

Fashion Icons and Super Bowl Recap 🧡 [episode 6]

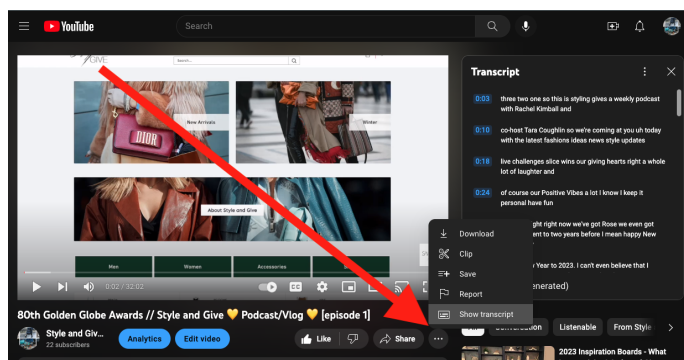
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Transcript

0:00

hello hello hello welcome to styling gives weekly podcast with Rachel Kimball and and Tara Coughlin where we talk

0:08

about the latest fashion trends we're going to talk about news style updates what our life's challenges life's wins

0:14

our giving hearts a whole lot of laughter and of course our Positive Vibes as always but first you know we're

0:21

going to talk about our fashion icons today but we first have to talk about the Super Bowl what we have to talk about last night we're filming this on

0:28

Monday day after go Chiefs I can't believe it I can't believe it but it was incredible right oh my gosh we needed

0:35

that we did we needed it everyone is so pumped I'm Feeling Good Vibes all around I know mvpat mvpat that's what not chops

0:43

I also said Kelsey was saying Envy Pat oh my gosh it was just so great and so

0:49

many I like I know we're going to talk we want to talk a little bit about the commercials we want to talk about of course halftime and

0:56

um you know the game go Chiefs we're excited big parade here on Wednesday I know a lot of people are going to go to it even though it's going to be 45

1:02

degrees which is pretty actually it'll be good I'll be okay I'm gonna try to go here but yes me

1:08

too um so let's let's do the halftime show first let's talk about some of the commercials

1:13

because that's really I mean okay some good ones well you know I'm gonna have

1:19

to start with the the Dunkin Donuts one oh God I was like are you kidding me this I thought it was so great I you

1:25

know what like and if you had that attitude that he kind of had at the Grammys yeah you know where he's like okay you know and so it I think think

1:32

that completely because everybody was talking about his you know what he was you know his what happened at the

1:37

Grammys they felt like he was you know um maybe not paying attention well and then somebody I guess hired a person

1:44

that could read lips and then was able to like say exactly what he was saying and he was saying like I'm just so this

1:49

is a really long show and like all this stuff and so what I thought it was so funny is that when I feel like when

1:55

people have really focused on maybe a negative the negative of that right and last night that just blew it all up

2:02

right it was like that needed to happen actually I was like you know what I know he's fine I know
hey this is fun and I

2:09

thought him and Jennifer Lopez together oh yeah and he directed that are you commercial nope
okay that was hilarious

2:16

and I loved the owner she was like yeah get me a glaze to get me that's exactly what I would
have said you know I was

2:21

like yeah give me two but I wasn't too good I thought that was great um what did you

2:27

think okay I can't okay the Pringles one where the Pringles got caught on the

2:32

hands okay now this is funny because to me because this has actually happened before
because you know you're trying to

2:38

get in and I why didn't they think of this earlier right you're trying to get that last Pringle in and
then you're like wait a minute and how many and you

2:45

know all of those little things where their hands were you know with the print I thought that was
so original and

2:50

hilarious and like it just hit him yeah I mean because we can all relate you know I thought that
was good I thought

2:56

that was good um I mean I actually thought all the commercials were really good I thought the
Serena Williams commercial

3:03

um was it Remy Martin would she was it was was that the one where she was doing the golfing
or was it we're not quite

3:11

sure um I didn't correlate like what it was and then her I just thought it was great yes

3:18

and they had a lot of things like that like the T-Mobile one was Bradley it was okay yeah you're
right I thought it was

3:24

awesome like her message was just really really cool um but I like her so I like a certain

