

Transcript Podcast/Vlog Style and Give - Weddings Fashion 💍 [Episode 7] 💍

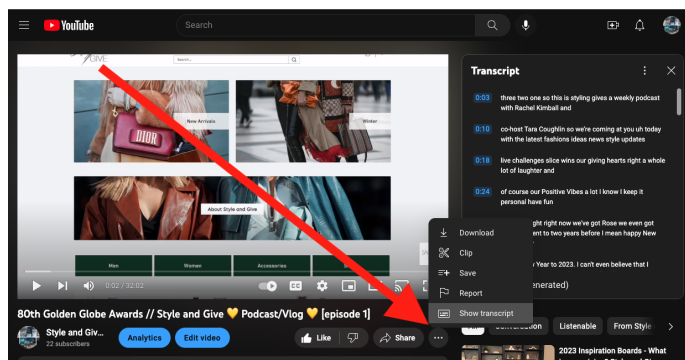
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Transcript

0:00

hello everyone we have a very special style and give podcast for you today as you can see

0:07

Tara and I are in our wedding dresses that we wore what how long ago in 2006

0:13

in 2006 so as you can see we have put them on for you listeners you're gonna have to check out our YouTube because

0:19

it's hilarious uh we've kind of reassessorized them and um that's what

0:26

we're going to do today we're going to talk about wedding Trends and fun stuff so we're going to sit down right now I'm gonna let I'm gonna let the uh

0:33

look to her try to sit down because she has got an amazing dress on oh my

0:39

goodness okay well welcome hello hello everyone so again I'm Rachel Kimball and

0:45

this is Tara Coughlin and we are going to give you today the latest trends and

0:52

styles we do it every week we talk about our life's challenges our life's wins our giving hearts and we're just coming

0:59

at you with a whole lot of positivity that's what this podcast is about fashion positivity life so if you're

1:06

interested please hit subscribe we'd love to have you come on we've had um many podcasts so far I think this is

1:12

our seventh so check us out it's always something to learn we learn as we do them I know I do oh like five hours five

1:20

hours on the weekend just learning Trends I love it I love it and I get so many different ideas so today

1:26

um we're gonna talk about wedding Trends in 2023 and um there's so many amazing things that I

1:32

think brides are doing um and and that's what we're going to talk about so I guess we'll get right

1:37

into it uh so the wedding Trends in 2023 Tara what do you what are you what are

1:44

you seeing so I'm seeing um uh let's see I saw some like mini

1:50

Bales yes oh oh I didn't notice that okay Minnieville yes I saw that I

1:55

thought that was interesting and I was just thinking of things that I could do to mine to maybe help out Harper down the road but um

2:02

um let's see like statement aisles working on the aisle dramatic ceilings

2:07

um like insoles florals uh draping

2:13

um like midday ceremonies are a thing I think that's nice I like it it's something different and kind of

2:19

I don't know it it's it's I don't know I like it I think that that's like the early 20th century at weddings and they

2:26

did like a morning and then like the evening party yeah and I feel like most people are having like those breakfasts

2:32

where they're getting together anyway and I mean I I like it because you know you can party on into the night you know

2:37

you like you know and you know you can maybe get to that a little earlier you know like have that time I think that's

2:43

a really good one and I noticed um I'm noticing all of the Hues of Blues yes

2:49

like the pale Blues right and um instead of the pinks like I know a lot like I feel like the last couple

2:56

years a lot of um of like the light pinks were a big deal and now it's those Light blues um

3:01

instead of maybe that traditional white which I think is I really like I like it like it's pretty

3:07

it's feminine and it it's not too striking um but I love it soft and it kind of

3:14

goes with a lot of the pastel colors for the season anyway so I think it's so true and then I noticed when I was so

3:19

you know I've I've probably read most of the brides.com you know the bridal

3:24

magazine I mean I went through those things like you wouldn't believe I saw a lot of sheer dresses like I'm not

3:30

talking like you know just a little bit of sheer I'm talking like the whole dress is sheer and then they might have

3:36

a you know a bando top that's nude underneath with literally a pair of you

3:42

know underwear a shapewear and and it's made into the dress and it you know and

3:48

it it's really beautiful like it's you know some of them have long sleeves some of them are beaded

3:54

um and some just have like a little silk nude slip underneath that's really short and it just so yeah the sheerness of it

4:01

I think it's simple and Classic Fun modern twist and I think you could also

4:07

do a lot of that because sometimes we get so caught up on the beach looks the beach has to be just like you know silk

4:14

a light silica light satin and then with these trends of the sheerness I think that really opens up a lot of brides

4:19

that are trying to do something different on with a beach wedding all right I think it's I think it's pretty

