

Spring Dresses 2023 🧡 [episode 14] TRANSCRIPT 🧡

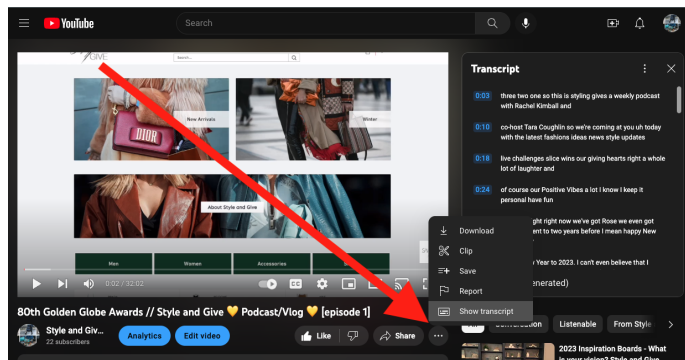
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Transcript

0:00

hello everyone Welcome to our weekly podcast style and gives weekly podcast

0:05

with Rachel Kimble and my amazing friend Tara Coughlin we are coming to you live

0:10

every week with the latest fashion styles updates slice challenges likes wins or giving hearts a whole lot of

0:18

laughter right always we're always having fun in our positive energy and so this week we are going to be talking

0:24

about spring dresses Okay spring dresses in 2023. um I paused there for a minute

0:31

because I was like well well because we're thinking we're thinking

0:40

I thrive on in the Sun so I am like living my best Library so yeah like I

0:45

think I need to get um a tan but that's for another day another time right I'm wearing a white dress today so I don't

0:51

necessarily like it's it's making me look a little Tanner but I know you just got back into the bottle it's fine

0:57

that's exactly what's going to happen that's exactly so let's get into it let's talk about the spring trends for

1:03

dresses in 2023 and what what people are wearing what is it I

1:09

love dresses like dresses are my one of my favorite things to wear because it's first of all it's easy it's one item

1:15

and you know for spring and summer you just walk around the city in the town and you just got your easy breezy a

1:21

dress a flip-flop yes I will do you know a fancy dress and heels at Hyvee it's fine um but yes I love a dress I think

1:29

it's just such an easy way to you know dress up dress down like it's right it's just fun it is you

1:36

know so yes so let's start with the trends okay so I'm getting a lot of

1:41

Leather and Lace and so with me I think that and I love that right

1:48

because like with what I have on today I could so easily put on a leather jacket and have you know that on with this and

1:54

just it adds it as an element it's like you're it's sweet and then it's like edgy you know you're being sweet and

2:00

energy and I really do like that um and I I do believe and I know this for a fact that there are leather

2:06

jackets out there that have more you know that art is heavy right they're they're the summer leather we know about

2:13

summer leather it does exist it does and so that that Trend I'm I'm I'm liking oh

2:18

yeah I like that leather jackets oh yeah I mean anything like a faux leather so and exactly and you can do it in

2:24

different colors you know immediately you're probably thinking I gotta do black right no no there's Ivory there's there's one on my side that's Coral

2:31

that's amazing that has lined with this amazing cotton um which you know that's nice to have or

2:37

it's not like sticking to your body right now you know like it has that you have a you know a lining between you and

2:44

the leather which I do think is helpful but yeah any color right it's if I see this electric blue oh yes it's so cool

2:54

I think would be great with you know just like a white tank and white jeans but you know there's still nights and

3:00

evenings that are chilly or just you know to throw on a little jacket at a restaurant right it's fun it's cool and

3:08

even if I just put it around your shoulders right you know it's like it's like you're giving it that practical look you're like

3:14

um put it on my shoulder put it on my shoulder I love it I love it cool I love how you did this I don't know if you

3:19

guys can see her here oh is this leather with the these are leather they go all the way up

3:25

they're really cool um I got them on super sale and I got this dress I think for 14 maybe oh yesterday when I was out

3:33

just at a resale shop I thought uh maybe I'll wear this tomorrow you know it's it's fun and and yeah it was barely

3:39

anything and that's what I love we love a good deal a good deal um and that's important I think uh and then knowing

3:45

like if I'm gonna wear it I can sell either you can resell it or you can hand it to a friend that might Wick that

3:50

might want to wear it uh but yeah I just saw it out and I was like I already had something else picked out and then I was like wait a minute that is not the dress

3:58

I was like but it was white so I didn't think to send another one to Tara for the you know because she's so good about

4:03

like like you know making sure that we're we're not clashing um for those of for those YouTubers and if you are on

4:10

YouTube right now and you love uh watching us everybody please hit subscribe please hit like that all that

4:16

helps us that helps our Channel and for listeners thank you for being here you can also check us out on YouTube

4:22

um at style and give so going it back to our Trends okay slip dresses okay they

4:28

are everywhere they are and I love them because I think you know you can wear them all year round yes you

4:34

know like we just said leather jackets toss about the jacket with it you could wear a flip-flop you wear a heel like you could just do so much with a slip

