

[episode 3] Valentine's Day & Galentine's  
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▶ Valentine's Day & Galentine's ~ Love & Fashion // Style and Give 🧡 Podcast/Vlog ?...

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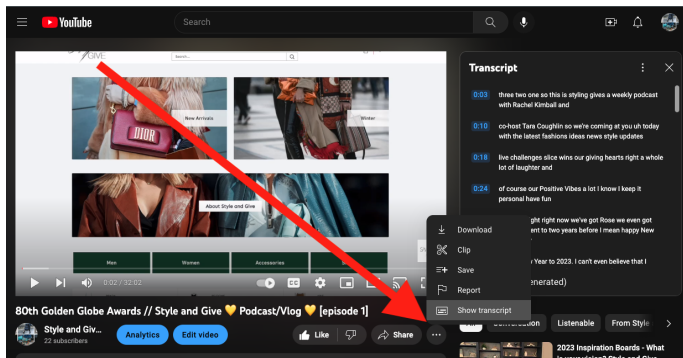
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## Transcript

0:00

hello hello hello welcome back to style

0:03

and gives weekly podcast with Rachel

0:06

Kimball and and Tara Coughlin where

0:09

we're coming to you actually with the

0:11

latest style ideas news style updates

0:13

life's challenges life's wins marketing

0:15

hearts a whole lot of laughter and of

0:17

course our positive vibes a lot of fun I

0:22

know so if this is their first time

0:23

listening

0:24

um again I'm Rachel and um I run a site

0:27

called style and give we're a luxury

0:29

resale Online Marketplace that supports

0:31

the seller's charity so if you are in

0:33

need of an amazing piece or you're just

0:35

looking for something fantastic and you

0:37

want to give back

0:38  
to your charity check us out at  
0:40  
stylinggit.com and then Tara I'll let  
0:42  
you talk a little bit about your one  
0:44  
amazing business so thank you yes I'm  
0:46  
Tara Coughlin styling and I do closet  
0:49  
editing  
0:50  
um personal styling personal shopping  
0:53  
all the closet organization that you  
0:55  
could need and um together we make a fun  
0:58  
shopping pair so we do we're a great  
0:59  
team and so you know we come to you live  
1:02  
every week so subscribe  
1:04  
um check us out we've always got some  
1:06  
really fun things that we're talking  
1:07  
about  
1:08  
um and today was one of them I mean look  
1:10  
at us if you well if you if you're  
1:12  
listening we're dressed in red because  
1:14  
today we're going to talk all about  
1:16