4:24

did you see the asymmetrical necklines that are in I did see it I I think I

4:30

like it yeah they have the cutouts and then they have like the piece of fabric that's turned just a little bit you know

4:35

like off Kilt or you know asymmetrical obvious like that kind of sticks up and I thought that was pretty cool um and

4:40

then maybe just like the one shoulder drape and one's not um but yeah I think it

4:47

it has it still looks classy it's not yeah it's too funky twists avant-garde

4:52

you know I feel like that but I do like that and then the mock necks we're in which I actually really like I think

4:58

it's like like the silhouette is beautiful on a lot of different body types it's because it elongates you is that

5:05

correct that little that neck can you know and then I know that I noticed that they're using lace with it so it's like

5:11

a lace you know most of the the mock necks it'll just be whole all lace and sometimes it'll be long sleeve but like

5:17

complete see-through lace which makes it sexy you know let's cover up that neck but let's you know let you see

5:22

everything else right I like it and separates are big satin suits

5:29

um you know women are wanting to you know maybe not and you can see with listeners you can't see this but if

5:35

you're watching our YouTube you can see that I went for a very non-traditional look I actually had Halls did my dress

5:40

um and they totally reconstructed into like a pencil skirt um which you know I just did something

5:46

totally different granted I wore it like every year on our anniversary for a good 10 years but you can re-wear it a lot

5:54

like mine has been sitting in a box for 16 years well but it's absolutely

6:01

stunning I mean I love the detail on it and you know you're right Harper can definitely I mean it's in excellent

6:07

condition and she can look at you got into your dress got into that dang dress that's what it's like I can't believe

6:13

we're celebrating the day without I'm definitely gonna have a margarita I don't know maybe a whole bottle of wine because that's exciting when you can get

6:18

the dress on and I I waited guys I waited until take it to try it on I got it out and I

6:25

was like okay let me see if I can do this um and it fit and um I'm probably gonna

6:31

have mine like I was talking to you earlier about getting mine dyed I think

6:36

it's so cool because now you can wear it I mean just out for girls night out it's it's fun or
or maybe just have the top

6:42

be something but I do like how they put it together Paul's did an amazing job and um I
wanted I just didn't want to I

6:48

didn't want you know we were outside and I just wanted something really short and I
reward it so I think my parents were

6:55

very happy about that I know my mom was because she bought the dress um so that
was good I'm also seeing like

7:01

elaborate ball gowns are back I'm seeing it I mean I don't I don't know if those will ever
really go out to be honest you

7:07

know I mean that classic you know Grace Kelly style but um I I think it's just it's pretty
coming on

7:14

the aisle I think people still want to wear that poofy dress on their wedding day to say
that they wore the dress or

7:20

they really loved it or I don't know I just think it's it's fun I think it is and I know for

7:25

like bigger weddings the drum they're dramatic opening of the door and the

7:31

church and I know like that's kind of expected I mean I feel like it's like you're going to a
ball you know you're

7:36

like let's let's pump this up a little bit more and um and I I but I do see like the oversized
sleeves the off the

7:43

shoulder gathered like material that's it's a lot of material right

7:48

um and then the oversized bows on the back of things um but yeah it's just that think big wedding with the big you

7:55

know you're thinking you know it's Grant it's grandiose and that's it and it's I do think that there are brides I mean

8:02

look at you you pulled it off like you can pull that off I would probably have to have I'd be more like

8:08

um The Sex in the City carry maybe if I did a ball gown because I I don't know why I like some edge with myself maybe

8:13

like some tools some big tools yeah or something style that would be so cool when I get married because you know it's

8:21

it's coming we're designing I've got to meet the guy okay but when I do I like yes and I even have and this is kind of

8:27

crazy but um I pulled out a dress last night I had bought a helmet laying navy

8:32

blue with a nude sheer lining like it's beautiful it's

8:38

beautiful it's long it has a deep V in the back and a deep V in the front and I had got it for a little nothing I think

8:43

it was about a thousand dollars but then I had gotten it for like 150 bucks and the tags are still on it okay oh gosh and I had thought to myself I would wear

8:50

this to my wedding like I would it's beautiful and I know where I'm getting married I've met the man yet but you

8:57

know like Flora farms and Cabo I just know and I just thought that would be a great dress so I bought it

9:04

um and it's in my closet I know that sounds a little crazy but hey you got to pay yeah well you got to be prepared no I bought it for a reason I will still go

9:10

try on things but I do think well I'll try it on for Tara and Tara you might just be like it's done like let's not

9:15

even go shopping um but yeah I mean I do think and I was excited because Blue's in now again mine's darker and I do like the lighter