4:42

dress and really slip dresses look good on so many different body types too I would agree

4:47

um yeah there's different you know Fabrications for the slippers so that is you know helpful when you're out you

4:52

know shopping for those but you have to you have the silk one which you know that feels like a million bucks and you have one that you know is more of a

4:59

rayon the polyester and then it goes down I know that it's always a plus right now in 2023 to have some lace on

5:07

that slip dress oh yeah I guess that's another thing that I you know just maybe a little right here you know and I you

5:13

know it's almost to a point if you got like a real deep V one that you could even you know and you didn't have it on

5:19

there you could go buy the lace you haven't put on um and that might be you know some of us get uncomfortable I know I do with a

5:27

really deep V you work a really deep V so well we're talking about that before we even came on today about how amazing

5:33

a DP is on you but with me sometimes I get I'm like I'm constantly pulling it up like I'm like pulling my my shirt so

5:38

that's another option is maybe putting a panel of lace in that deep V slip dress

5:43

that you happen to pick up for what's let's get it for an amazing deal and there are amazing deals out there on

5:49

them and if not I'm going to tell you right now I I'm not gonna say every single time but when I go into resale

5:55

shops there is always some type of slip dress there oh always yes

6:01

if you get it in a large you can have it brought down if you get it if it's too big or you know like or you know you

6:07

want it's maybe a little bit too small you could put a panel of lace in there on both sides there's a there's a way to

6:13

do it um for not a lot of money which is you know I'm I I love to buy a lot of things

6:18

so everything has to be cheap right now you know a Blazer over it and there's so

6:25

many ways you could really work a slip dress add a combat boot to a heel to a

6:31

flip-flop I mean there's a lot of it's such an easy piece sure I love people

6:37

and I love it in every color like don't don't trick yourself into thinking I need a black or a Navy you know you can

6:43

do a beige you can do the electric blue uh which is huge a lime green like you can do that hot pink or a rose color you

6:50

know like there's so many different or that this this would be amazing and like a mustardy yellow you know I just think

6:56

I think a pattern isn't bad either I don't know if a bird slip dress and I've worn it a lot and I just kind of you

7:03

know throw on my little cropped leather jacket with it so yeah why the slip dress so that's exciting

7:10

um with slip dresses I'm excited about that and then the this is a style that I'm actually rocking today

7:16

um listeners you can't see it but if you go and see it on YouTube and if you check out our Instagram accounts you'll

7:22

be able to see it but um either wearing all black with a white shoe or wearing all white with a black

7:29

shoe and uh vice versa so like really like a monochromatic look up top and

7:35

then just kick it up with like uh and and like over the knee boots and and

7:40

just stuff that's in and again these this is a lighter leather that I have on it's over the knee boot that I have is a lighter leather and it does breathe and

7:48

a lot you know a lot of us and it's springtime it's not summer yet you know so you can do it yet so yes boots are

7:55

great for right now so I'm loving that what else what else do you have of yours is like your favorite um so I'm seeing

8:00

the um the column dress yes and um the like transparent Fabrics

8:08

and they're so great for layering so those are pieces that are great all year

8:13

round I think layering those under like a funky trench or a skinny

8:20

Jean or I don't know there's so many different ways you could do it adding you know your Blazers in in the denim

8:26

jackets and stuff so those are and different prints too floral sheer so

8:31

it's kind of cool that's really in like sheer and you know I recently had my eye on it sold out of a uh philosophy De

8:41

Lorenzo Serafina blouse black lace mock neck turtleneck lace see-through with

8:47

the matching pants um in Black now they have the red

8:52

and I thought you know like is that too much is it not in this to me in my mind

8:57

I'm thinking this is this is a night out in Paris that's what I'm thinking or maybe a New Year's Eve you know this New

9:03

Year's Eve what are we gonna wear I'm thinking I could do that right and it was a good price and I waited you know

9:09

because and I even I showed it to my mom all right I'm like look at this look how amazing this is I need to get this she said I really am baby and then and then

9:16

I waited sold out and it sold out but you know it'll be good I I know I'll have to show it to you after this and

9:22

then you tell me um but yeah I you know so and I loved that I love that it had the sheer dresses in any type of you

9:29

know like if it's a paisley pattern it's sheer or it's a polka dot this year which I've seen a lot of

9:34

um you know it's it's still sexy and fun and get the right undergarments because that seriously

9:39

um helps like big skins can really help you get those undergarments and so can Spanx can

9:48

help you get the ones that you might need that you feel comfortable in because that's the most important thing

9:53

is being able to go out and rock it and say I feel comfortable with this because you know you might buy it but you gotta wear it you know and that that's one

9:59

thing with me I think it's an idea to learn say that a little louder right but yeah wear it I have to wear it

10:07

um I'm also seeing a lot of like tailored shirt dresses but they're not just short I've seen also long ones yes

10:14

which you know Maxi already yes I'm seeing that uh yeah in different colors um again I think a classic one in cream