**Valentine's Day stuff so Valentine's Day**

**1:18**

**fashion gift giving love advice from**

**1:21**

**Tara oh yes not me because I got it all**

**1:24**

**you do because mine is don't do it but**

**1:27**

**yours is like it I know I love it and**

**1:29**

**then um galentine's day which which is**

**1:32**

**new to me Tara's introduced this to me**

**1:34**

**and then our favorite day night spots in**

**1:37**

**Kansas City basically Terrace because**

**1:38**

**you know I am not dating yet I will be**

**1:41**

**dating you will be but um I haven't**

**1:43**

**really been on the base here in town**

**1:48**

**that's why I've got that going on right**

**1:50**

**right so we're going to get into it um**

**1:53**

**let's start with like Valentine's Day**

**1:54**

**fashion what do you wear you know what**

**1:58**

**are you thinking about wearing**

**2:01**

**today for Valentine's Day because I mean**

**2:03**

**for me I'm thinking oh I always go for a**

**2:06**

**dress right right I love a dress option**

**2:08**

**I love**

**2:10**

**um I love kind of mixing it up with like**

**2:12**

**kind of a sweatshirt with a sequined**

**2:14**

**skirt I love that you know maybe a fun**

**2:17**

**red velvet jumpsuit**

**2:19**

**oh that's a great idea I really like**

**2:22**

**that I feel for a little bit**

**2:24**

**unpredictable I guess not your typical**

**2:25**

**you know pink dress**

**2:28**

**I'll throw in like the pink heels with a**

**2:30**

**black pant and I like maybe a gold top**

**2:33**

**and I for me I'm always going to like**

**2:35**

**give me a silk slip dress**

**2:38**

**maybe black or you know maybe a light**

**2:41**

**light pink I'm usually not a hot pink**

**2:43**

**person granted I am dressed in**

**2:46**

**the brightest red you can't see me if**

**2:48**

**you're listening it is even on my lips**

**2:51**

**I've just got this bright color but no I**

**2:53**

I would go I I tend to always go for  
2:56  
something black like a tight black dress  
2:58  
and something but I think adding that  
3:00  
extra heel in a different color or you  
3:03  
know if you're gonna do your lipstick or  
3:05  
whatever but I do think color does  
3:08  
it changes my mood I love it and I think  
3:10  
a great exactly like a great pink dress  
3:12  
I was recently on anthropology and they  
3:15  
had a one shoulder uh Pink and it was  
3:19  
like a true pink you know like like this  
3:21  
this little heart here  
3:22  
if you're listening I'm sorry it's like  
3:24  
a hot pink this little heart here and um  
3:27  
it was like a one shoulder dress it's  
3:28  
online right now and it looked really  
3:30  
sleek and I I'm sure it wasn't 100 silk  
3:34  
but it looks like it and it fell really  
3:36  
beautifully and I just feel like I feel  
3:38  
very sexy and I feel fun when I'm when

**3:40**

**I'm in a fabric like that and especially**

**3:43**

**on a nightlife I agree I agree I think**

**3:45**

**it just dials it up a little bit but I**

**3:46**

**think something like that that's not in**

**3:48**

**your comfort zone like a pink slip yeah**

**3:50**

**toss on the black leather jacket over it**

**3:53**

**so then I'm writing that down because**

**3:56**

**that is and you know being black like**

**3:58**

**your style with the pink**

**4:01**

**Tara that's because not everyone can do**

**4:03**

**pink no but not Everyone likes pink they**

**4:07**

**feel like it's too much but that yeah**

**4:09**

**like a moto jacket and just I love that**

**4:11**

**idea see I could do that you could do**

**4:13**

**that I might start looking for a pink**

**4:16**

**slip dress tonight to wear a Valentine's**

**4:18**

**Day you know who you never know when**

**4:21**

**you're gonna be asked out so guys don't**

**4:23**

**give up on me yet you know it could**

**4:24**

happen I do have it my my son and I are

4:26

gonna have a nice a nice little

4:28

Valentine's Day night though and I'm

4:29

excited about it so we'll do something

4:31

special

4:32

um I'm sure it will involve us playing

4:34

some video games

4:38

video games dressed up it's so true

4:42

so as you know I think with fashion it

4:44

just you know just kind of depends on

4:45

where you're going a lot of people have

4:46

things that they're doing at home but a

4:48

lot of people are doing stuff with their

4:50

friends especially if they're not dating

4:51

anyone and then you know the romantic

4:53

night out with with you know your

4:55

husband or your serious boyfriend and

4:57

you know just getting ready for that

4:58

that's why we're doing this early is to

5:00

kind of get because what happens is it



5:02  
gets so close to Valentine's Day and  
5:03  
you're like and then you're scrambling  
5:05  
oh wait a minute I don't have anything  
5:07  
right even though you probably do have  
5:09  
something in your closet everybody does  
5:11  
it's just that one thing so you want  
5:12  
something new I know I'm the same way so  
5:14  
then I rummage through every single like  
5:16  
resale place online to see what deals I  
5:19  
can get you know that's how I am yeah I  
5:21  
was looking last minute and and to look  
5:23  
and and how I do I have a thing where I  
5:26  
I always will you know immediately if it  
5:28  
has a sort button that does low to high  
5:31  
I just low to high that baby and then  
5:34  
the first you know I'm like what do we  
5:36  
got for 11 25 where are we going to the  
5:37  
19 you know and then it gets it to 60  
5:39  
then I'm 75 I'm like you know I know my  
5:41