3:30

person too she's one of my favorite Bradley Cooper and his mom hilarious me oh my God that
one was so

3:36

fantastic in fact like like his hair you know his hair was hilarious I don't know

3:41

what was going on but she was so right you know she's like you look like I don't know he was she was going off on him and what I mean they probably

3:48

ad-libbed for 30 minutes and they just pick the best ones right that was probably a question it was like

3:55

um you know kind of random in a flub and a mess up and like oh wait what starting we're like yeah I liked I don't know I

4:01

just I thought it was really real relatable for all of us and then uh the Bud Light Miles Teller one where he was

4:08

the girl was on hold

4:15

it's like [Music] I said miles to grabs two Bud Lights and

4:22

starts dancing to the music you know and then you you know then then the person on hold then came off on was like and

4:28

what you've got two more minutes so then you keep dancing and oh it was just so funny like I really like that one

4:34

um I thought that was really because you know that and you're like oh my gosh how long am I gonna again you know 20 minutes 20 minutes what is this going to

4:40

turn into and then it was enough for them to get two by lights down so yeah I thought that was funny um

4:45

I thought Chris Stapleton was amazing was singing the the national anthem

4:51

obviously he had he had on those Ray-Ban club Master sunglasses which I think

4:56

I was like I kept thinking I think I have a pair of those somewhere like I

5:02

should have brought them I know well and I can't I really honestly was thinking that and then of course I got online because I'm like those are called a

5:07

specific those aren't in the Wayfarer there's a specific thing that they call them and they're called Club Masters and

5:13

then you know all of a sudden you see that just it's they're so sold out I don't know where you're gonna get them but yeah

5:19

on the um had or no hat what did you think before he came out is he gonna

5:26

wear his hat or no hat at first I thought hat and I'm like wait no I don't understand them he cannot wear a hat I

5:31

don't think he's yeah yeah and I thought his hair looked great I mean it was so silky and shiny I don't know who washed that but it was like better than mine it

5:38

was just really really really beautiful and um I yeah people like the coach crying I

5:44

mean yeah I was moving I thought he was really awesome and then let's get to the halftime show

5:50

I mean she brought it I thought it was great but it was awesome I thought it was

5:55

I mean it's what the city wanted it was I mean the hype was there and she brought it and that red lueve jumpsuit

6:04

pretty amazing I mean I I think it well and you know she was she also came out and was pregnant and you noticed it

6:10

right away I mean there was no second guessing that I mean the belt was low like I thought that it was I loved the color

6:17

I love that they did the the White and the red I loved that I think Rock Nation

6:22

like Jay-Z produced it I love that there was you know and we were talking last week they're going to be a ton of

6:27

collaborators right and then he and I think this is wonderful you have a woman on stage and you let her sing all of her

6:34

you know a lot of her hits and you let her be on her own and I think that that that was a message that I know a lot

6:40

like a lot of us because you know before they made JLo and and Shakira's you know share the time and I feel like

6:46

I feel like this was good I thought it was a nice something different that normally we see a bunch of people come

6:52

out on stage I was kind of shocked I'm like I think Jay-Z's coming out it's gonna come out no but um

6:57

I mean the movement was there the up and duck that was unbelievable how they I I don't

7:04

the the direction of how the stage moved and how high up she went and then how the dancers were selling I would have

7:10

motion sickness for oh no you know those dancers were incredible I don't even

7:15

know how many there were uh my mom was trying to count I think she was like I think there's 300 that's what my mom was like there might be 300 days and I do

7:22

think that that there could have been maybe I don't know how many but it was it just

7:27

like I felt like it was I enjoyed it I was singing along she's saying 12 songs

7:33

um and I I thought it was good I mean made me happy I thought the flow of all the songs were great

7:39

um I mean repping up that uh Fenty beauty products

7:45

um yeah that megawatt's gone yeah sorry and you know the tennis shoes that she had on I know I was like you know

7:51

immediately got on um those were the mm6 Nissan margiela am I saying that right I don't even know

7:57

margiela that's it okay those I got on and I was thinking like they're 415 retail and you could just

8:03

see you could just see people were just buying those as fast as you know yeah and I yeah yeah and she looked she