10:21

or a tan is also very pretty and it's not super hot uh during the summer

10:26

months I think the stripe is nice you know I'm thinking

10:32

Bell hat me too it's really easy and you can wear

10:37

it as a jacket so if you so

10:46

that's my clap don't you love it I just started that I don't know where that came from but I
10:52

it's like when I'm happy I just start doing it it drives people insane but I love it and I'm gonna
keep doing it

10:57

um okay so T-shirt dresses it's it's I mean I feel like that is a

11:03

piece that's really never going away no it's been around forever it's I mean you can roll it up you
can almost

11:09

wear this pajamas so it's I agree I sometimes I do wear minus pajamas but I do think that it's uh

11:15

you know it's lightweight you can do like almost like I know that there's a lot of like almost the
term banties into

11:21

like a you know they'll have a logo on there and they you know you see a stripe ones you see
white ones you see black

11:26

ones you see like a dark gray acid wash I mean you can see which is interesting and I like it uh
but I think that's

11:33

always super comfortable and they're cotton typically they're so easy and I mean they're easy
for you know a

11:39

maternity style I was just talking to a girl at the zoo yesterday about some T-shirt dresses for her
growing bun so

11:45

that I like that I put my white button Downs over and tie a knot okay they have

11:51

a top that I can take off if I'm hot or it's kind of good tips tips for Tara

11:57

don't you love it that's a really good idea now why were you at the zoo

12:03

trip it was it was fun I had to ask

12:09

the you know the viewers were like and I was at the zoo and it's like well guys sorry she's at the
zoo on a field trip

12:15

but uh but you know Kansas City Zoo is a great zoo and they're gonna add an aquarium uh too

12:22

so yeah that's good and I saw down here okay so the topless this one oh yes he's

12:28

inspired Styles I mean this is I love it I like I love the bowl of Graphics like

12:34

the lucite classic jewelry all the pop art the floral yes it's just fun and

12:40

funky and it really brings like a fun element to your style and you know maybe if you're not super comfortable with it

12:46

I think there's pieces that you can buy that are easy add-ons but I know you can

12:51

rock it well and I I love it I love it and I I put the same thing down on mine we do not talk before this typically on

12:58

anything so uh and I was saying like the mock nap long sleeve very long 60 Styles

13:04

and peachy Hues bright Blues lime green magentas and then of course adding the

13:09

element of having like a bold pattern or just something really fun I mean that is such a Rachel Zoe like if you it's just

13:16

like it's called like I'm hearing or she's saying but I yes I would wear it again but yeah and I and I think it's uh is

13:24

doable and I you can definitely go into seasons on that like differences and I

13:30

think those are prints too that you can go to like resell places websites your website all of it you can find these

13:36

really cool retro patterns that are one of a kind yeah and it's they're just fun

13:42

well and I just wrote a Blog and I I think it's coming out uh well it should be out by the time this podcast is uh

13:48

called uncharacteristic patterns which mixing patterns with patterns right and you can do that

13:54

um and how to do that because I know a lot of people you'll say oh gosh I don't know if I'm Gonna Miss This pattern with

14:01

that pattern or and you know you can mix up to three patterns really I mean even more I mean if you if you do it in the

14:06

right way which is pretty much adding one making sure you stick to one color that's in there that just goes with it

14:12

and then having maybe a more loud pattern pattern is something that's more low-key like you know having a big

14:19

floral with a polka dot you know but yeah you've got that stream of black you got that Navy or you've got that red

14:24

that's just working through it so and and there's so many different things to think about with that and that's what I

14:29

love about those 60 dresses because you could totally do something with it you know I mean I'm I'm into head scarves or

14:35

you know anything fun like a scarf tied on your back yes tie it on your back yeah little pops

14:43

of it without going too crazy yeah and then once you start you will you will

14:49

get the funky print I look like even like a fun skirt yes yes yes with like

14:55

and I love that and you see yeah with a skirt and then there's your you know fun

15:00

pop of old print without coming outside of the box really that's not too crazy I

15:06

like it I love that uh micro mini dresses okay they're everywhere they are and okay I can do this I'm gonna tell

15:14

you right now I can do this if I wear a sheer black like hose with it like hosory that are

15:21

sheer and black like very see-through and maybe a boot with it or something but again you could rock it 100 your

15:28

legs look great but with me I I you know I got a little extra weight on there I'm thinking out can I do it today yes I can

15:34

do it I just know how I want to do it and I saw it in a picture and I saw I said oh I look great like that but I

15:40

need those hoes which is fine it was just fine I mean right yes and or the high boots yeah this is you know a nice

15:47

way to counteract the the super mini mini but I think I think a lot of people

15:54

can really do a mini you could do it Tastefully it doesn't have to be where everything's hanging out I think it's

16:00

you know you could do like a fun flirting um they are I mean I think that it's playful it is I think that most ages can

16:08

get away with it listen here listen up you see it that's so true I mean you can't you can and you
16:15

can do it Tastefully and you don't have to you know if you're showing off your legs you don't
necessarily need to show your arms there's no way to do it

