

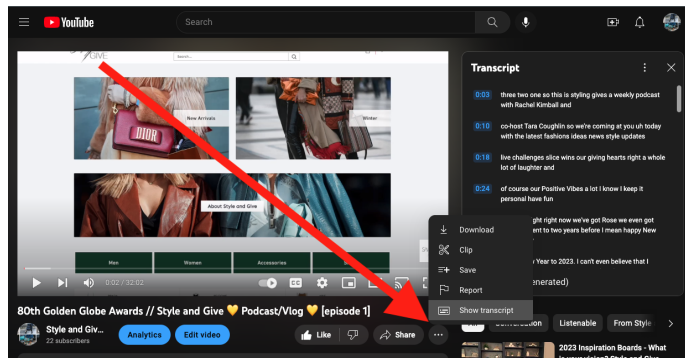
65th Grammy 🧡 Trending 🧡 COLORS 🧡 Podcast/Vlog 🧡 [episode 5]  
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## Transcript

**0:00**

**hello hello hello welcome to style and gives a weekly podcast with Rachel Kimball and and Tara Coughlin we're**

**0:08**

**coming to you with the latest fashion ideas news style updates life's challenges life's wins our giving hearts**

**0:15**

and of course a whole lot of laughter and positive vibes there's Positive Vibes well you know we're gonna talk

0:22

about fashion in 2023 we're going to talk about Styles Trends the colors the collections but first we've got to talk

0:28

about the Grammys we can't it was a good one oh my goodness I loved it

0:34

um Trevor Noah I mean I thought he did a good job as MC he looked fabulous I think he looked great yeah I loved him

0:41

um at first I was a little confused by his accent and then I was like oh wait

0:50

I think he made a comment uh when he was with Harry Styles that

0:56

I think I believe he said that but yeah he was wearing um an ivory Gucci tuxedo with black pants in this like amazing

1:03

brooch I thought it looked really good I'm loving the brooches I know there were a ton of them on men I loved it

1:09

um and you know Beyonce Made history with winning 32 total Awards She's won

1:15

the most Grammys it was it was awesome and did you notice that she was fashionably late she was she was yes I

1:22

think it's because she didn't win for lemonade or didn't get nominated or whatever happened there and then Renaissance I thought was an amazing is

1:29

amazing so I don't know maybe that was her saying that was you wait for me right you know what I mean yeah maybe

1:36

that was it but gosh I love her and then um let's see Kim Petrus and Sam Smith

1:42

well Kim Won for and she was the first transgender woman to win a Grammy and the best pop Duo group that was awesome

1:49

it was beautiful I thought they both looked awesome in red and I felt like there was a lot of red there was a lot

1:55

of red I mean I I felt like lizzo and then yeah oh

2:01

yes it was like a burgundy velvet which you know I thought that that looked really good

2:07

like who did that dress I'm trying to think let me see if I had a written down I swore I did I didn't

2:12

write that but I don't know if she Louis Vuitton oh okay yeah it was just it

2:18

looked really really good first I thought the ruffle was a bit much but then once she started moving it just moved with her didn't you feel the same

2:24

thing I yeah I loved it I thought all I mean it was all crazy to me all the fashion was crazy and wild and just over

2:31

the top and I I would agree and I I liked the the you know 50 years of hip-hop that was

2:36

fun like when salt and pepper came out I was like yo yo yo yo gotta be hot you

2:42

know like I started in right there I'm just I was so great um and I thought they all looked amazing like there was

2:48

um I don't know who was wearing that Louis Vuitton like wool it was like he had on all like Ivory and then had this

2:54

that jacket over he just looked fantastic but I did think all the performers look great I loved Bad Bunny I like that he opened the show I know

3:01

well I was moving and grooving I was like okay this is different yeah I really did like how you know he really

3:07

brought the level um you know they started at a really high level and so then they kind of had

3:12

to keep that and I loved what he said when he won I just made this album with love and passion when you do things with

3:19

love and passion everything is easier I mean I mean that was I thought that

3:24

was the one of the best things that I heard the whole night yeah that was really moving to me um and I do want to talk about Harry

3:30

Styles because I need the jumpsuits it was like Jump Street after another he

3:35

was rocking it I know like the rainbow Harlequin pattern plunging jumpsuit which was custom made by an Egon lab

3:42

with swarsi crystals all over it I mean at first I was like whoa hey but it was

3:47

I mean it works for him I'm I I it's all crazy and wild when he does but it works