8:09

looked fantastic I loved the the jewelry um I thought I thought you know there's

8:15

tons of different diamonds on the ears and and you know that's that's leaving a podcast we can talk about is you know a

8:21

lot of people are you know there's a lot of companies out there that are actually doing like your

8:26

like different piercings within your ear and it kind of like goes with your personality or something like it's this

8:32

whole new trend thing okay I like that um where you get certain piercings um and then you there's you know you get

8:39

like a stud to go in there now but it all goes together like it's a it's a complete I love this idea it's a

8:45

complete like you know your party your jewelry party yeah I mean another

8:51

podcast right but but that was one we can talk about because yeah and I've had some friends that have gotten it done and all like really you booked this is

8:57

something you do and it is it's like ear art I don't know if that's something that you're our jewelry I don't put it

9:03

together but but it is it's a trending thing and I feel like she oh God it was just beautiful always great the secret

9:10

jewelry is that what it was I think beautiful beautiful pieces um she's just a flawless flawless so I

9:17

was actually rooting for the Chiefs with the Redskins right well the floor well did you hear okay so guys listen in on

9:24

this one this is hilarious if you didn't see it so I was watching you know the feed from Instagram and the Chiefs put

9:30

one up and I guess there was a reporter that was speaking to my homes and was like hey did you hear Rihanna's a huge

9:36

fan of you and and she's so excited that he could see him kind of turn where he's like oh really oh my gosh that's I I

9:42

can't believe it you know my family's so excited we're so excited they're more excited about the halftime show than the

9:47

the reporter goes I'm just kidding man oh it was the best like I I was laughing so

9:55

hard I was like oh my God that is so funny so anyway um that's funny but I think she's a fan

10:00

I think she's a fan yeah you know who cannot be a fan of he's just he just does so many great

10:06

things him and his wife amazing things in Kansas City I think that there uh really have have you know pulled the

10:12

city together and oh we constantly give back and I just think I was I even noticed there were a couple

10:18

um Chiefs players that for Casey pet project that took care of all the adoptions

10:25

for all the animals in there that's what they did with the extra money that they won so there's just so much great things

10:30

happening I just got chills from that you'd love to hear that right you'd love to hear that and so it's um that's

10:36

really good stuff but um we were really gonna talk about our fashion icons today but yeah we had to recap yesterday yeah

10:43

yeah we just give you a good 10 minutes of what we thought and then now we're into the good stuff no I'm just kidding

10:48

just it's all good it's all elements we all we love a win and so fashion icons

10:54

um why are they important you know why why are they important and you know I Googled it because you know you're like

11:00

what does Google say absolutely a fashion icon is it well first they're telling us who it is I get an

11:05

influential person who introduces new Styles and often dares to challenge the

11:10

norm or standard of fashion and icons have become a part of fashion because of their styles are embraced and adapted

11:17

for many people well obviously we know that I certain of that but you know I

11:22

think that and we're going to talk about our favorite icons and and you know I

11:28

think that there's a general kind of list of icons that that have kind of stood the test of time definitely and

11:35

would you would you say that they just show up on every single list right and um I know like on like when I was

11:42

looking over you know top icons 2023 2022 you know like what what are we

11:48

looking at here like Marilyn Monroe kept coming up on every single list right she will forever be on the list I think I

11:54

mean how can she not I know and I what I didn't know is all of these makeup tricks tricks that she has taught

12:00

everybody I didn't know that she used what oh five different lip products to create her signature pout did not know

12:08

that I didn't know to use darker colors towards the edges of the lips and lighter colors towards the middle to

12:13

Contour I didn't know about that I also didn't know that she used three different eyeliners to make her eyes look bigger so like she used the white

12:19

on the bottom and then Brown on the inside and then black so she used like three in her technique and then the last

12:26

one I didn't know she used like a berry pencil and made a DOT on her inner corner of her eye to make her eye look

12:33

whiter this is all now it's like a white in the under in the yeah and it makes

12:39

you look it's so I and of course I was like I had no idea about her this now I love her turtleneck looks I love that

12:45

she had that classic style and she showed her body off I love that she felt comfortable doing that she's obviously