16:21

there's a way to balance it out where it just works and you know that I totally agree uh denim
dresses you guessed it

16:29

it's I mean our denim on denim on denim we talk about it every single time we're on here I feel
like it's not going away

16:34

denim dresses are huge um and I'm getting one I have an eye on a couple so

16:39

I think well well I have my eye on a denim jumpsuit too

16:45

and a dress I like it from Zara so I mean yeah which I love yeah who doesn't I'm

16:52

missing Houston a lot because I live down the street from Azara that was was pretty much open
it was like an open

16:58

place where you'd go and shop and so you get to walk around I mean literally was down the
street from me and I mean it's

17:04

a good and bad right because you're constantly going in but if you need to pick something up on
the Fly and maybe

17:10

you're like I am only going to spend 65 or 60 bucks like this is ridiculous I'm not gonna go crazy
it just needs

17:15

something nice light area or whatever it's there's always something there there's never been
enough for everyone

17:20

there why can't we get one in Kansas City I don't know I don't know we got an h m i mean like
come on uh come on

17:28

Universe Universe you can hear us I know you can we want one we have this right we want one
and even Marcus we need we

17:35

need both but yeah no I think uh the damn thing is I think the denim dresses are very cool and
you know I know that

17:43

there's some people that are going to be looking for some Taylor Swift outfits and I think these
dinner dresses will be super fun for that it's a great video

17:51

um you know a booty a heel all the funky jewelry um

17:56

to so many different styles that's true I need to get her I raised I saw Rachel call me

18:02

um denim dress that is literally I I I think it's like 50 bucks online or

18:08

something I'll just show you after this and I almost picked it up but you know I'm gonna run my tear uh but I was thinking oh this would be cute and so

18:13

maybe we could do maybe we'll do a denim dressed denim dress today I mean we did denim but we have done dresses it's a

18:19

completely different thing right definitely and then with these denim dresses dresses you check you gotta definitely wear a denim jacket you know

18:27

like you know like where is it and I'm telling you I gave this a little hint

18:33

before you can if you have a collared denim right uh jacket and you want to

18:39

kind of make it a little cooler you could cut the collar off it all right and then wash it it frays

18:45

and you got a little bit more room right it's just it's that little extra difference that you know it makes it

18:52

yours it does and it's you know I I've done it well I actually I had a friend

18:58

do it with a store that she owned um called shop future you can check her out it's amazing she's here in Kansas

19:04

City now she's in L.A but basically did a lot of vintage Levi's you know and

19:10

denim pieces and so she did it and then after that I was like yeah I'm in I'm gonna yeah give me the scissors

19:18

is a fun way to kind of yeah to actually cutting it off so tuck it in and yeah I

19:25

think it took it all the way around I think that's a wonderful idea I love that I love it okay where am I okay okay

19:30

this white dresses with like heavy gold jewelry or heavy silver jewelry

19:37

who would have thought right I mean like the more you put on the better which I

19:42

love yeah I would like loading up the jewelry because that's like I could just do something plain and then those are my

19:48

like eye-catching pieces right same with it I love how you did the fun silver oh

19:54

yeah silver silver and then I have a little detail on my shoe that has like a little westerny silver to it but I'm

20:00

excited about that only because I usually if I wear I don't usually wear one necklace I'm gonna be roll-offs

20:07

through the yeah I mean I gotta I'm gonna hear it I'm layered I'm like four or five you know like what else can I put on with this and not have them

20:13

Tangled together and then if I get them Tangled together her and then have to call my mother and I say hey do you okay

20:18

can you get these untangled and then she has to go get literally she's very good at this so you guys she gets the need

20:24

like a needle and then just hand does takes them out this happens it just as you can see it's happening a lot but but

20:30

I don't have to worry about it because she untangles it for me which is she entangled me one day she did I know she's very good at this so it's kind of

20:36

one of those things where I'm like you know if I don't want to go to the jeweler right I know who to call yeah so

20:41

just FYI I bet a needle does help if you have uh necklaces that are you know you can't see it and plus putting glasses on

20:48

always helps too FYI okay seductively I do love the going back going back to

20:54

white with like all the fun jewelry I mean I'm typically a gold jewelry wearer but I do like to mix and match

21:01

um I don't love to wear silver earrings at my face I always feel like it just washes me up I don't know why maybe

21:07

somebody can tell me that it's I can see the gold with your skin tone

21:15

and your beautiful hair and you always you have almost a hint of gold and it's like a golden brown in there so I think

21:21

that just plays off of it where with me you know I kind of like maybe silver is

21:26

more of my because I have such you know maybe because like a pair of silver hair running through this hair right now I don't know

21:32

maybe that's picking it up but anyway okay so I'm gonna move on uh well actually before I move on

21:39

a white dresses with gold spaghetti straps like we're seeing this too and I forgot to bring that up and so if you

21:45

you know and you might actually own one of these which is great because you might have you know like a couple years you know thought oh I want this and and