price point but then I also see what's  
5:43  
available so that's a little helpful  
5:44  
head for those that might not be doing  
5:46  
that that's very important to me that's  
5:48  
what I do that's how I shop  
5:50  
um and I know Tara's really good at  
5:52  
bargain hunting because I recently been  
5:54  
shopping with her and we might be going  
5:55  
again on Friday  
5:57  
um and just finding those deals and and  
5:59  
knowing knowing when you find one and  
6:02  
it's a piece that you need to keep in  
6:04  
your closet oh yeah and I think for  
6:06  
special occasions like this that's  
6:07  
coming up you might you know maybe you  
6:09  
want to spend a little bit more because  
6:10  
that dress is gonna mean something or  
6:13  
the skirt that you need to put with the  
6:15  
bodysuit you know or whatever you're  
6:16  
thinking but I do yeah I love love that

**6:18**

**idea about the sweatshirt with a cool**

**6:21**

**skirt**

**6:22**

**let me see right you know it's not out**

**6:24**

**of most people's comfort zone right**

**6:26**

**you're not spending a ton of money on**

**6:27**

**something that you're like**

**6:30**

**I really don't love this holiday I don't**

**6:32**

**really want to spend a ton of money a**

**6:33**

**sweatshirt is it's a happy medium Medium**

**6:35**

**you're like I'm not really in love not**

**6:37**

**in love I'm in like but I'm not alone**

**6:40**

**that's terrible I'm gonna back that up**

**6:42**

**that's not good okay**

**6:44**

**um so like as we move forward gift**

**6:46**

**giving let's talk about that and my**

**6:48**

**thing is**

**6:50**

**do you want an actual gift or are you**

**6:54**

**okay with gift cards or certificates**

**6:56**

**just so this little question on that you**

**6:57**

know coming off of Christmas  
7:01  
can I have the gift card me too I want  
7:03  
that the same thing give me a gift card  
7:05  
to a spa let me just go  
7:07  
and sadly you know let me do what I want  
7:10  
to do I would agree that's exactly I was  
7:12  
like and and just listeners we actually  
7:15  
didn't talk this out before we got  
7:16  
online and that's exactly what I had  
7:17  
down I wrote facial or spot a a mani  
7:21  
pedi option with that and you know what  
7:23  
I like is don't just don't just book me  
7:25  
one thing let me get a facial and a  
7:27  
massage  
7:29  
don't just send me there for an hour you  
7:31  
know I have to be there for at least two  
7:33  
yeah so um and I think that that's  
7:35  
something or you know an hour and a half  
7:37  
that extra that extra 30 minutes does it  
7:40  
adds to it it really doesn't and

7:43

recently like I don't know do you get

7:45

your friends gifts

7:47

well so for our galentine's I did a uh a

7:51

15

7:53

drugstore drugstore find I love that I

7:56

think it's a fun little just a little

7:58

trinket to exchange and we've all got

8:00

little

8:01

kind of Little finds that we like at the

8:03

drugstore I've heard my NYX it's coming

8:05

to you so oh I love it and I I even got

8:08

I was like there's an eyebrow

8:10

um Gadget that I mean so I call it a

8:11

gadget but I've started using it my mom

8:13

actually uses it too I got her on it and

8:15

I'm gonna do one of those but I didn't

8:17

know if there were a lot of brunettes

8:18

coming or blondes so I need to maybe get

8:20

both options

8:22

but yeah just to make sure that I'm  
8:25  
getting the right but but it's cheap so  
8:27  
I actually have another ten dollars to  
8:29  
spend okay so you know I'm excited about  
8:31  
that  
8:32  
um and I didn't know like and I know the  
8:34  
gift giving let's stay on that for one  
8:36  
more second so like if I was to get my  
8:38  
girlfriend a gift you know I think what  
8:41  
I've been eyeing is on goop I don't know  
8:43  
if you go on like everybody loves  
8:44  
Gwyneth when does we love you  
8:46  
um and she's got this Jeep the detox  
8:49  
ultimate like uh dry brush that she's  
8:52  
been talking about where before you get  
8:54  
in the shower okay you start with your  
8:56  
feet I read all about it and you brush  
8:58  
upwards towards your heart okay and a  
9:01  
circular motion three to five minutes  
9:03  
before you get in the shower it takes