9:23

blue Trend especially for a new bride I love it it smells fresh and different yes I popped on some

9:30

blue today to kind of I loved that and I have um blue nail polish so that's well it's kind of like a light blue it's kind

9:36

of more grayish but it said blue um it's it's to me it's blue right let's just go with it uh and then I noticed

9:42

too the mini bow details on almost everything like tie bows yes I mean the

9:49

tying the bows the crystal bows on dresses the oversized floral motifs like the it is all like oversized embroidery

9:56

that's just all through which is just it's ornate and I think that um I mean I

10:02

was really impressed with what they have out now because I feel like when maybe we were getting married I don't know

10:07

maybe it's I didn't feel like it was the experience of it wasn't as over the top with all the ornate stuff I don't know

10:14

right I mean maybe from my experience um but I think people are just you know

10:20

they're going all out they're going all out they are they want you know they want that celebration I think with us

10:25

going through covid and a lot of things have happened a lot of loss um people

10:30

have had a lot of struggle and to be able to celebrate a wedding really makes brings people together and yeah they

10:36

want to if they have the money to spend they're gonna spend it but I do know like um
you know you can get amazing dresses

10:42

on at great deals I know Kleinfeld has a yearly sale that people line up at the doors I
had a girlfriend go there we got

10:48

to get a Vera Wang dress for 500 I mean um yeah there's there's plenty building

10:53

you did I did I win okay talk about that experience this is new too right I don't

10:59

know this I did I knew that I wanted to go because I lived in New York and everyone
goes to Kleinfeld right you

11:05

just go whether you buy your dress there or not so I went and um it's overwhelming and
it was a lot and I

11:12

left there like super overwhelmed overwhelmed yeah

11:17

I did not buy my dress there but I can say that I went and I did it and I loved

11:23

the experience I think that if you live in the area and close by you have to go to
kleinville or if you just want to

11:29

take a fun girls trip and try some stuff on which I think it's always good because I do
believe that they will tell you I mean did you find your silhouette

11:35

there were you like I found a dress similar to this and the same designer but it wasn't
this and then I sought out

11:43

the designer and found it in the city so see that's how it works right and for those of
you that don't know kleinfeld's

11:49

if you've watched the show Say Yes to the Dress that is where that is filmed um and it's
really well well renowned

11:55

and oh yes it's amazing so and they're they do have a sale I mean it but it's one of those
where you're running in and

12:01

I think they're sample sizes um and you know that you can find some amazing deals but you got to know what

12:08

you want at least I think you have to have another idea because you don't have all day I mean they are kind of on a

12:13

time schedule as well so and you know if you find something you

12:18

gotta be ready to get it that's exactly true because you don't want to miss out on the dress um yeah so so many different things

12:25

about that and I know like so Blues are in you know we know the Silhouettes that you can there's so many different types

12:31

mermaid I mean a lot of people are doing mini dresses which I love and and you know you're seeing that Fringe that

12:37

Fringe you know Trend right now where the sleeves are French and they're the French and I think that's fun you know I

12:44

think that if people you know especially for a Vegas wedding I think that's you know like if you're doing something

12:50

like that but I do think um brides are also going with a lot of different colors that I would have never

12:56

originally ever thought I could even put into a wedding for their venues like the colors that are in for the venues like

13:04

emerald green is a big one right what else did you find when you were looking into I'm seeing a lot of like well a lot

13:10

of whimsical colors a lot of like um ombre pinks yep some greens the blues

13:18

um I'm seeing the yellows bright yellows I just have to tell you yellow is my favorite color I love yellow

13:24

um and yeah the brighter shades of yellow which is interesting to me and that's and I noticed with yellow is like

13:31

just to bring that one little pop of color um which I thought was you know like it's a good primary color you know or

13:37

darker shades of yellow which would probably be what I would do is maybe do a little darker yellow I love me a good

13:44

mustard yellow you know like I don't know it's just there's something with that like bronze would be really pretty

13:49

yeah that's oh I never thought of that was good oh yeah and I'm noticing like of course lavender and you said this you

13:54

know that's a big color that's in this year it pairs well with burgundy dark purple the Earth Tones too of course which go well with the emerald yellow

14:03

Navy is always huge I feel like Navy's has been classic it holds the test of

14:08

time I agree and I think with navy you know if you do it spring you can do like

14:13

blush pink but if you do it in the summer you can do more like navy blue you can even add like a little bit of a yellow a light yellow and then fall Navy

14:20

with gold and then winter I think maybe like maybe with burgundy or something like you can get richer as the seasons

14:27

go in pain with that I love that oh yeah champagne's a huge huge color that's in I love that I think that that in what