21:51

if you have it don't get rid of it because it's big like you would have thought right everything comes full

21:58

circle and that's yeah I mean we see it everyone knows that but

22:03

yeah don't get rid of don't get rid of those cool pieces no don't I just I saw

22:08

that and I go oh God and I kept thinking back I knew I know I had something like that I knew I did but I got rid of it

22:15

but don't worry I picked up you know I picked up a white dress yesterday for a little an oven so I'm fine

22:21

um seductively Slinky draped dresses say that four times in a row

22:29

say it works on zero because I don't think I can do it okay I mean this is taking me back to gosh I feel like it's

22:36

90s again yeah these Slinky drapey ruched dresses are

22:42

a thing which I think a lot of people are happy about because these dresses can be forgiving for some

22:49

um you know I think they've worked with a lot of body types yes um it's and I think they can be casual

22:58

to dressy I think you could just you know throw a pair of heels or fun boots in your car but yeah you've got your

23:04

flip-flops on this roof dress I mean it's everywhere it is it is everywhere it really is you know the
23:10

strings tie it up a little higher and you know me yeah it's it it does yes and I I love it I love it
because you know

23:17

you're seeing it not only in the long sleeve but you're seeing it in the sleeveless so you're saying
it almost for the halter you know neckline all

23:23

kinds of different things um it is there's this you're right there's a seductively sexy nature to it
23:30

um and you know but and it's in you probably had at least one in your closet or you have one
that you could make into

23:36

one right because I mean there's all different you know if you had a longer dress you could
definitely uh you know

23:42

tie it up or add some things to it but yeah I do think um I I like it and

23:48

there's different Fabrics that lend to you know maybe more night versions so I've seen some like
sheer like

23:54

um like a shimmery fabric yeah it's so cool look at that I'm here for them so

24:02

um what else do you have what else are you thinking um let's see well let's see

24:07

I've got the and all the little well the little white

24:13

dresses yes which we talked about yeah again I think who doesn't own a white

24:19

dress or multiple white dresses White's my favorite color so well and you have that amazing
white dress you

24:25

picked up at Halls which I was like when are you gonna put that baby on you know I want to
wear that thing so fast

24:30

we need to invite us to a party we'll wait she'll put it on and listen fantastic and I'll go buy another
one

24:37

um yeah and then we talked about sheer dresses of course which I love now we're going to get
into color combinations and

24:42

colors these colors of these dresses because I know we talked about white black you know we
talked a little bit about you know what color slip dresses

24:50

you can get but I was surprised at some of the colors to be honest with you my first one Robin said blue

24:57

you know you know I like it I think this would be a great color yeah I do love your eyes

25:03

you're so cute I think this color really does look nice on a lot of a lot of people it's

25:10

probably a sweater this fall and I was like oh this is not me and I'm like okay well my hair okay I can I can do it but

25:17

the dresses I think they're great these sherbet colors are the Sherbert and that's that's what's really is you know

25:22

the lavender and then every shade of unconventional blue which you know

25:28

covers the Spectrum right which I love because I do you know I love a light light blue and Robin eggs look you got

25:34

you got electric blue which is what you would broaden up like just this really richness and so I'm glad about that and

25:40

we know lime is in we know lime greens and we know magenta obviously Viva

25:45

magenta is the color of the Year Pantone color of the year which is huge lavender blood orange blood orange yeah I love

25:52

that me too I love a orange dress I love a blood orange on your lips so yes it

25:57

looks good right doesn't it yeah no I do I love it I think that is the cool color for

26:03

spring and summer I mean especially if you have a tan I think it looks so good it just brings up you know my first High

26:10

School boyfriend I'm getting we're gonna we're gonna go back we're getting number 20 plus years back but I remember he got

26:17

me a suede orange like it was like a slip dress from Banana Republic in

26:23

Orange as a gift yes I don't because I think I but I'm

26:29

telling you I will never forget it when you brought that up I said you know I so thank you Justin Taylor no it was a

26:36

really great dress it was a beautiful dress and um yeah I think about that but but yeah just a a really bright orange

26:43

because at first I thought oh I got my color and then I put it on and I thought oh I love it it's just absolutely gorgeous so yeah yeah I'm

26:50

ready for that I love it with turquoise jewelry you know

26:55

you're so right I do love turquoise with orange or like hot pink with orange

27:01

is I've seen that a lot right now is the pink and orange color commas well I I am

27:06

seeing pink and orange but I you're so right with turquoise and I love turquoise I mean and if you're not if

27:12

you don't have a lot of you can maybe do a whole podcast in turquoise because I gotta you've got to drive without a

27:17

drawer just to show you how many wonderful things you can do with it and and to pick up when you're out shopping

27:24

like if you you won't believe it I was out at a resale store and picked up a choker turquoise choker they didn't know

27:30

it was real turquoise oh no see how much I wore it last week I

27:36

think I wore it last week and it was like it's heavy right but it's so beautiful and so I think yeah I think