9:04  
off all your dry skin and then you get  
9:06  
out and you're like glowing like it's  
9:07  
supposed to be that's 25 okay it's 25  
9:09  
which is a great price point  
9:12  
um she also has a basket online too that  
9:15  
has a lot of different options that add  
9:17  
to that because she has like goop glow  
9:19  
and all this great stuff but I love  
9:21  
shopping on her site and when you first  
9:23  
get on you get 15 off so you know that  
9:26  
goes down you know like what you're  
9:27  
gonna be paying barely anything for that  
9:29  
brush that everybody's talking about and  
9:30  
everybody's talking about this brush  
9:32  
that's something that I personally was  
9:35  
thinking about giving  
9:37  
if I were to get on now what are you I  
9:39  
think you know speak on that I think  
9:41  
that anything that Gwyneth Paltrow says  
9:43

is  
9:44  
hands down amazing Bible yeah I mean I'm  
9:47  
really good about it it's fabulous so I  
9:49  
think they're doing a great job and well  
9:51  
in her cookbooks if you don't have her  
9:53  
cookbooks the the meat the meatballs and  
9:55  
they're made up from Turkey I've made  
9:57  
them several times they're amazing all  
9:58  
of the stuff that she does is great I  
10:00  
think she's doing some cleanse right now  
10:01  
but I follow her I love her  
10:04  
um and I absolutely love her sight and  
10:06  
all of the openness even her Netflix  
10:08  
series is that she has I'm really  
10:10  
addicted to those oh I watch them  
10:12  
several times so so she's got a lot of  
10:14  
great things and she's just really  
10:16  
developed her oh gosh yeah and then  
10:18  
she's supportive of women in business  
10:20  
and and you know supports a lot of



10:22  
different people  
10:23  
um a lot of women and I think that's  
10:24  
just I think that shows even more of her  
10:26  
character I think she's absolutely  
10:27  
fabulous call me Gwyneth let's talk we  
10:29  
love you I really love you um okay what  
10:32  
I would like for and this is if I had a  
10:34  
boyfriend okay on my on my list all  
10:36  
right it's like I'm dying to have a  
10:38  
diamond tennis necklace okay I've seen  
10:42  
it on everybody it's simple it's simple  
10:44  
yes come on come on I mean I've checked  
10:46  
some prices  
10:48  
like crazy  
10:49  
um and that's just well like you know  
10:52  
like you can reward yourself oh you're  
10:54  
right you're right come on you're right  
10:56  
I I mean well then I am I go shopping  
10:59  
around for it I was thinking could I  
11:01