12:51

beautiful um and I like just that Signature Hair right sometimes I'm like get me that platinum blonde you know can you get it

12:57

there oh yeah it's amazing I mean she could Rock a capri that like nobody

13:02

right or yeah I mean there's nothing that she can't do and it's always going to be

13:08

you know documented and we're always going to kind of go back to her and well I mean look what Kim Kardashian did at

13:14

the at the Met last year right like she wore the actual dress from

13:19

Ripley's Believe it or not and I think like uh you know it was retailed at five

13:25

million retails 10 million and like you're thinking like wow this is this is amazing and she looked I thought Kim

13:30

looked amazing I thought she looked awesome and Kim's an icon of her own I know it goes either way sometimes people are I I feel like oh

13:37

have a lot to say about the Kardashians only positive vibes here about them I absolutely love them I'm not gonna say I

13:44

I just I really do I think that um you know they have transcended our fashion oh yeah Fashion Beauty I'm all of it

13:51

really I mean television a lot of it I mean on I'm here for them I like me too

13:57

and I feel like the closest style that I have of one you know if you were to pick the Kardashian you you know you tend to

14:04

grab it gravitate towards their style I would say I'm more of a Kourtney Kardashian like the more edgy more you

14:10

know like like you know after she married Travis kind of you know she you know that yeah Dolce Gabbana you know

14:16

like fun you know when she did collab with them so it just so did Kim but but I think like that's that's my Kardashian

14:23

who's your Kardashian that you think well I think I'm Kylie no no thank you

14:28

sorry sorry I'm not no you you're talking about Kendall Kenny that's what they call Kenny I'm a little more Kindle

14:34

I definitely would agree I would agree 100 yeah that's exactly what I was thinking because okay I think that question on

14:40

you and I didn't even like that was not pre like thought out I just know I'll throw that on you see what you say but

14:45

yeah I really and like what other fashion icons or are you like just on the list not your favorites let's not

14:51

hit our favorites yet let's just talk about people that are on the list I have um I've got Lady Gaga Zendaya

14:59

yeah and she's incredible I mean she hits a lot of generations

15:06

right now I think you know us my kids Harper loves her and she's been around

15:11

for a little while now with I mean she's in Disney and then she and then now she's you know you know Euphoria was

15:17

just like unbelievable like even the fashion and that doesn't she I believe she has a contract with Valentino

15:25

um which you always see are in amazing suits you always see the ads at least I've seen the magazine ads um I'm not sure if she's I believe she still has a

15:32

contract with them but I mean she's fantastic I know like she those suits that she wears she can carry herself she

15:38

has some height on her but still I think she's she's just she can do that masculine feminine look

15:44

at the same time where it just looks its balance right yeah I put some mix match here which is what she's got going on a

15:50

lot that's exactly I love it we didn't even plan that we just know we just know listeners we know

15:57

um I put down Grace Kelly just because I feel like I feel like Grace Kelly and Jane Birkin

16:03

because you know like we the biggest bags I feel right like right now are like the Kelly bag and the Birkin bag

16:09

like the mini Kelly everybody wants a mini Kelly right now and I feel like that there's like that's at least that's

16:15

what tick tock's telling me and all my instruction bags are back but I mean they've always been around I've

16:21

been I mean birkin's been around for years yes um I mean it's just uh but those two

16:26

just you know like Grace Kelly was always just so put together those class you know they're so classy you know the

16:32

blouses the pleated skirts you know just those plain pants that she wore but they just look so elegant on her and I feel

16:38

like you know how we talked about black pants last week I was like man I gotta get a good pair of black pants you know

16:44

classic Staples and then Jane Birkin you know she and I forgot about this that she used to carry that iconic like

16:51

wicker basket around and everybody thought that was so look at how cool that is it's just like a basket it's

16:56

like you know that you'd have for the Easter Bunny or something you know you just have this basket that you put a bunch of stuff in you know that's what I

17:02

need to think about you know when I'm like I need a new bag I'm like hey let's go down to Hobby Lobby and get a wicker basket right I mean it's like it's a

17:09

thing it is a thing you can tote it day pool everywhere I even saw like in one of her