27:41

we're gonna have to do it we're going to do it well be a couple weeks we'll let you know but definitely

27:47

uh green which you know lime green yes uh black and white obviously sheer black

27:54

sheer white sheer cream sheer neutrals and sheer patterns we covered it but I mean that is really

27:59

what is is trending I mean I love the neutral look neat too it's white on

28:06

white cream on cream I think it's just a very classic but Chic look crisp crisp I actually want to

28:14

go on vacation it makes me think I'm going on vacation don't worry I am call me

28:20

if you're going somebody I'm gonna start manifesting that right now um so again we're gonna go on and move

28:27

on to what dresses do you currently have in your closet that you can wear by re-accessorizing and I think that this

28:33

is important because how many dresses do we have just hanging there I'm not even gonna tell you how many I have where I'm

28:38

thinking okay well I wore it I already wore it well how can you change it up Tara like so many there's so many

28:45

different ways to change it up where you go out and they're like oh you got a new dress and you're like no honey I didn't this is I've had this for years right at

28:53

a belt PS that's one where you think and again a perfect example right now I put this little

28:58

this little Western belt that I love I mean literally is one of my favorite things in in Western's in this year so

29:05

you know um but add a belt that's really how you can change up the dresses

29:11

seasonally right I pulled this dress out I've worn it once in the fall with combat boots and a black cloth leather

29:17

jacket and so I pulled it out today and kind of you know added by turquoise and it feels

29:23

spring to me so I think that that's really where you can utilize your dresses for all

29:29

different seasons and switch them up you know add a black Tweed Blazer to something you know cut it off a little

29:35

bit and make it mini instead of you know it was a long dress take it to your seamstress that's a great chop it off

29:41

yes I mean yeah there's so many ways you can really

29:48

um you know switch it up take pictures of things you know make a little like you know album in your phone that lay

29:55

some stuff out on your floor you know scroll people's Instagram and see how they've worn it and maybe you

30:01

can get inspiration from that and I don't know I think just or have you know have some will your friends say hey I

30:08

loved when you wore this but I think this would look so cool this way or with this you know jacket or I want to text

30:16

Tara call Tara Tara she'll restyle it but yes I agree add a cardigan put a

30:22

sophisticated Blazer and I know you're gonna bring that out because you're great with putting Blazers with things I

30:28

love it and yet having fun with it and having fun with the colors and switching things out and you know I have a

30:35

Veronica beard Blazer to equal and we're not gonna say I have one because I have like three one Navy one one black one

30:42

and then one that's like a black with a little bit of difference but you know they they Veronica bear came out with the Dickies right that you can put you

30:48

know they actually attach into the jacket um and they are life-changing you can change that jacket up and I I own most

30:55

of the Dickies I'm in my leather I got wool ones I've got ones you know I've got the the hoodie and gray hoodie and

31:02

black I think I got one in camo that basically look like I'm wearing a rain jacket so many different things in such

31:08

a good way to transition yourself and transition what you're wearing not only

31:14

the dresses but with jeans I mean it just it just goes to a totally different look where you're yeah yes the Blazer is

31:21

a good price you know you're going to spend there's there's ones you can find out that they're pre-owned but if you

31:26

buy it you know it's around 7.95 but then price per wear price per wear on that jacket so it Veronica beer.com you

31:33

should go you should check it out the the convertible jackets that they have there where you can add those Dickies in

31:38

there and you can always find a I just sold a preloved Dickie on my on on

31:44

stylingive.com for I mean I think it went for sixty dollars and uh someone

31:50

obviously does the jacket thing like I do but but yes I mean that's another option that I think is great

31:56

um well you can make those casual as well I mean I have a girlfriend that wears those Dickies in the blazer with

32:01

uh her leggings and her joggers I love that so you've got she has the ones that

32:07

are like the Jersey material yeah and yeah and she rolls up with her

32:12

Golden Goose her leggings Veronica beard blazer with the Dickie and I also think

32:18

um that it's a great travel piece when you can just throw it on because you know you're on the airport or you're going to be traveling and you're

32:24

thinking I'm gonna wear this jacket I'm gonna need to wear it when I'm when I'm you know there when I'm there what can I

32:29

wear to the airport where I'm just gonna look a little bit elevated but I still want to wear maybe the black you know leggings or whatever that's great yeah I

32:36

love those golden geoses can't forget those man I got a collector stop me now I know you are too

32:42

um add a hat you know I like it yeah that's too I love a hat

32:50

me too I got one green and you you put on me I look like a guy like going on a rodeo

32:55

you would ever know what it is there's a different element to it um which I think well I think those go

33:01

with totally different styles of dresses too if you want to go for the boho look if you want to go for like an edgy you

33:06

know rocker look you have different I mean the Hat changes your whole outfit right I I am really addicted to Janessa

33:14

Leone hats uh it's a great designer that you guys need to check out um I literally wore a red one to a