3:53

and he could do it I know and then I what was even crazier is I was like oh that looks so good and then when he changed this because he had three looks

4:00

and then he changed into like the short like cropped suit jacket with the page wide leg pants and the metallic top I

4:07

was like oh he looks I mean better like that's like and then you know and then the two-piece like the silver set ah

4:13

that was incredible I mean awesome I know and it moved so well it was like

4:19

dripping in silver crystals strands I guess strands did you notice a lot of

4:24

that though I did there's a lot of things of like metal and Beads and yes

4:30

because JLo's dress was Gucci okay I didn't think it was Gucci when she

4:36

watched I don't know it was either I had to look it up but when she came out I was like wow it was a lot

4:43

but I mean she can pull off anything but she looked amazing I loved all the ruffle a lot of ones slit

4:50

side slit dresses I would agree I would agree and I thought I mean I'm glad that she picked Navy I you're right with the

4:56

dripping metals like there was a lot of that Fringe metal which you know and sequence and just I mean it was it was

5:04

fun we need that we need more color and a lot of color and I love that of course we talked about brooches on men Trevor

5:10

no I loved it Steve Lacy I mean he was in that Saint Laurent suit double-breasted suit he looked

5:17

fantastic and then I just have to like say Nyle Rogers was in like a Dior and

5:23

Chanel that neon green suit and he had like the Chanel Beret and the Chanel I

5:29

was like you know what he's got this he's trending for the colors he is right you're right I mean he's right on point

5:35

for for this season without lime green and I mean I just I thought he was really really good

5:40

um he looked he just looked like he was having a good time and he looked happy and I know that color like exudes like

5:46

like I'm happy when I see lime green I'm like whoa hey you know it's just it's like it was like a popsicle it was so so

5:53

so amazing that color was so a lot of silver and Sparkle bold sequins obviously neon which that was like that

5:59

was maybe not more of a video I had a feeling that was going to be coming out I think Kelsey ballerina and that neon

6:05

yellow dress I don't know if you saw that they didn't yeah it was I actually saw it in a picture after I didn't see

6:11

her like in the I didn't even see her but she walked the carpet and she looked great and then Cardi B in that bright blue

6:17

okay whoa I mean how did she move I don't

6:22

know she must be she has to like lay down in a limo and they just pull her out because I have no idea how that even

6:28

works or she's putting it on behind a stage before she walks we should put that at the Met Gala that dress I mean

6:34

it was it was unbelievable it's a piece of art it is and she carries herself so well in it you know I really thought she

6:40

looked great the silver and Sparkle did you see Megan Fox and Machine Gun Kelly they they're crazy I mean it looks good and

6:48

I I liked it I mean his hair it all is like wild but yeah

6:54

yeah like the I know I mean they go together but I'm still kind of like what what is like

7:01

maybe they go too well together maybe you're kind of like they just kind of look like they're smashing together which you know I I love that they have

7:08

this a lot like a Courtney and Travis you

7:14

know because I think they hang out together yes um it's a lot going on though right yeah that was like a lot of stuff you know

7:21

and sequence together with like pink nails which you know hey they were happy

7:26

they look great I mean she looked like a model of course and then Taylor Swift in that two-piece that's my favorite dress

7:32

of the night I thought it was fabulous I mean yeah her body's amazing the two-piece

7:38

said I love I love it she's always just so Chic and Glam but a little more reserved but right amazing

7:45

yeah I love that I loved that they matched the blue eyeshadow and I'm going to tell you

7:51

like intimidating shoulder energy is like in the season that's like what's coming at

7:58

you and she had it like she had that I mean she was just squared off but yet

8:03

with the open midriff it just really made her I mean she just those pictures with her and Bad Bunny

8:09

that E news is just throwing out everywhere I'm like crazy those two need

8:14

to be like best friends because they probably are they probably are and they just looked or do a clap like that has

8:19

to happen because seriously it was just she looked fantastic I would agree that she's um she was one of my favorites uh

8:26

I thought Miranda Lambert I don't know if you saw what she was wearing gosh it was like a silver Fringe black like it

8:33

was a black gown and it was like dripping in like Fringe and metal and it was very interesting it was very

8:39

interesting it was like illusion-like a little hypnotic like whoa hey but she

8:44

looked it was something I wouldn't expect her to wear that doesn't sound like her but she looked really good um what about Olivia Rodrigo well I I liked

