## BREAKFAST

until 11:30am

## Fruit \& Grains

TJS granola, superseeds, coconut yoghurt or TJS almond milk 8.50
Amaranth grain porridge, lavender, lemon, blueberries, toasted buckwheat 10.95
Creamy oat porridge, raspberries, maple, hazelnuts 9.50 +form vanilla protein 2
100\% Brazilian açai, TJS granola, banana, seasonal fresh berries hemp hearts 11.25

## Toast

choice of sourdough or gluten free
English muffin, black bean \& fennel seed TJS sausage, tofu, wilted spinach, plum tomato jam 12.95
Smoky beans, roasted romano peppers, chipotle chilli, flat leaf parsley, toasted sourdough 12.95
Sautéed wild mushrooms, slow roasted tomatoes, wild rocket, toasted sourdough 14.25 +truffle 2.25
Peanut or almond butter, berry chia jam, cinnamon bananas, toasted sourdough 9.95
TJS open bagel, freshly smashed avocado, slow roasted tomato, toasted superseeds 12.25

## Hash Brown, Burrito

Potato hash brown, harissa sautéed kale, roasted rainbow peppers, plum tomato, avocado 14.25
Breakfast burrito, wild mushroom, scrambled tofu, spinach, black beans, smoky salsa 13.95

## Something Sweet

Chocolate banoffee waffle, banana, ganache, miso caramel, cacao crumbs, chantilly, hazelnuts 12.95
Blueberry waffle, berries, blueberry compote, hemp hearts, chantilly, raspberry crumb 12.95
Buckwheat pancakes, chia jam, chocolate ganache, raspberries, cacao crumbs, pistachio 12.95
French toast, blueberry vanilla jam, lemon yogurt, fresh blueberries, cinammon 12.95
Spiced banana bread, caramelised banana, blueberries, chantilly, maple caramel 12.95

## Sides

Hash browns, TJS ketchup 6.25
Toasted sourdough, churned TJS butter 6.50 + chia jam 1.50
Smoky chilli beans, romano peppers, flat leaf parsely 6.50
Sautéed wild mushrooms, rocket 6.50
Wilted baby spinach, cherry tomatoes, cracked black pepper 6.50
Smashed guacamole, micro coriander 6.50
Scrambled tofu, wilted spinach 6.50
Seasonal fruits 6.50
Sauces we make all sauces in house, please ask your waiter for our current availability 1.50