33:21

comedy show in New York maybe not a good idea because that comedian came at me

33:32

who's gonna get on the stage yeah comedy seller and I just oh God I was like I

33:38

was so red it was probably as red as I am right now but yes but um but you know hey I did it

33:45

it's a conversation piece and afterwards and he said hey thanks for letting me do the joke right thanks for letting me say

33:51

uh which it was pretty funny uh at statement jewelry I mean that's pretty much a given but sometimes it's not

33:56

right because sometimes you're thinking oh I've got so much pattern on I can't add anything else to it you can

34:03

you can add so much more to it so don't think I'm talking into the microphone and I got one on me

34:13

but no I that is something that you you don't sometimes you're thinking this already has enough to it or it might

34:19

have a tie at the top or something and you're thinking I can't do something do a statement here you do a ton of bracelets you know add two or three

34:25

bracelets crazy big hoop would be fine um you know even if you have some pattern going on on your top do some

34:32

acrylic it's clear it's light it's it's not hiding your pattern but it's it's a

34:40

cool piece for this uh you know retro inspired so I love that I also read recently that to get like a a blousy top

34:50

with an actual tie and put that over your dress okay which I was thinking oh

34:55

that completely changes that look then you can add a belt and you can stick it in or whatever you want to do but it just makes it I was like oh I would have

35:01

never like that wasn't even in my mind that I was thinking but that is so right you know like you can do that over a

35:08

jersey dress yes yes so there's all different ideas

35:14

um and then what accessory so this is for stuff in your closet now we're going to switch over I'm gonna say what accessories to add to your spring dress

35:20

looks that are in in 2023 that are like hot right now and I'm gonna tell you right now you have one on it's the bolo

35:27

okay it's the Bow Low okay yeah you guys I found this at a resale store and how

35:33

cool is this I love it my grandfather Howard left me one hour I love you it is amazing because it

35:42

has mother of pearl Onyx turquoise he loved turquoise the more turquoise and cowboy jewelry on top of jewelry is what

35:49

he wore in cowboy boots it was hilarious everything everything all at once right but um and and I I wore it to a country

35:57

concert and I got so many compliments on it and I could I mean I could have put it on today but bolos are huge and it's

36:03

not just a men's accessory piece that is going wild this year women start looking for I actually saw one that was a piece

36:10

of wood that was on Etsy that they had put and it was so cool I think it was like 24 there's they're all out there

36:16

and I guarantee you if you start going to your resale shops or you're looking online you're gonna find them pick them

36:22

up because that's your necklace that's you're not looking like floral leather florals ooh I like that that could be

36:29

cool you can afford that you got will you hold on because you haven't said

36:34

that to me yeah okay you know me as always okay so send that to me over I like that brooches we're going to talk

36:40

about that we're gonna do a whole episode on Birches but um not just one brooch you know you gotta get them all on there yes make a collage and do it um

36:47

preferably I would add it to a jacket if it's a heavier but you can also do if you if you have a beautiful piece a

36:52

beautiful black dress where you just want to add something you know you can do a little cluster or just one that's

36:58

just unique it's different or you can actually pull in your waist and do it on

37:03

your waist which is a great idea um and it's fun and usually you can find

37:09

one for a great price they have the branches everywhere your grandmother has them yeah I'm telling you or your mom

37:17

because I'm telling my grandmother sends me so much and I'm like I got this one I got this one one looks like I mean it

37:23

might be Ferragamo I don't know she looks it's so gorgeous the one she said on every thrift store every research

37:29

like most places have brooches and usually they're very good prices because

37:34

you know they're like you gotta get ready it's only gonna buy these and then all of a sudden they come in I'm like I'll take all eight of them yeah

37:40

they're like four dollars you can get every single one in your case it's such a fun easy thing to buy and create and

37:48

then you have something that's you know your Styles you you made it and nobody else has it so but it's also something

37:55

as you go into fall which I know I really want to talk about that but we will you know you can actually tie those have that be your tie on your scarf or

38:02

whatever like there's so many different options for it and that's what I love um Okay add an oversized bag

38:09

I mean the hobo bags the huge bags and the Bottega get me that one or give me the YSL one I'm in a huge oversized bag

38:18

is it's hot it's great and you want to probably get one you might probably have one everybody has one I don't know I

38:25

want to carry this big huge bag again do it let's do it let's do it yeah it just

38:32

takes me back to those clunky things that I just piled 10 000 things in the bag and I'm like walking like this it's

38:39

just but I mean there are eyes I see them I see them maybe I'll get a denim one because I am on the hunt for a denim

38:45

bag which is yes that is a that's a big thing so denim yeah that's a really good

38:50

thing that would be a lightweight denim hobo bag I like it

38:57

I think every designer has done something along the lines but yes I do think uh too bad you can get that

39:03

Rebecca that's stolen right from out from under you know that's the thing when you find

39:09

something that's a great price especially when it's a great price under 50 bucks yeah it's

39:16

um uh wear a ballet flat now I'm not gonna say right now I don't know about it if it's Chanel I'll do it but you