just do white sapphire you know could I

11:03

do the little cheaper version or do I

11:04

you know explore to do the Diamond

11:06

version but it is I've seen it on a lot

11:09

of people just really simple even with a

11:10

t-shirt I and I thought that's what I

11:13

really what do you want

11:16

wow I want

11:19

what do I want do you got you're

11:21

thinking now you're gonna I know I um I

11:24

would love another stackable ring okay

11:28

I love soccer rings and I think you're

11:31

right you know what go to moroni's and

11:33

do it scoop it up yeah I I would

11:36

completely agree with you on that and

11:37

they've got so many options there I love

11:39

to shop there it's Emily go to Emily I I

11:42

love Emily there she's amazing she will

11:44

hook you up big time

11:45

the amazing people amazing family that

11:48

own that own that store locally in

11:50

Kansas City and you don't even have to

11:51

be in Kansas City call them I'm I swear

11:53

you'll have an amazing uh experience oh

11:57

yeah I shopped with them they've done

11:59

you know a lot of things for me and they

12:01

really really really are fantastic and

12:03

the design options and what they have in

12:05

stock I think they're literally the

12:07

number one Rolex dealer in the midwest

12:10

so they have they have used vintage

12:13

Rolexes all kinds of fun stuff

12:15

um I usually deal with Emily when I go

12:18

there but I deal with whoever's there

12:19

yes but Emily's great ass for her I can

12:21

just yeah I've been going there for

12:22

years so staff of the Ring that's what

12:24

you're gonna get

12:25

okay let's put it out there

12:26

find some relatively

12:28

great prices there so I can yeah yeah

12:31

and you can you know they're they're

12:33

willing to

12:34

be in your price point oh yeah

12:36

absolutely or try to or you can even

12:38

trade in some items and get what you

12:39

want or I try to get them down to my

12:41

price point okay you know like and I'm

12:43

not gonna lie I'm not gonna lie but

12:44

they're no they're fabulous yeah um they

12:46

really are if you're in Kansas City and

12:47

even if you're not check them out call

12:49

them they're they'll send you stuff it's

12:50

really they're really fabulous

12:52

um so good I'm glad we figured that out

12:54

for you hey I was I'm thinking about you

12:56

you know I want to make sure you get

12:57

what you do

12:59

yeah oh hey I know I know I just really

13:02

want that diamond tennis necklace I'm

13:04

gonna get it so any love advice any love

13:07

advice for those for those listeners or

13:10

viewers out there wow

13:12

um you know

13:14

I think that

13:16

keeping everything honest and open is

13:18

like been a key for me and us

13:21

um

13:22

having fun you know always keeping your

13:25

friendships alive as well not just

13:28

sticking to your husband or your kids

13:29

and you know kids

13:31

you know can take over right you know we

13:33

don't go on date nights like we used to

13:35

but I think honing in on one night a

13:38

month is key whether that's right you

13:41

know meeting up for happy hour meeting

13:42

up for

13:43

um you know something on a Saturday it

13:45

doesn't take

13:46

a lot of time but you know my kids are

13:48

busy you know same with you everyone

13:51

and so I think that that kind of gets in

13:53

the way

13:54

um with

13:55

relationships like I think

13:57

just you know having fun having people

13:59

over at your house we have people over a

14:01

lot so to me that's fun and we have fun

14:03

with different groups and you know okay

14:05

it could be kid-friendly night yeah

14:07

bring the kids up and just get together

14:09

but yeah

14:11

shouldn't be honest and just having fun

14:13

I think that's fine advice

14:16

um silly and goofy at home and so is

14:18

Brett so uh

14:20

we just we have fun together so I love

14:22

that I think that's great advice keeping

14:24

the open communication and then also

14:25

carving out the time uh you know monthly

14:28

or even weekly or having and having that

14:31

set right yeah and having that set

14:32

weekly is hard because I want to say

14:35

that Weekly would be great but with

14:37

sports and stuff it just gets it's busy

14:40

and you know we kind of divide and

14:41

conquer and that's another thing that I

14:43

don't feel

14:44

the whole weight of everything is on me

14:45

or him you know so I think that if you

14:48

could for me

14:50

copying out at least one night a month

14:52

hey one week uh would be great but yeah

14:56

so just like it Tara making an effort

14:58

and just being well you're helping me

15:00

out no yeah I needed any advice yeah but

15:04

no I do believe that that is true and I  
15:06  
know you mentioned with your friends  
15:08  
like carving out time with your friends  
15:09  
tonight and so we're gonna go right into  
15:11  
galentine's day which I didn't realize I  
15:14  
looked into it because we had for sure  
15:15  
like we're having Valentine's Day and I  
15:17  
thought okay well yeah it's girls  
15:18  
getting together what is that about  
15:20  
really and it's great but I guess it's  
15:22  
usually celebrated like on the 13th but  
15:25  
you know  
15:26  
schedules get crazy so it's whenever you  
15:28  
can have it but I had looked up like  
15:30  
some ideas that people had been doing  
15:32  
for like they do girls brunch weekend  
15:34  
girls trips a tea a tea a book exchange  
15:38  
which I thought was interesting that's  
15:40  
fine I didn't even think about that one  
15:42  
a family uh like a fun family night in