14:35

did they say that shades with the shades of Earth Tones obviously go really well with that and then shades of green and

14:42

pinks with a champagne I think I like the champagne for for like I love the

14:47

champagne but I threw in Champagne with my wedding so I love the oh yeah well I love champagne I love champagne and

14:54

we're talking the color and we're talking champagne I mean that and uh some caviar I wish all happened my

15:00

wedding guys they're all invited uh just gotta meet that guy so send send a nice guy over right

15:07

um but no I think I I definitely would say champagne's might gonna be my go-to I think and then you know blush pinks

15:13

you had said that Dusty Blues wines orange which I had never thought that that would be something but you know I

15:19

think if you're having more of a rustic wedding maybe you're gonna do something that would work the rust Rusty oranges

15:26

and yeah I think that that would be your pop especially if you did something out like in a wooded area or if there were a

15:31

lot of Browns in the earth that would be really would be pretty really pretty I like that I agree I think that's great

15:38

so let's talk about bridesmaids dresses yeah you know I mean I'm seeing you know

15:44

a lot of neutrals yes um you know and this mix and match Trend which I love it I love it too I've done

15:50

that looking back my next wedding on doing that well and I see our bells and not only with the mix and match uh

15:56

dresses but then they're doing mix and match tones which I think is great so

16:01

you'll have like a light blush and then maybe a darker pink and it's like like the whole um wedding party oh wedding

16:08

party is kind of like it's like an ombre colored of Pinks or an ombre blue color going from the lightest to maybe the

16:14

darkest um and then I also love this and I'm you know even if I do wear my blue dress if

16:19

I don't I like that how they're the maybe the bride wears white and then the

16:25

Bridesmaids wear ivories and creams and maybe that fairy fairy light pink where you're like is that light pink or that

16:31

very light blue that you're like yeah it's not really blue and it just kind of goes I think it's beautiful I think it's very I love it I think the whole don't

16:39

wear white to the wedding or very ride that those days are gone so I think that

16:44

I mean look at the pictures of some of these wedding parties I'm like wow that's awesome that's a really good idea

16:50

why didn't I say being clean and right and fun and I like it and I you know I

16:55

know the number one thing this well they said in 2023 the number one thing is that re-wearable dresses

17:02

for the Bridesmaids are huge and even for the brides at times you know where they can take something from their dress

17:08

and maybe redo it or wear it every year like I did um but a two-piece set would be great

17:14

for that I agree because then you could you know yeah things and so much with that and then

17:19

cowl neck drape lines like with the like that's in which I think it's really

17:25

pretty I think it's classic and then I had never heard of this convertible bridesmaid dresses I had to look up the

17:32

definition okay what let me explain you okay tell me more so a convertible gown is one that typically has like two long

17:38

pieces of fabric that you can style in multiple ways to create different necklines and Silhouettes so basically

17:44

like each member of your wedding party can choose their preferred neckline I love that which I was like oh well this

17:51

is new like maybe this has been out for years and I just never knew or I didn't know what it was called but I think that that's really really really cool I think

17:57

it works with different body types so when you're dealing with the wedding party you have multiple body types it gives

18:03

each person the option to kind of work with what they've got so I agree I I

18:08

really really really also love when some when they do black tie like if you're

18:13

gonna do a black tie that makes it so much easier get your favorite black dress you know like or you know maybe

18:19

put some metallic in that you can add jewelry the to me I think that really helps out the Bridesmaids when they know

18:25

oh I get to wear a really beautiful dress now you know I can understand the bride might say I want it to be a midi

18:31

length or a longer length or you know she might say do it short speech or whatever so I think that's really

18:37

interesting What accessories are you seeing that brides are going for this um I'm seeing some vintage inspired

18:42

looks which I think is great and I love it um mixing metals because that's the big

18:47

things yes go for the Mixed metals I just wrote a Blog on that it's mixing Metals so you know look at it it's it's

18:54

big it's a big deal of how to you know trending you know gold with silver pearls with beads you know anything and

19:02

everything goes there's really you know just no rule there's really no rule it's just having fun with your jewelry and

19:07

I'm glad that Bryceville are feeling more comfortable with that because before it used to be like oh to put that off put the Pearl with the thing this

19:13

has to imagine that Uno was like the three matching set right you're like we're gonna get the three matching set and then you've never imagining and

19:19

everybody's gonna do it yeah so I agree with you on that I also saw like a lot of um like hair combs with a lot of

19:26

crystals and Beads and you know it was so interesting to me and

19:31

something that I noticed that I'd never seen before is hair rhinestones

19:37

like that actually like they love it but I didn't I didn't know that they had

19:43

just like it's like an actual look where it just kind of like goes over your hair and it's like Blends in and it's just gives