17:14

she's like put a scarf around it and you know that's what people are doing with the romance bags they're putting that wrapping the little scarf around it and

17:20

whatever but yeah I mean feel like Jane Birkin too she did a lot

17:26

of like you know the funky bosses with the boots and then her jeans I always think of those jeans you know that she

17:32

didn't which kind of gets us into you know um art one of our favorites I know and we'll talk about it I'm not going to

17:38

draw I'm not going to name drop yet but we'll talk about her and then you know Aubrey Hepburn I feel like she's afraid

17:45

I mean it's is it the sunglasses is it the sunglasses it is it the those the

17:51

elegant shoes I mean what is it about her I mean her I mean just all of her Silhouettes like her fun prints I mean

17:58

she had a lot of like very um I don't know just classic Styles I

18:04

mean she was who was her um I can't think of who was one of her big was it

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I don't know anyway but she's we'll put it if we need it yes icon that's gonna

18:15

be around and it's here forever yeah I agree I mean solidified her after she did Roman Holiday breakfast activities

18:21

but I do think that like simple playful elegant all at the same time yeah right she just had that like that balance and

18:28

you know um for my current ones I put you know I put Kim Kardashian down and I'm I'm good

18:34

with that I'm good with that I'm I'm I think that first of all you know she's

18:39

she's that huge collaboration with Dolce which was amazing and I love that and I love her brand skins I love skins I love

18:46

their bodysuits I love uh I I will wear her stuff to bed it's soft so buttery

18:52

yes it makes her feel fantastic it makes you feel sexy if you have not tried skins and I'm you know

18:58

yeah it's it's a great brand and you know then you look at her sister you look at Chloe I love Chloe's body suits

19:03

from good American it's one of my favorite bodysuits too so in her jeans I hear the jeans you know really do fit you have a pair of jean shorts from her

19:09

that you know they do they just like you're like these aren't gonna fit me and then all of a sudden they go on and they're they suck you in and they suck

19:16

you in so I think that you know they have really evolved and they're like and they're like the bodysuit kind of came

19:23

back because of them I felt like well I feel like the bodysuits I love them oh me too like them all the time that's my

19:28

go-to you know and a pair of gray jeans and then you know Julia Fox which is

19:34

being brought up all the time and and you know it's been kind of a fat usually a little bit Kim Kardashian versus Julia

19:40

Fox you know who's gonna dress you know like their style their you know style against style or whatever because Julia

19:47

Fox if you haven't seen uncut gems she was in that movie She's forgetting amazing then she dated Kanye West yeah

19:52

kind of blew up now on social media she has huge following on Tick Tock huge following on um Instagram on Tick Tock

20:00

she's talking she talks a lot about fashion and beauty and then um I didn't know she was originally from Italy she's

20:06

originally from Milan so that kind of made more sense to what like when you're I was looking back at you know Milan

20:12

Fashion Week where I think she had had on like a Barely There Jean bralette

20:18

like and the pants with the boots everything matched right and um and she

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was bringing it I mean she looks good all the time she does she bleaches her eyebrows out and it

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still goes right and I to me I have bleached my eyebrows before Oh I did

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I've done it but I am blonde right it actually looked really good but when

20:40

you're brunette I'm not used to the contrast of doing it that's not something that I think that I would do

20:46

like but but but it works for her well I think anything can go on her yeah and she's she's she pushes the outlandish

20:53

and that's what it is she's pushing those boundaries um um like Harry Styles and Gwen Stefani

21:01

um oh Gwen Stefani yes yes and God how amazing does she

21:09

look us at her age if she's my age and that's why I'm saying that like yeah you should look streaking so good like she

21:15

looks fantastic that's awesome I mean everything and you think about about her and you think about her red lips a lot

21:20

yeah um just her funky street style and she's got it all her hair that

21:26

platinum hair which just works with her skin tone so well yeah I love the way with that she's

21:31

always I got something fun on and I love that but I actually set this up here so did you know the very first Fashion Icon

21:38

is Coco Chanel she's considered the first that's amazing okay look that up that's

21:44

good that's a great piece of knowledge because you know you do think like when did this all start you know when did it

21:50

start well okay she was the first and then the most famous is Audrey Hepburn really