15:46

where like even if you can't get all the

15:48

girls together the kids come too and

15:49

then the kids can play and the

15:50

girlfriends are together which I thought

15:51

was interesting old school sleepover I

15:55

read about that that's fun can you

15:57

imagine coming over in your pajamas and

15:58

be like bring your sleeping bags bring

16:00

your sleeping bags

16:02

all the stuff a shopping outing which

16:05

would be fun right it's fun and then

16:08

um a favorite thing exchange so bring

16:10

your favorite thing which and I know

16:12

this is where you're going with because

16:13

you have you know your your favorite uh

16:16

drugstore finds which I think is great

16:18

because all we're doing is watching Tick

16:20

Tock all the time trying to figure out

16:21

what our favorite is we're always

16:23

wondering what what lipstick did you  
16:24  
just give me exactly let me  
16:28  
at lunch you know I'm like what are you  
16:30  
wearing what are you where do we smell  
16:31  
like put your right I love it you know  
16:33  
but I don't know if I could get away  
16:34  
with that but I still I love it you know  
16:35  
because you're you're always trying to  
16:36  
oh I'm trying to find a new perfume too  
16:38  
but yeah I love that that fragrance that  
16:41  
you were wearing oh thank you and Sarah  
16:44  
had this one of Tara's really really  
16:47  
great friends she had a beautiful  
16:48  
fragrance on she's beautiful so yeah  
16:52  
that's great for a few months it was  
16:54  
excellent um let's see what else did I  
16:56  
oh the virtual virtual goddess party I  
16:59  
heard about that no tell me what I guess  
17:01  
I just like get dressed up and virtual  
17:04  
in life yes like so if you can't get

17:07  
together you do it virtually which I  
17:09  
thought was fun outfit swaps where you  
17:11  
bring your pieces and then you swap down  
17:14  
I love this one okay yeah so I I mean I  
17:16  
was trying to look into all of the  
17:18  
possible little ideas but I I thought I  
17:20  
really do like your drugstore finds I  
17:22  
like the outfit swap without it being  
17:24  
Valentine's Day yeah I like that too  
17:26  
yeah maybe we'll do that next month and  
17:28  
then this is the last one that I came up  
17:29  
with a listening party where everyone  
17:31  
brings like three or four songs their  
17:34  
favorite songs and then you put them on  
17:36  
a big playlist and then you listen to  
17:38  
them and have drinks and dinner or  
17:40  
whatever and and so someone's like what  
17:42  
song is this and then you're like oh I  
17:44  
know whose song this is you know and  
17:45

then you put oh my God can maybe be one

17:48

too okay well so I mean that's pretty

17:50

much what I've got the Valentine's thing

17:51

has really taken off the last couple

17:53

years I think it's important you know

17:55

it's important to get together with your

17:56

friends and and you know because there's

17:59

love there too right your friends you

18:00

love your friends I love my friends my

18:02

friends are my family so exactly and

18:04

having them together just and a lot of

18:06

people you know like I know like if it's

18:08

nice if you're single too to have

18:10

something to really look for I look

18:12

forward to on Valentine's Day and that's

18:15

what I'm looking for I'm like what am I

18:16

going to wear you're out of the house

18:18

you're getting exactly if you feel good

18:20

you're around good friends and just good

18:22

conversations exactly good drinks of

18:24  
food and like what's not to like I know  
18:26  
look at these cookies here look at that  
18:28  
we're starting off like don't worry when  
18:29  
we get off this if you're listening  
18:31  
they're decorated they look there's one  
18:34  
that has chocolate icing on it there's  
18:36  
one that has some sprinkles a good sugar  
18:38  
cookie we all I love you with sugar  
18:39  
cookie I made them just for Rachel see a  
18:43  
special last last week I got flowers  
18:44  
this week I'm getting cookies I don't  
18:46  
know what I'm gonna get next week hey  
18:47  
you know so you never know giving I love  
18:50  
that about you I love it so and I don't  
18:52  
know let's let's go into like where  
18:54  
places to go because I know like you  
18:56  
have your favorites and we're located in  
18:59  
Kansas City but you know and if and so  
19:01  
like maybe if you're not in Kansas City  
19:03