19:50

that little Sparkle that was something that was never even they that wasn't even though they were like no

20:00

so I thought I think that's really interesting and you know of course elaborate headbands and this year

20:06

brooches are huge I'm seeing I'm seeing Brides adding you know a basic brooch

20:11

around the waist tubes you know maybe a silk dress that might has a little gather to it instead of that you know

20:17

the belts that they used to we used to add right the satin belt instead it's like why don't you just throw a brooch

20:23

on it you know and I think and maybe that roaches their grandmothers or it's been passed down or it's really you know

20:28

or one that they found and they need them or I think also in the winter doing like a stall and doing some brushes on

20:34

the Stalls that's great that's a great idea I really like that so I think that's really fun um as far as the

20:41

accessories go and then the hairstyles of course for brides and bridesmaids I mean you got your

20:47

typical ones I know that you know the Bob is really in this year you know thanks to Haley Bieber and Rachel

20:53

Kimball yes there it is there it is ladies no like

21:00

Bob's are really in and then what are you seeing I'm seeing some Sleek updos yes and then the braided updos

21:06

I love that boho look I think it's gorgeous I wish I would have done that but um the half up half down yeah

21:16

um yeah I like the the Sleek updos I'm seeing like the center part with the tucked back bangs which you know were

21:23

you know and I'm just thinking and to me that would drive me nuts because I'm like is that piece gonna come out is it

21:29

gonna you know like when is that one bang gonna come out and drive me crazy the whole night but it does I guess you

21:35

know they're sleeking those bangs back and it just really does frame the face so you know I've it's just something

21:41

completely different like I'm it works I saw some pictures and I thought God that really does look

21:47

beautiful no I'm not going to cut my bangs for it but no you know but I mean

21:52

I think they can create the look uh without even doing that and then I'm seeing like a lot of effortless curls which I love I love that for beach and

21:58

you know the wispy tendrils where they have you know your hair just like barely up then you have just a little bit

22:04

around your face that frame your face even though I would be like get out of my face in the middle of the night like

22:10

then halfway through I'd be like can you just spin this thing back it's driving me absolutely nuts right oh yeah well I

22:16

think halfway through you're like just do whatever good get my hair out re-fix my hair I'm also seeing where you pull

22:23

the part of the ponytail back I don't know if I'm telling this right but you pull part of the ponytail back through and then you create a bang and then they

22:30

kind of whisp it down have you seen that yes how interesting is that I think I need to try that just for a why not I

22:37

think you should try it and I think yeah we'll do everything's Sleek okay and then you pull it through and then you

22:43

just kind of like I like that well I mean I look really good with a bang it actually

22:49

I look a lot younger maybe I should do that um but then also

22:55

um you know and I think it is it was a it was a summer with me with bangs

23:00

and the humidity I look like it's like whoa are those 90s bangs like what what

23:06

just happened to you and you know a lot of people are I'm noticing that you know of course people

23:11

are doing destination weddings right A lot of people do love that and you know I'm looking at you know

23:17

I'm checking out every single site to see where are people actually going for destinations and what are you what

23:23

were you seeing were you seeing I'm seeing a lot of um yes destination but um

23:29

like barns yes Vineyards um cool

23:35

um old churches that are outside like on a hillside I'm seeing hillsides I don't know

23:40

um like a let's see a tree house I saw that really I was looking on the knot

23:47

um yeah so Farms tree houses very rustic woodsy type weddings outside I I'm yes I

23:55

would agree with that and then if people are going like all out I think like the top like 10 destinations that they were

24:01

saying a lot in France ways um say Remy Provence that's a huge one

24:07

that's a huge place that people love to get married in France um and the lair Valley and then you know

24:12

basitano Italy that's like a huge like place I mean that everyone loves like Como uh Santorini Greece I mean Greece

24:20

is huge Charice is huge for weddings and what a great backdrop I mean those pictures would be to die for to die for

24:26

but the Sea and the white and just it's just it's beautiful Ibiza which I had

24:31

thrown out before which I that's an interesting place for a

24:37

and I think that you know if you've got kids that really I'm saying kids but I'm just you know young young adults or you

24:44

know like even older adults you know I think that would be fun my cousin loves a Visa he takes his wife there and they

24:50

always have a great time but he also likes to spin music so that's totally his thing all day yeah I know but it's a very

24:57

corporate job right but that's but he loves this this is like a side thing he really does love it and he always talks about how great is Morocco which I was

25:04

like really Morocco yes I've seen that on um honeymoon destinations yes and then

25:11

um inertia Spain which Spain like signed me up I'll go I would love that Hawaii

25:17

obviously Santa Barbara I know a lot of people get married that Palm Springs has also been a big destination in Las Vegas