8:52

her I mean I thought she looked great I always think she's cute I go for cute and then I'm like no wait she's not cute

8:58

she's you know she's sexy and you're like and that wasn't that was Mew Mew which you know and it was and I loved

9:05

her little jewelry so I had to look that up and that's Tiffany and Co which it was Elsa Peretti's like she's known for

9:11

that like black pendant and I just thought it was really simple and beautiful and I just thought that that

9:18

line of that dress with the sheer sheers are in the season and we're gonna get to it don't worry we're gonna finish it up in a minute but yeah I thought she

9:25

looked fantastic it was good to see Madonna you know even though she's getting some backlash well you know I'll

9:31

tell you my son said she looks just like Wednesday Adams I love what she's wearing you know like that's what he

9:37

said and I was like okay and he keeps not he didn't just say it once he said it twice he was like you know she looks

9:43

just like Wednesday Adams and you know she said you know I could guess like during like right before she introduced

9:48

Sam Smith and Kim she said here's what I've learned before decades in music if they call you shocking scandalous

9:54

Troublesome problematic provocative or dangerous you are definitely on

10:00

which you know all right I mean like and I is she touring soon she might be and

10:06

I'm gonna tell you I will be there but but yeah she it was a it was a lot

10:11

going on with the hair I think maybe if the hair was not like braided into two side braids that were sticking out I

10:17

don't know I love her anyway she's an icon I love her I've always loved her so I can't say much and I I did think that

10:23

it was very sweet that the you know the jacket that was tailored had a little I didn't really notice the bow until I

10:29

pulled it up and really looked at it but it was a really sweet bow so I think she was really going for like sweet but then

10:35



you know she also had that little vampy yeah Vibe yeah well I mean she was  
10:41

introducing Unholy so it it worked I mean I guess it worked for her so you  
10:46

know overall I thought the show was great I thought it was great I really really  
really liked it I really don't I  
10:52

go for all the Fashions so and yeah all the performances I agree  
10:57

are you seeing all that yeah he's super sad yeah the memes were they have him  
11:03

and he's just like I mean well and you gotta explain he's an actor you know and I I  
think he's got a great personality I  
11:09

mean anybody that's with JLo obviously a personality and I think um yeah I  
mean  
11:14

he showed up for her and that's that's all you can say like he showed up for her  
and but yet they kept panning to him  
11:19

and he just didn't have those those looks you know he he needs to just put that  
smile on his face you know that  
11:25

megawatt smile and he's just more like leaning into her like when we want to  
release him how long is this going to be who do you think's gonna win this I  
mean  
11:31

that's what I'm thinking he's saying but it's not that's not how it's reading no not  
at all you know so yeah I mean I  
11:39

think overall I I thought it was great who's your favorite performer you think well  
I like the Sam Smith  
11:46

I like that because I haven't seen them in live yes I thought that was really cool  
and I like Bad Bunny I mean and I don't  
11:53

even really know him that well and I'm like wow this is awesome I'm going to  
kick it off and yeah it was a big production so I thought that was awesome  
12:00

one of my best friends in Houston Irma I'll bring her up again she's fantastic she loves Bad Bunny she's introduced me

12:05

to Bad Bunny oh and she went to his concert and she's she just loves him and she loves his energy and that's really

12:11

what she said she's going to listen to this guy he just has this amazing energy and then when he when he opened the show

12:17

I was like oh yeah you're right I mean we watched it we recorded it and Teddy and I watched it twice we were just

12:23

dancing around it was good vibe I mean it's like you get everyone in the mood and let's go I would agree I like that I

12:29

I did enjoy seeing Harry Styles um you know and I thought Bonnie Raitt was

12:35

beautiful obviously she's you know I don't know about that win because I felt like it because you know

12:43

I'm I you know I got my favorites but I do think she looked very beautiful though I really she did she did she

12:49

looked beautiful she like it was nice to see her you know performing and and everything it was like Brandy Carlisle

12:56

looked great too I like how her wife introduced her with their children that was pretty cool that album

13:02

I mean she's fantastic when she was on Saturday Night Live and and did

13:08

um I guess her it's a huge hit on her album um

13:13

not the song that she's saying here but you know involved the piano and I mean I it was one that you just keep rewinding

13:18

back and you're like oh my gosh so I would recommend I actually got her album was really good really really really good