or you visit Kansas City we've got some

19:05

ideas for you but this Valentine's Day

19:06

what are you thinking like what are your

19:08

places that you're like you need to do

19:10

this yeah so I have I have a few

19:12

favorite places okay so I love I love

19:15

doing dinner at El Centro okay yes

19:18

um it's very

19:19

um quaint and um great Italian great

19:23

wine

19:24

but I also like so my perfect date night

19:27

is to you know go somewhere with fun

19:28

drinks yes um whether that's like go to

19:32

lay food frog get some champagne yes

19:34

have some muscles and then go to dinner

19:36

somewhere after that I love

19:38

um

19:39

you know even like Prime social upstairs

19:41

yes having some fun drinks and then

19:44

going to El Centro so that would be my

19:46  
perfect day I love um  
19:48  
I like the more intimate Atmosphere  
19:50  
Restaurant for dinner  
19:53  
um yeah like more Candlelight  
19:57  
smaller you know not a lot of  
19:59  
reservations small titles  
20:01  
um just  
20:04  
just some more like  
20:05  
like quaint little I think those are  
20:06  
definitely great places I recently went  
20:08  
to Cheval which I think I told you  
20:10  
because we were eating  
20:12  
um at an amazing French restaurant in  
20:14  
Kansas City on 39th and and so right  
20:16  
across from from that amazing place is  
20:18  
Cheval which is like they they do these  
20:21  
amazing cocktails right but then they  
20:22  
have some great uh you know cheese board  
20:26  
you know something easy you know and you  
20:30

can add that in and I think and it's a  
20:31  
very quaint I love I love that it has  
20:33  
these amazing chandeliers I you know  
20:35  
recently my business partner and IP went  
20:39  
um and we we were meeting we as it was a  
20:41  
meeting you know we actually had a we're  
20:43  
meeting somebody a business meeting but  
20:45  
it was really nice and I would I  
20:46  
definitely you know go back to that  
20:49  
place yeah I think it's great I mean  
20:50  
then there's a new bakery going next  
20:52  
door too that I recently heard about so  
20:54  
yeah there's just a lot of stuff there's  
20:55  
a lot of amazing places in Kansas City  
20:57  
but I know I need to get out more which  
20:59  
I'm going to start doing that and you  
21:02  
know you are you're getting out yeah  
21:05  
just gonna try you know maybe I'll just  
21:06  
go on a restaurant tour or like you know  
21:08  
go have it did something during the day



21:10

like a Saturday or you know the day or

21:13

two before whatever

21:14

um farmhouse in River Market yeah yes

21:17

they have a cute brunch

21:19

um I don't know I think this little cute

21:20

that would be good fun that would be

21:22

good I need to I need to start planning

21:24

more to get out and I will you know I'm

21:27

slowly doing that I mean you're getting

21:28

me out there which is good and it makes

21:30

me feel really good to do that well I

21:32

know um

21:34

you know galentine's day we're doing

21:37

that a little bit earlier than the 13th

21:39

we are but I do and and you know I think

21:42

that planning out your Valentine's Day

21:45

whether it's galentine's day or making

21:48

the reservations and you know you don't

21:50

have to celebrate Valentine's Day on

21:52

Valentine's Day absolutely not you know  
21:54  
you can because sometimes the  
21:56  
restaurants get so overcrowded that you  
21:58  
don't get that and I I don't want to put  
22:00  
it this way but sometimes you don't get  
22:01  
the best service  
22:02  
um and you know maybe it would be better  
22:04  
to go two days before the weekend before  
22:06  
or maybe the weekend after so like  
22:08  
that's that's also an option but I do  
22:10  
encourage you to get out there and make  
22:11  
your reservations whether it's two days  
22:13  
before or the day of and do it now  
22:16  
because places do fill up especially the  
22:18  
ones that are have you made yours no not  
22:21  
yet well it's not tonight well hey I'm  
22:23  
reminding you that's what I'm doing  
22:25  
some people feel pressured on  
22:27  
Valentine's Day to do a prefix type  
22:29  
thing oh yeah the three yeah yeah which