25:22

of course and then people are going to do in Colorado and I think that's more of the woodsy you know

25:28

you know like just up on the mountains up in the mountains and it's there's that beauty and people want to be in

25:33

nature um especially after being cooped up for so long as you know with everything and I think yeah that's a huge thing but

25:40

honeymoons okay let's get to the wedding and get to

25:46

the honeymoon okay yeah okay so I'm not gonna talk about where I want to go but let's let's talk about what where are

25:52

you saying that brides are wanting to go so let's see the Maldives that's

25:58

Amalfi Coast yes that's where I did mine um Thailand yeah uh and they're not

26:04

wanting to go to Phuket which they're not when you go to get Phuket they're wanting to go to Crazy Thailand

26:10

my dad loves Phuket Beach he loves it there he spends some time in Thailand

26:16

and he says it's like the most beautiful beach in the world Phuket but I've heard that brides are not they're going more

26:22

for crazy Thailand which is I guess beaches are amazing too but there's

26:28

I want to say that there's some type of river that's just absolutely gorgeous there or like a lake that that it sets

26:36

over I'm not quite sure but I was trying to read more about it because I was like I would just go to Phuket but it's different but I heard about that too

26:41

what else uh let's see Scotland okay I don't know Indonesia okay Molly I

26:49

I would imagine Bali would be I would go there I would too and I mean of course I do hear about Bora Bora I

26:56

hear that a lot um comports of Portugal Portugal is better Portugal Israel yep it is and

27:02
then this was surprising to me Tokyo okay but for the adventurous and someone

27:08
that likes you know like it's it's busy right it's busy you're gonna be going and I think it's definitely different and then for the Caribbean like Granada

27:16

that was like the number one really but I just didn't really think like that wouldn't have been one where I've been

27:21

like that one I probably would have been more like I don't know St John or St Lucia St Lucia yeah I

27:29

don't know if I would have done that and then Rome is always huge I feel like Rome Italy Paris I love Paris I think

27:36

Paris is one of the romantic places maybe that's my number two you know like I'm gonna get married and Cabo and then

27:41

maybe we'll just take a flight to Paris for a little while like doing Europe like 30 day thing of course you know like I'm gonna do it

27:49

all up you know like yeah yeah that's what I want to do yeah and then I thought this was super were interesting

27:55

the Serengeti National Park oh okay so like really going on like a

28:01

wildlife Adventure you know see I want to sit and relax on the honeymoon I don't want to be in the wildlife but I I

28:07

would that's not that would be my first top one but and then other ones that I

28:13

did see the one that I thought was intriguing was you know that's going to see the Northern Lights like going to Iceland I had a girlfriend go to Iceland

28:19

and do this with her sister they like rented a van uh that slept and they they literally slept in this van and went and

28:26

drove all the way through saw it and it was the most beautiful pictures I've ever seen her name is Megan um and they take these amazing trips and

28:33

um they do it with a backpack I could not I couldn't do that I don't even know how to do that I would be like what was my suitcase you know I'd have to take

28:39

five backpacks and they have to be like because you know me it's like I got that thing where I'm weighing it it's 55 I

28:45

gotta take the where am I gonna put it and yeah what am I gonna put in my purse because I'm not taking everything is going with me it's like it's not I'm not

28:51

taking one thing out um which is hilarious to me but I just think there's so many different honeymoon places that are optional and

28:59

even in the United States you know of course I know a lot of people that are like I'm going to Hawaii which I think

29:05

Hawaii is gorgeous it's lovely um I don't know if it would be my destination because I would want to do

29:10

something I think like outside maybe outside my box but something maybe a little farther away

29:16

um I've even heard like Canada um British Columbia is absolutely gorgeous um you know Toronto Montreal I went to

29:23

Montreal one time for a week and I I it's like a mini Paris which a lot of

29:29

people don't realize it's it's absolutely gorgeous especially during the summer the flowers it just feels

29:34

very much of a very French very very France vibe to me which um a lot of

29:40

people don't know about so if you want a quick trip I would definitely recommend Montreal is absolutely gorgeous um in fact maybe help you head in there though

29:46

maybe I'll be back there but no yeah we'll be back there um so you know as we're talking about this I know every all of the listeners

29:53

right now are probably thinking well what do I wear to weddings you know what am I going to wear what are some options

29:58

do I have some things in my closet what you know what's in for 2023 and luckily

30:05

I mean ice Vogue has come out with a huge list of things

30:11

um and ideas and I know what what what did you find when you were researching on I mean you we first of all Tara is a

30:18

stylist so she already knows but I know like you always are trying to think okay did I miss something like what else is