21:58

makes sense I thought a white might be Merlin Monroe but I do think you're you're right yeah that classic look that

22:04

just classic Breakfast at Tiffany's that's totally true totally true so who's your like who's your favorites

22:10

like if you're like thinking in like if I if I'm like I'm gonna go get my closet who do I want to emulate today because I

22:15

think that's really what it is you see someone's Fashion on the street or you see a star on social media because

22:20

that's where you're seeing it these days I feel like and you're like I love this book who are you like who's your number

22:25

one I am my number one is Rachel Zoe for sure because that's because we're constantly

22:32

sending stuff back and forth on what she's posting but yes I mean she's just amazing from everything she does from

22:38

her looks to her hair to her and her business her right just it's I love it

22:45

yeah she can't go wrong with my phone I would just a day in her closet and I

22:50

know she archives everything so it's like where are those where are those storage units I could just borrow one thing of her thing I would have to like

22:58

I'd go on a little bit of a diet and I would you know I'd pull a Kim Kardashians I would do it I totally

23:05

would be probably the same size but yeah I agree with you on I think I did she's not on my list but I do think

23:12

um because I knew she would be at the top of yours you know and but I do see that you know she just has this classic

23:19

but there's still an edge there's still an edge with her but I do feel like she

23:24

um boho chic yeah I don't feel like she has to wear anything body hugging you know she's got a great figure but she

23:30

wears things that she's comfortable in and that are like fashion forward on it and constantly pushing the boundaries I

23:36

feel like and a lot of just amazing ways and she dresses her sons the same way I mean those two I think the cutest thing

23:42

to like like if I could get my teddy walk around in a tuxedo you know like I

23:47

mean her whole family oh I know Roger cute it's adorable I love them together

23:52

they do I like them she's my top who's your top I Kate Moss and I know she's on your

23:58

eyes yes and I I guess you know it all started for me with you know that the look when she went you know she was at

24:04

the festival with those Hunter you know boots you know and and they were in that

24:10

olive green you know and then everybody had to have them and I had to have them even though you know where was I going

24:16

like I was just gonna walk outside with my cut off jean shorts which by the way then then it was on you know whenever

24:23

whenever I went to London I would I I don't even know how many pairs of Levi's cutoffs

24:29

vintage Legos that I would go that I would go buy and Market there like at the markets at resale shops I would just

24:34

pick them up because of how she like looked in them she just looked fantastic and I I'm you know like I just

24:41

love everything about her I love that um that she can wear all black she's transcended she you know she does that

24:47

boho chic so well um I love that she would do Furs leather jackets the high heels the chunky boots

24:54

you know and you know her her fashion has evolved um but they've evolved through classic

24:59

pieces yes I think they're like Slinky slippers with like the fur yeah and that's

25:04

it and she looks so good and that orangey red lip it's not the red it has

25:10

this orange it has this bit of orange in it that I just got here I'm going to show it to you I'm gonna show it to you

25:15

look it's just that bit of orange and it just looks so good on her and you know she actually oh oh this is another one

25:21

with the Levi's cutoffs remember she would wear like the the hose with them you know like the and it worked I mean

25:27

yeah like cool yeah they'd be ripped and oh I believe you when I did that I did

25:32

it I did it and it you know I wear a big sweater gosh I might have done that a couple years ago you know even though

25:37

she did it 20 years ago and it's still a thing it is just her basic tease with her um her jean shorts and she likes to

25:44

do Ray-Bans and she just she's like she can layer like nobody's business

25:50

she's just a frame for it she just can't and she'll throw something else on and she'll throw this on and now her daughter you know in her out together I

25:57

love it like I'm like look at those two you know they're just so they play together well and she's also you know

26:02

she's like I use the runway right yes she is she's a Runway mom beautiful I think Aaron's Lily yeah but um and I'd

26:10

love to see that she's wearing her mom's old stuff like how cool is that I would be like one day I know so I guess she's

26:17

she's like one of my just favorites I just I love her to death and then foreign

26:22

it's a toss-up this Bella Hadid and Gigi Hadid

26:27

I mean I'm going to tell you one thing I used to be completely obsessed with Judy ID I mean I kind of still am I mean she's still up on my board if you didn't

