sup>®</sup>, ClearCorrect<sup>™</sup>, eClinger, Six Month Smiles<sup>®</sup>, and other orthodontic treatments, these flexible diamond strips curve and conform along the natural contours of the teeth to maximize patient comfort and safety.

- ▶ Ergonomic single-handed design.
- ▶ Provides optimal tactile control.
- ▶ Will not remove excessive enamel.
- ▶ Saves chair-time.
- ▶ Prevent sharp corners or subgingival ledges.
- ▶ Effective for anterior and posterior areas.
- ▶ Central opening for maximum visual perception.
- ▶ Will not cut lips or gums.




### ContacEZ IPR Strip System



**Yellow IPR Starter** • 0.06mm  
Single-Sided • Extra-Fine Diamond • Serrated  
*Start to open the contact safely & easily with a serrated edge.*

REF 32108




**Red IPR Opener** • 0.12mm  
Double-Sided • Medium Diamond  
*Open the contact and reduce enamel gently on two teeth.*

REF 32408



**Dark Blue IPR Widener** • 0.15mm  
Double-Sided • Coarse Diamond  
*Widen interproximal spaces and reduce enamel efficiently.*


REF 32508



**Green IPR Extra-Widener** • 0.20mm  
Double-Sided • Coarse Diamond  
*Further widen interproximal spaces safely for ideal alignment.*


REF 32608

### ContacEZ IPR Optional Strips




**Clear IPR Single-Sided Opener** • 0.10mm  
Single-Sided • Medium-Fine Diamond • Serrated  
*Reduce enamel on the proximal surface of one tooth.*

REF 32208




**Cyan IPR Single-Sided Widener** • 0.12mm  
Single-Sided • Medium-Coarse Diamond  
*Further reduce enamel on the proximal surface of one tooth.*

REF 32308



**Purple IPR Super-Widener** • 0.25mm  
Double-Sided • Coarse Diamond  
*Further widen the interproximal space between two teeth.*

REF 32708



**Brown IPR Mega-Widener** • 0.30mm  
Double-Sided • Coarse Diamond  
*Create an extra-wide interproximal space between two teeth.*

REF 32808

### Usage Guidelines & Technique

This technique is especially effective for anterior teeth and for case refinement. ContacEZ IPR Strips are autoclavable (**steam heat only, up to 286°F**) and reusable, and should be sterilized prior to the first use. **The manufacturer recommends to use each strip 3-5 times for maximum efficiency and functionality.**

- ① Hold the strip between your thumb and forefinger, insert the strip into the interproximal space, and gently pass the strip back and forth buccolingually until the strip is passive. Do not use vertical force. Start with the thinnest diamond strip, and repeat with thicker strips until you have reduced (stripped) the correct amount of enamel according to your treatment case prescription.
- ② To ensure accurate measurements, polish the proximal surface using the ContacEZ *Gray Final Polishing Strip*.
- ③ Verify the width of the gap created using the ContacEZ *Incremental Thickness Gauge*. The location and amount of any reproximation performed should be recorded in the patient's chart.
- ④ **Pediatric dentists** can use ContacEZ IPR Strips for the serial proximal reduction of primary molars.



Patented • 100% Guaranteed  
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## Incremental Thickness Gauge



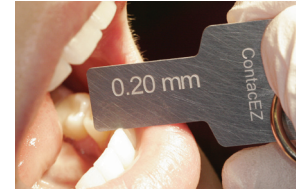
**6 Stainless Steel Gauges**  
(0.1, 0.2, 0.25, 0.3, 0.4, & 0.5mm)

The ContactEZ *Incremental Thickness Gauge* efficiently and accurately confirms the amount of interproximal enamel removal or contact reduction for orthodontic treatment. Measure the space prior to stripping to determine how much enamel to remove, and measure again when stripping is completed.



In order to ensure an accurate measurement, it is recommended to polish the interproximal surface first using the ContactEZ *Gray Final Polishing Strip* until all surfaces are smooth.

Select the proper Gauge for the amount of space prescribed for the treatment, and gently insert the Gauge with a light, brush-like movement. Slight tactile resistance will be felt when the appropriate amount of enamel has been removed. To avoid false readings, it is very important not to force the gauge into the space when measuring. (Sterilize Gauges using steam heat, dry heat, or chemiclave. To prevent oxidization, avoid contact with dissimilar metals.)



## Snap-On Disc Guard



REF: 92220

Minimize risk and give yourself peace of mind by providing safety for patients' soft tissue. Use the *Snap-On Disc Guard* during interproximal reduction with discs to ensure patient safety. Protects the patients' tongues, lips, cheeks and gums from spinning discs and debris.



(The Snap-On Disc Guard is a single-use device and cannot be sterilized, otherwise it may become brittle or malformed.)

- Fits discs up to 22mm
- Use with slow speed handpieces
- Simple: Snap on & off
- **Single-patient use**



### Installation:

- 1) Hold the end of the shank to snap the disc into the *Snap-On Disc Guard*.
- 2) Align the shank of the disc to the nose of the handpiece, and press with your thumb.
- 3) Twist the handle to lock the handpiece. It is ready to use.

## Slow-Speed Diamond Discs



**18mm, 19mm & 22mm** - Opt: 20,000 RPM - Max: 25,000 RPM  
 Diamond Disc T (Top Coated, Outer Surface, 0.10mm)  
 Diamond Disc B (Bottom Coated, Inner Surface, 0.10mm)  
 Diamond Disc D (Dual-Coated, Both Surfaces, 0.15mm)  
 Honeycomb H (Dual-Coated, Perforated, 0.15mm)



Made in Germany

ContactEZ recommends using *Yellow IPR Starter* before using diamond discs. Spin the disc using slow RPM's. Use ContactEZ *Snap-On Disc Guard* to protect patients' soft tissue.

## High-Speed Diamond Burs



When you need to use a high-speed diamond bur, be sure to use light, even, brush-like movements. Move the bur continuously when in use to avoid localized heating and/or damage to the bur. Using water spray will help reduce clogging and overheating. Clean and steam sterilize burs prior to first use and prior to each reuse.



Mosquito Bur (1.6mm)  
Max: 450,000 RPM



Needle Bur (1.0mm)  
Max: 300,000 RPM

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