30:23

out there so what would you recommend you know so much go so I don't think you can be

30:29

you know in one box so you know you could go for your dramatic links you can go for your you know long silk gowns you

30:36

can go for like big and floral romantic look and you can do like cocktail style I think you know depends on where you're

30:44

at where the venue is where you know there's a lot of variations uh variables so

30:49

I think I tend to overdress for a wedding so I'm always like dress dress up go bold go go all right

30:57

why not you're going to a wedding and um I mean I go for like I go for a gown

31:03

always yeah if you like to I like to I mean why not well and I know like with formal

31:09

weddings you know that is it's like that more dramatic length and you never know how formal you know you want to think

31:16

when you get the invitation you're thinking it's formal all the time you know that's exactly what it is but you

31:22

know like those dramatic links the unaccept you know the unexpected Prince which I think a lot of people would

31:27

maybe shy away from but that's fun and if you get it in a bug out get a print um then you know that makes like a kind

31:33

of an elevated statement which I'm sure you do a lot of that because you love that dramatic length

31:39

um Black Tie I thought was really interesting you know it's just picking the right silhouette for your body right

31:45

exactly and you know like and I know like there's some people that don't like to show their arms I'm I'm one of those

31:52

I don't this is not it's uncomfortable for me I don't really like I would prefer to wear something with a sleeve I'm not super into sleeveless stuff but

31:59

um you know and figuring out whether you want your waist to come in you know or you need a v-neck to show you know like

32:06

if you're if you're tall if you're a little shorter you know if you're petite there's so many different Silhouettes what would you recommend to find that

32:13

perfect silhouette I mean how do you even go about like you just have to try oh you kind of you do you have to try on

32:20

different options and different brands and designers run differently so I think you know depending on if you're a big

32:26

busted I mean you just kind of have to work with your body style and know what looks right on you and you know

32:32

sometimes it helps taking a friend or um calling you a stylist and um kind of

32:38

just figuring out what works and you know I think you're right on that I I you know you don't think about that I'm

32:44

gonna go out of your box a little bit I think there's ways to go out of your box and still look very sleek and Polished

32:50

but I agree I agree and and having don't be afraid to buy a black dress for the

32:57

season absolutely and have it because you never know when you're going to use it um I of course loved your romantic

33:03

romantic florals I love that um you know there's so many brands that are that are doing that you know now

33:09

Zimmerman can just like call me yes I'll wear anything

33:14

um I'm you know I'm I'm not very small whereas probably a size 8 in your clothes but guess what I will put them

33:20

on I love them I always fabulous so feminine um in anything that is Zimmerman I don't

33:26

know what it is about that but I just loved anything like that um and then the cocktail dresses like the metallic finishes and this is what Vogue had said

33:33

this year um you gotta love Anna Wintour Bible with her she just you know she's going

33:38

to tell you exactly what she feels like right so metallic finishes with a cocktail dress or a rich or vibrant

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color yep that is what she's recommending will always work well and I

33:50

I agree I agree and then you know the casual wedding they say it's casual but you know you still want to come in

33:55

looking elevated it looks elevated so you know a statement shoe this you know adding the elements of a really nice

34:02

necklace um to address I do think like people are not totally dressing down they're wanting to still come in and

34:08

look you know um you know they want to look good and they want to feel good feel good I mean you

34:13

don't always you're not going to a wedding all the time so now's your chance to you know go get your hair done right do a little extra makeup buy the

34:21

fun earrings I mean I would agree I think it's it's a fun time to do it and and buy stuff that

34:27

you're going to keep in your closet and re-wear yes and I I think also we're just going to

34:33

touch on the beach weddings really quick because I know you don't think when you're going out and you're looking for something to wear to a beach wedding you

34:39

don't necessarily take the fabric into account I'm going to tell you right now lighter Fabrics yes can let you breathe

34:46

you never know how hot it is I was um and this is a great example of this I

34:52

was at Cabo a couple months ago for a bachelorette party um we had a dinner on the beach thinking

34:58

it was night we thought that's gonna be great right um one of my girlfriends had brought you

35:04

know a long sleeve um mini dress right I was in thank goodness I was in like a silk lavender

35:11

Romper um because I was it was so hot that my girl felt like she was gonna pass out

35:16

right she was like Irma was like so it's so hot in here I don't even think I can eat and number one we had went to like a

35:22

Spicy Thai oh like that was all spicy time so by the end of the night we were like I mean I took my shoes off I was

35:28

running up the stairs but um such a such an amazing bachelor party is really planned out well

35:34

um and that's something we didn't really get into is you know I didn't put that on the list just like bachelorettes you know where our girls going and

