

What you will need::

- White granulated sugar
- Tap Water

DIY NECTAR RECIPE**

"Do not add red dye" it is not necessary and is harmful to hummingbirds. Red dye 40 is associated with hyperactivity and various types of cancer and Red 3 is associated with causing thyroid cancer and chromosomal damage. If these are the potential risks it causes in consumption in humans than I don't want to feed that to my lovely hummers. Although hummingbirds associate red with food, it is safer to buy a feeder with red coloring. Red glass feeders are recommended because it reduces the risk of BPA toxins getting into their food source.

Nectar Batch Sizes:

Small Batch: ¼ cup sugar; 1 cup water

Medium Batch: ½ cup sugar; 2 cups water

Large Batch: 1 cup sugar; 4 cups water

Recipe:

1. *Boil water on medium to high heat*
2. *Add sugar to boiling water*
3. *Boil for an additional 2 minutes (to create a syrup); stirring constantly to dissolve the sugar crystals*
4. *Once the sugar is dissolved; remove from the heat and let cool*
5. *You are ready to fill your feeder once the nectar mixture reaches room temperature. You can speed this process up by placing it in the refrigerator*
6. *Store the additional nectar in an airtight container in the refrigerator; recommend to store no longer than 10 days*

Here are some guidelines to determine how often to change your nectar in your feeder:

- *60-70 degrees change weekly*
- *71-80 degrees change every 4-5 days*
- *81-85 degrees change every 3-4 days*
- *86 degrees & up change everyday to every other day*

Feeders should be placed in a shaded area, cleaned often with water and vinegar or a mild soap, and rinsed thoroughly.