13:24

um okay well now let's talk about fashion in 2023 are you ready for it oh my goodness because I have a lot to tell

13:31

me digest tell me what you think well I'm here for it I'm ready for it I'm ready for the new season I'm ready for a

13:37

new to buy new things I'm ready to yes buy some stuff for spring break I'm ready to add some cool Staples to my

13:43

closet um there's a lot to to to get there's

13:48

there's some new things to get that I just didn't hang on to so like some corsets you can go there yeah I I don't

13:57

know personally if I could pull that off but I haven't I think it might have to be in the form of a dress where it's

14:04

more kind of made into a dress but then again you know I haven't that's not something I love to wear

14:10

jeans so that's what looks great with a pair of jeans right so I throw a button down oh that's a great idea like I

14:17

hadn't thought of it like that that's a really good idea the one thing that I'm liking is oversize everything I mean

14:23

come on you know it's it's a thing it's happening it's not my favorite look

14:30

so weird in these frumpy big things but I know I'm like you can get into your

14:35

husband's clothes now you're like hey I can wear that big button down with you know like just wear it as a dress like everything is huge wide leg jeans

14:42

oversized Blazers t-shirts um which you know I do like a big

14:48

t-shirt but I'm gonna tell you I do gather it I usually don't just leave it out I usually have to do something with

14:55

it so I don't really know um except you know I'm sorry about that some sheer a lot of sheer going on yes a

15:02

lot of sheer and the mini dresses and the skirts which you know I like that I think it's fun

15:08

because you look fantastic that's why you look so good it's Breezy it's it's

15:13

sad you know not a lot to think about cute shoes with it true you know you could go day to night in those you're

15:19

right little skirts and you know I own them I own some I just have them at the very

15:27

top of the closet in the very right hand corner like I know where they are I just I'm just thinking you know am I gonna do

15:33

this and then you know Y2K is back it's back I like it I I know well and I was just

15:40

so funny because I like Googled you know I was like let's Google what people are saying so you know what is Google gonna say and one of the first things that

15:46

they said is given the boldness of the style it's easy to view it as a fashion disaster which I was like that's

15:53

hilarious right because you it's just all everything all over the place yeah it's basically just do whatever you want

15:59

to do which I think a lot of people can relate and a lot of people can pull some stuff out exactly it's a mishmash and

16:07

a lot goes anything goes anything goes yeah I mean it's it's utility jackets or

16:12

back in with wide brim hats Cowboy boosters all of that still stays heavy denim Patchwork denim oh yeah that's it

16:19

now I didn't hang on to any of those I didn't either and I used to have them like the read-ons with the patches I

16:25

mean I just thought I'm gonna I'm gonna trade these out which I shouldn't have right no I shouldn't have I should have

16:30

thought a little better about that the Wednesday Adam looks not going away it's not you know lace leather chunky boots

16:36

silver jewelry and of course as you said sure clothing right that's huge yes speaking of the chunky shoes no the

16:43

chunky Mary Janes no I don't like those I don't love that I'm I'm thinking like with the skirts and stuff like that or

16:49

the wide leg but I just don't know if I'm gonna buy you a pair well I you know I'll do a

16:56

Rapido uh ballerina flat or a Chanel flat you know the ballerina flat I think

17:01

those two are great you know ballet flat is nice maybe I'll just get some ballet shoes I

17:07

don't know you know like if that's that's how easy it is let's just go get a black pair and I will be wearing those everywhere but yeah I'm not into them

17:13

giant clunky I'm not I don't know if I'm doing it well and then the Revenge heels

17:19

that's in which I'm kind of like the kitten heels gonna be out I don't know for me it might not be because I'm still

17:24

wearing mine I like to like I feel more comfortable with that like two to three inch heel and now we're back to four

17:31

four and a half five and I'm I and it's it's almost like a curved heel because that's what Rihanna was wearing in her

17:38

promo ad um she had the Versace ones on that were kind of curved so that's it's just

17:43

really big it's really big to to get these you know you know I have them I have them they're not the most

17:49

comfortable for an all day right if I'm going to IV shopping in those no way but

17:55

I don't know I know like for a night out a pair in my size let me know I will I

18:01

will you know what size are you six and a half oh girl you could probably wear my stuff okay yeah I probably got

18:06

because I've got two different size shoes so it's all I got you know you're always gonna find something in my closet but yeah yeah that's a good size so

18:13

we'll definitely get you something we'll get you like a black pair you know with like you know the strappiness on them