39:23

know the Chanel I'll do it I'll do it but I don't know if I want to do it

39:28

but it's not a look for me either I don't think I just feel so frumpy in a

39:33

ballet flat I I wanna I'm almost like a dancer like I'm thinking you know like I when I when it's on I'm walking you know

39:40

like I'm not walking straight right I'm walking in like second position you know like I'm thirsting in right exactly I am

39:48

so I don't know about that but that's huge it is what do I see in other runways I'm like okay I mean everything

39:54

else kind of like right and it looks really cool and Polished but I'm like oh I put that on I'm like

40:00

it's because they're walking I think when you stand straight and you're like you you do a total

look you're like

40:05

ballet is left you know like that's the last thing but but yes they're comfortable yes you get around them

40:11

repeto makes an amazing one too I forgot about that when I was in Paris I bought pear and they're bright but not

40:17

it's not something that I would typically grab right now I'm just not going to do it um but I will tell you what I will grab a spring boot I'll grab

40:24

as many as you can give him yeah spring boot which is also huge right now it's

40:29

in to wear with dresses to wear with your mini skirts to wear with a cargo pants everything find yourself one find

40:36

you know there's so many different letters there's so many different ones out there I did a Blog on a spring Boot and I put a bunch of links in there and

40:43

they're on sale right now a lot of stuff is on sale a lot of used sites you can turn on our side we have a lot of great

40:48

vintage booths that are in great condition um that I that I love and again we went over it as silver accents add heavy gold

40:55

accents that's huge belts big belts yes don't you know like and I didn't hold on

41:02

to a lot of my big belts a long time ago why I kept my knife

41:08

big stash so I'm excited to start pulling some of those out I got some really cool electric blue belts

41:13

yes I love it so I'm ready to get those out but I think even over dresses I mean

41:18

even you know just do a high waist denim maybe my elephant jeans yeah might be

41:24

fun with like a cool belt over it like that t-shirt tucked in their belts adults are here and they are

41:31

not going anywhere they're gonna save those bells yeah don't don't yeah and then ask your mom or your friend like

41:36

sometimes people are getting rid of stuff and they're like like if you're gonna get rid of your white belts or they might have them like I might even

41:42

call my grandmother after this and tell her like can you send them to me because I know she has like about like I know she has a ton of belts that she's not

41:48

wearing and even before you know and they're back right they're in um a bucket hat

42:01

I don't know like I'm wearing at a beach okay if

42:08

it was and this is the thing I think I saw it on the Zimmerman Runway and somebody they did it and you know like it was more of a you know like you're in

42:15

Hawaii or you're on a beach vacation and it was you know one that was in Rafa or something like it was in a difference

42:20

material almost like yeah like like yeah totally like a Terry that's exactly it

42:25

was in a completely different material um that looked you know very nature look

42:30

like and I think that that you know that would work maybe in that type of scenario but just me going out like and

42:37

now going uh yeah where's my bucket where's my bucket hat it's probably not gonna have to throw in my wide rim Like

42:42

Straw Hat I don't think I would wear it yeah the straw bucket that's what that's what it was like straw so yeah and then

42:49

the last thing that I have is add a rosette detail rosette details waist

42:55

around the neck in the hair on the back of the dress uh you know

43:01

just everywhere I mean I think they're fun I think they're like very Whimsical they add a little just like

43:07

you know eye-catching thing you're not expected to see on someone so you're right it's a fun little detail it's very

43:13

I wouldn't have thought that I started seeing it and and they're not just they're not a tiny rosette we're talking

43:19

like let them take over your neck you know let them just let them just be there like that's the statement piece

43:25

they might look at your face why not they might just look at your rosette which is fine right hey right here yeah

43:32

they're gonna see that but I love it I love it so um as as we leave you to go

43:39

Take On The World we hope that this podcast is in some way inspired you and your creativity and to maybe things

43:44

think outside the box get into your closet look for things um call a friend you know hopefully

43:50

added a little bit more positivity to your day uh reminder if you need to get styled or you have style questions or

43:56

you need a stylist like you need a hair stylist and like you have someone cleaning your house all territory tell them where to find you yep you can find

44:03

me at terakogelandstyling.com and if you need some fashion right you need some

44:08

recyclable fashion circular fashion check us out at styling.com and uh okay so next week we are going to

44:15

discuss and I know you probably don't want to hear this fall in Winter finds now okay yes I know we're ready for

44:22

spring I know it's like I don't want to hear about it but let's not miss out on those amazing deals and pieces we need or we want to buy for a little like next

44:30

to nothing let's not right pick up your sweaters there are some amazing deals

44:35

out there so there's so many Closeouts so we're going to share we're going to talk about places we're shopping for these deals obviously we're going to be

44:40

shopping on styleandgift.com but there's a ton of other places um and just a whole lot more it's going to be fun next week I'm excited so as we

44:48

review today we want to remove we want you to remember that we are all one and

44:54

we all have a story and we're all just really looking to connect so thanks for joining us we will see you next week

45:00

have a wonderful week