26:34

see my inspiration board I mean I just love what she puts together I love the way that her and Bella I'm going to tell

26:40

you this they're they're always seeing they do a lot with a jean look okay with jeans and

26:46

they do chunky turtlenecks they'll do cut off white t-shirts or white you know white tank tops with a with layered

26:52

jewelry did you just layer jewelry like nobody I love that about her um and Bella just has this

26:58

I they're so you know it's you know sisters but they look so different and they carry each other so different and

27:04

they support each other so well I just love it I love that family Dynamic that they have but then I also just like to

27:09

see them they wear like it's different and I think I think Bella does menswear

27:15

street style but I mean she does menswear better better than a man she's

27:21

just kind of like she carries herself the way she does a structured shoot the way she does plaid suits and how she

27:26

puts things together on her body they look fantastic awesome and those

27:32

cheekbones I mean that's what it is I mean one has like the really pulled in and then the other one has more full and

27:37

they just two completely different looks and they're just and they're just so

27:43

gorgeous inside and out I mean I I love to watch Bella Hadi talk about how

27:49

um how uncomfortable she is at times in the industry just just getting outside sometimes you know she's really an

27:55

introvert in the next you don't really realize that on these models a lot a lot

28:00

of them are introverts yeah and how she's been very open about that and sharing um sharing things

28:06

um you know even I think about her Plastics or just all kinds of afraid she think they've been very open about that

28:12

and I love I just love their looks but yeah I think if I had to do a toss-up

28:18

I think I'm more GG I was just gonna say I knew you were gonna say it and I think you're probably more Bella isn't that well no I I think I don't know I I think

28:25

you're more feminine you like more feminine things I do so I don't know about the the but you can wear when you

28:31

wear a blazer I'm telling you you know how to wear it so I think that that's a nod you know like Bella does that right

28:38

right in her in the house she does that and I think yeah I mean those are my top three

28:43

mine's Kate Moss Bella and Gigi Hadid what about you I also did um well I did

28:49

Kate Moss as well but um I went back old school a little bit Cindy Crawford and Madonna yeah

28:54

yes I mean if I just think about when I was younger and those two I always

29:00

especially Madonna I mean you didn't think about Madonna my first record I tried to dress like her all the time I

29:07

would do photo shoots and we would dress up as Madonna um dance around and Nicola I even have the

29:13

thing those fingerless gloves like horses I wanted the hair I wanted the the pearls I wanted the you know and so

29:20

I just think that I've always looked up to them and Cindy Crawford is another one that's like how

29:26

do you not think of her when you think of style and fashion and Timeless Beauties yeah is that even is that the

29:33

name of her like skincare line too I don't know but it is I don't know if it is but if it isn't that's what you need to name it because that's exactly how

29:40

she is yeah she and I mean you see it now in her daughter but oh Kai is like just like remember

29:45

the white tank with the jeans oh yeah was that a Pepsi commercial I think so yes I think that with her high heels I

29:53

mean her hair her hair beauty trademark all of it yeah

29:59

it's just fantastic as she did 30 years ago right or 20 years ago yeah just too much but I do want to say that yeah that

30:06

her look is just it's an All-American I feel like an All-American look that she's always kept up not not overdone no

30:14

I mean she's no it's beautiful I love it I love yeah

30:19

I love her I think about to all those models they're all just oh I know you know they kind of stick to you in first

30:25

whatever reasons for whatever they yeah I love them I kind of went like Kate Middleton around a little bit too I

30:32

think she has some really good looks I think she does yes very just pretty and classy and you know timeless

30:40

relatable yes and I like that she wears um what's

30:45

her dress who did her dress it wasn't pippa's dress was Alexander McQueen or Sarah Burton for Alexandria but I don't

30:52

know who did her I know she wore in English just a designer but and I thought that it was just

30:58

classic elegant elegant beautiful her hair always looks great not a hair out of place never never not face just you

31:07

know just her beauty is yes she's Flawless and stunning yeah I would agree

31:13

with you on that and I think you're like a princess yeah oh yeah definitely for sure I mean she's gonna be the next one so

31:20

you know I think that when I'm looking at like style icons for style inspiration I think I do it because I want to be like creative