35:42

um I know this bride was younger she's my one of my best friend's daughter um Kristen had planned this amazing

35:48

outing we had we went on a yacht for a day we just I mean it was so well

35:53

planned we went to Flora Farms um and we had a cooking class and they have an

35:58

amazing um stores at Flora Farms I will promote them I actually wrote A Blog on it they're amazing they have these great

36:04

great great stores that um support local artists there but also really amazing

36:11

designers like stuff I haven't seen like stuff this one Brazilian designer that had

36:17

done all this leather stuff I was so impressed I was like oh my gosh I want everything in store very very very amazing but you know I think that Brides

36:24

when they're planning the Bridesmaids trip I mean it's it's going over the top these days I felt like I was going

36:31

places they are doing it up I'm telling you I had such an amazing time and I feel like there was a you know an

36:37

outline there was a plan which I know you would definitely do and I you know when I'm ready to get married I don't

36:42

know where I'm going but I definitely will do it up like Kristen because I couldn't it was amazing it was so much fun where I feel like before it was more

36:49

like okay let's go to Vegas let's go to Vegas when we get there we'll figure it out all right um and we no we don't know

36:56

any good restaurants no we're not gonna pre-plan anything whereas now I do feel like it's more planning and I like that

37:02

I like that there's a plan and the general reservations are there and we know we're meeting for cocktail hour at this time and this is what we're all

37:08

wearing and that that's just helpful right it is helpful can you show up on the beach and you've already got this like long table of 25 prepared for you

37:17

with all these truck food rewards and it's like wow I know we're doing this well and we had

37:22

gone to a restaurant that night you'll have to check out my blog and it's the name of the restaurant is eluding me but I guess Nick Jonas and Priyanka had gone

37:30

there and you're sitting there you're having this amazing dinner you're right on the water and then all of a sudden you hear this you know like it's like

37:36

eight o'clock and I was probably like nine o'clock we finished this amazing dinner and you go and then you get then then the waiters

37:44

start coming in they take the tablecloths off the office they're like I'm not kidding you they've got

37:49

champagne bottles going off and I looked at my girlfriend Irma and she said she's like please don't take the table plot

37:55

she totally told the waiter and it turns into this amazing like party party which

38:01

with dance music and all this fun stuff and I was like whoa what just happened and I I asked Kristen where did you find

38:07

this she goes oh well Nick and Priyanka had posted that they did something here and I thought well this would be fun

38:12

let's do it and I thought wow we'll see you know the things you see on Tick Tock but um I did think that that was like it

38:19

was I've never seen anything like it I didn't know what was happening these things are so extravagant now and right

38:26

everyone's going over the top and there's more options there's more you

38:31

know we're doing more for Instagram we're doing more for all this stuff right we're finding more things out and

38:37

I know that you know a lot of and I I would recommend you know Arizona Sedona you know Palm Springs I know a lot a lot

38:43

of that a lot of Vegas of course um and I do think I do think that women are doing a lot more like spawn Wellness

38:49

as far as like their trips because they want you to feel good they want you to feel like you're going on vacation like

38:55

a real true vacation not just to celebrate their wedding but that you're also taking the time to have myself for

39:01

yourself and I think we're seeing a lot of that and that was off topic that was even on our list but we just thought we'd talk about it so I mean I've had

39:06

fun today have you so fun so um

39:12

I know yeah actually this is mine's pretty comfortable I actually might go out to lunch in this we'll see

39:17

um so as we leave you today to take on this amazing world we hope that this podcast has helped you open your minds

39:24

to some new things obviously today we've talked about a lot help you generate your creativity encourage you to call

39:29

your friends talk to your friends plan trips right plan things um and add a little bit more happiness

39:34

into your day um reminder if you need to get styled or you need a closet edit or you just want

39:40

to go shopping you can check out Tara or if you are a new bride and you need to

39:45

find your dress Tara tell him about how to contact you yeah you can check me out at Sarah

39:51

coughlinstyling.com and um same handle for Instagram that's

39:56

wonderful and then again um stylegive.com has some amazing finds for

40:01

your circular fashion needs if you're wanting to find something that is in great condition that is trending please

40:08

check us out at styleandgift.com um and next week we are going to talk

40:13

about spring break right how to get spring break ready even if you're not going anywhere

40:19

um spring break packing Tara is going to talk about her tips and ideas and the best time to start stop shopping which

40:25

is probably right now right now um so yeah next week it's going to be big and you know we're going to talk

40:31

about fashion obviously Life as we know it you're going to have some hilarious commentating from us right and our

40:36

Positive Vibes so as we leave you today remember we are all one

40:41

and we all have a story and we're all just looking to connect thanks for joining us