22:31

from I don't love that yeah I like to

22:35

just order like a little salad

22:36

appetizers or cheese plate like that's

22:38

kind of my

22:40

um ideal meal so if that's intimidating

22:42

for you

22:44

um a day before or two is that's right

22:46

because sometimes you don't need the

22:48

salad and the 10 ounce Ribeye and the in

22:51

the and then yeah and the huge

22:54

cheesecake you know that's coming out or

22:56

the chocolate you know cake I get that

22:58

um and yeah it's a little and a lot of

23:01

restaurants do do that prefix so yeah

23:03

and I I used to always go out before

23:05

Valentine's Day and I'm glad that

23:07

galentine's day is going to be you know

23:10

on the ninth and 9th it's going to be

23:12

fun and I get to meet a bunch of new

23:13

people and get a bunch of terrorism or  
23:16  
friends that I have not met yeah it's  
23:17  
exciting for me too and I hope everybody  
23:19  
here that's listening you know I is  
23:22  
encouraged to get out on Valentine's Day  
23:24  
even though you don't maybe you don't  
23:25  
have someone call your friends get  
23:27  
together with your friends  
23:30  
um you know it doesn't have to be a big  
23:31  
event but it does make you know just  
23:33  
just spread the love right is that right  
23:36  
get dressed up I think you'll feel good  
23:38  
about yourself or to that the day or  
23:40  
what's going on and you know just even  
23:43  
if you schedule a Randy Penny and you  
23:44  
just go have some champagne and yeah  
23:46  
just do something for yourself for you  
23:48  
um um and you know if if you have a  
23:50  
friend that that you know is alone on  
23:52  
things give them up or give them a call

23:53

you know on Valentine's Day I almost

23:54

said Thanksgiving Thanksgiving too but

23:56

you know Valentine's Day for sure but um

23:58

but yeah I mean they they really

24:00

appreciate it I know I appreciate it

24:01

like it's like I was like put that on my

24:03

calendar right yeah and so um you know I

24:07

think this is gonna wrap up our

24:08

Valentine's Day talk I know

24:10

um next week we're gonna talk a little

24:12

bit about well we got to talk about it

24:15

we're going to talk about the Super Bowl

24:16

oh yes we are we're going to talk about

24:19

okay we're gonna talk about the fashion

24:21

what to wear to a Super Bowl party okay

24:23

but then we're gonna get into

24:25

you know who I'm gonna let you talk a

24:27

little bit about your favorite

24:29

who's my favorite Rihanna oh I know I'm

24:32

like the halftime show the halftime show  
24:36  
is she wearing or what is she not  
24:37  
wearing I am excited to see it's gonna  
24:39  
be awesome so we're gonna talk a little  
24:41  
bit about that um and then also Chris I  
24:44  
just got Chris Stapleton who I am a huge  
24:46  
huge huge fan of is uh going to be  
24:48  
singing the National Anthem I'm really  
24:50  
excited he's also performing the Houston  
24:52  
Rodeo this year I'm dying to go see him  
24:55  
maybe we can get away and go I really  
24:57  
love the Houston Rodeo and I miss it so  
25:00  
um if you're not following us right now  
25:02  
please do follow us on our social media  
25:05  
um at style and give and and follow Tara  
25:09  
um because we're always posting things  
25:10  
and um and we want to and you know put a  
25:15  
comment in it we want you to be able to  
25:16  
talk to us we want the feedback  
25:18  
especially on the podcast too and

**25:20**

**subscribe**

**25:21**

**um and again thanks for tuning in to**

**25:23**

**style and gives a weekly podcast and uh**

**25:25**

**you know we're going to come to you**

**25:27**

**every week with our fashion ideas our**

**25:29**

**news our style updates our life's**

**25:31**

**challenges our wins you know and and all**

**25:34**

**of our latest our latest news right and**

**25:37**

**our Positive Vibes so join us for**

**25:39**

**fashion talk Life as We Know It**

**25:41**

**hilarious commentating right uh of**

**25:44**

**course and a high dosage I know right**

**25:46**

**now a high dose of our positivity and as**

**25:49**

**we leave you today remember we are all**

**25:51**

**one**

**25:52**

**and we all have a story and we're all**

**25:54**

**just really just looking to connect so**

**25:57**

**thank you for joining us we will see you**

**25:59**

**next week have a great week**