31:27

right like I'm just looking to be as creative as I can be what are you um you know when you're looking for your style

31:33

icon inspiration I mean what are you thinking of like how does that evolve for you well I think you know I just

31:41

think of things that like speak to me or different styles and things that I can

31:46

you know relate to I could recreate or I can right

31:51

go and I'm gonna go and buy what they're wearing and I'm gonna just I don't know I think it's something

31:59

that I'm always thinking of like wow how did they do it how can I do it how you know what is what they did at one

32:07

point what is the how are we doing that now or because it always comes back always yeah yeah it's like it's like

32:12

wait a minute when did I wear this I wore this when did I wear this right and then like I wore this eight years ago but guess what it's right it's back or

32:18

the trend is back two years later and I think a lot of people are you know if you like sometimes I'll find a look at

32:24

like oh wait let me go see what I have in my closet because I bet I have something that can I can redo this look

32:29

this one thing I can change to make my outfit do that and that thank goodness we have that right because that's it's

32:35

just absolutely it's great to be able and I used to literally I'm not kidding you I get all all the magazines were

32:41

delivered I cut up all my stuff I put a book together for the whole year of things that I loved anytime I saw an outfit I like would cut it out whatever

32:47

and then you know now it's we're looking at Pinterest right we're looking at social media platforms not as

32:54

you know we've we've evolved obviously we're not wasting paper like I did and doing all that stuff it's great and

33:00

cutting stuff out though I still like to you know we do our inspo Awards I still need to do that um

33:05

that's just the way it's going now I mean everything pops up and I mean gosh you know Super Bowl like all

33:12

the things oh I know it's in our face all the time it is it is it's a constant

33:17

and if you love it you're a constantly think about it I agree I agree and I think you know style icons today we need

33:24

them right we need them we need some inspiration we need some things and you know I think that today we pretty much

33:30

hit on that like so you know please comment with us tell us who you're you know let us know who you're right

33:36

because I know we left a lot off the list because I know there's a lot of people that people are looking at and looking for but I definitely think that

33:43

it's um you know fashion icons inspirational icons we're always trying

33:48

to evolve our fashion and we do it through the looks that they that they generate you know and then we regenerate

33:54

them in different ways um so yeah you know as we leave you today to go take on this amazing world

33:59

uh we hope that this has helped in some way you know open use open yourself to new ideas and

34:05

you know create a creative yeah encourage your friends you know call your friends you know talk to your friends about your style ideas I know I

34:12

bounce things off all the time off of Tara and I always feel like I I get first of all she's an amazing stylist

34:18

but I also you are but I also feel like I'm I evolve my fashion is evolving you

34:24

know when you talk about it more with your friends when you talk about you know like I'm thinking about doing this and they encourage you to try that look

34:29

right because you're thinking like I don't know so hopefully today you know we we gave you a little bit of that inspiration that you know you get from

34:36

your icons um and so hit subscribe you know follow us we're

34:41

here every week let us know how it's going what do you think and if you need a closet edit okay which I know guess

34:48

what it's coming up Spring's coming up all this stuff is coming up you might need a closet and you can check out Tara Tara you can give your information right

34:54

now at Tara coughlinstyling.com and you can follow us on Instagram

35:00

um and if you need anything for your circular fashion needs you'd like to check us out at styleandgift.com we have some amazing pieces now next week next

35:07

week oh next week okay so guys will you wait for it so we are going to be talking about wedding Trends in 2023

35:14

we're gonna go over the colors that brides are choosing and incorporating into their weddings with the bridesmaids dresses are looking like what

35:20

accessories are being worn you know popular hairstyles best places to have the wedding uh let's see what else top

35:26

honeymoon destinations what to wear to a wedding if you have one coming up

35:31

um and and more yeah and we may show up in something fun so watch out we will we

35:37

will I you don't know you don't know what's going to happen so join us join us for our fashion talk
lifeless to know

35:42

you know our hilarious commentating of course a high dose of positivity and as we leave you
today remember we are all

35:49

one and we all have a story we do all have a story and we're just looking to connect

35:55

so thank you for your time and we'll see you next week and have a great week