18:19

that's what that's what's in that's what's in I mean it's exciting and you know the color of the year the Pantone

18:26

color of the year is which [Music]

18:31

um I like it too you know it's and when I looked it up I was like okay let me read

18:37

a little backstory on this color and why did they picked it you know obviously it's in the red family but it gives off

18:42

strength and that's what I was like that's what was actually written next to it and I was like oh yeah well I'm

18:48

feeling good like that's it's a strong color it makes you just you carry yourself a little differently you know

18:54

and I I think it's I'm excited I like it I think it's a great color for everyone's skin tones most people can

19:00

pull it off blondes brunettes and I think you're right with the strength because what I put on like a

19:07

pop of red or something that's a little bit out of my comfort zone right I do kind of feel dialed up or like okay I'm

19:12

in charge let's go I agree with you and you know for the feminine feel you can combine magenta like pink Hues which I

19:19

love to put pink with magenta um or you can do like bright Blues yellows to kind of give it an edge but

19:24

there's so much that goes with it and you can really make it pop you know like it's and that's what I'm excited about

19:30

that so um let's I mean since we're talking about colors what are the colors this year you want to go into them well

19:36

we have some bright whites and vanilla creams um some lime wedge bright greens yes

19:43

blacks lavenders pastels that's exactly it and you know

19:49

um I like the lavender because I like that you can wear like yellow with it blues and greens you know to add some

19:55

depth um and I'm loving you know obviously moving to Black that it's all head to

20:01

toe black you know what I mean like it's not just like it's one black is it's it's you're gonna put it on head to toe

20:08

and you see that in the collections you're seeing that I think the designers are coming back really strong with that

20:13

heavy you know head to toe plaque but they're also doing it in Saffron which is saffron red

20:20

um and you know with with that and they're it's do it they're it's like head to toe suiting dresses even the

20:26

hosts are like which year for that yeah I think that color too is really really beautiful and you can wear mustard

20:33

burgundy you know yellow like an olive green with that like there's just so many different options

20:39

um to pull with that color so yeah and lime green I mean I'm thinking what do I have I have a scarf that's lime green I

20:45

didn't get rid of this I have nothing in lime green well that's what we're going to be getting I'll get some accessories yes I don't

20:52

know if it's my best color against my face but hey I'm willing to try it yeah I like that going back to the black

20:58

suiting kind of like that you could do the pastel eyes so I'm gonna try to

21:03

venture out into some fun pastel eyes with nice darker I think yes I like a

21:10

lavender eye I like how like I think that was um like a like a violet liner or something I know

21:18

like yeah yeah you're right because we'll do the white on the on the water oh I'm getting yeah we're gonna

21:24

definitely do that things my eyes are gonna be so bright you're gonna be looking at me like but that would happen cool thing with like the black for

21:30

spring and summer I think that'll be like that and the sheer like that goes really good with the sheer you know a

21:35

really cool bralette which you know I'm I actually wore when we went to halls I was like it got out of my box to have

21:41

something sheer because I usually don't ever do that but I I bought it and I you know it's fun I was gonna wear it over

21:47

you know probably just over a sweater under a sweater but then you ended up yeah it's fun and and you can do it at

21:54



any age there's a way to do it appropriately at any age like believe me because I'm in my mid-40s so you know

22:00

that's the way it goes um but yeah I love the colors I'm excited about that let's you know like let's go on to the collections this year

22:07

because I know like spring ready to wears out um you know last November you know New

22:13

York London Milan Paris all that if you can check out my blogs I've written about pretty much most of the shows

22:21

um and you can maybe get some looks but you know my one of my favorites is Stella McCartney I'm just gonna go into

22:26

that I mean she's I mean an icon let me just go into the looks I you guys can play this back look 6 8 13 15 and 18. if

22:35

you get on our website she has all the looks there and they're just amazing she has a lot of like she well no but this

22:41

is what's amazing about her this collection was made with 87 conscious materials so the Brand's most

22:47

responsible to date while it also featured the luxury industry's first ever garment made of

22:54

regenerative cotton it was a t-shirt and it just looks so cool and then she does she does a lot of jewelry over

23:00

white tees which I love like that are full on jewelry and that was in look six and I just thought that was really cool

23:07

and then the cutouts I mean Bella Hadid came down the runway in an all black number the black vest with the black

23:14

pants but then the cutout on the side with the you know that that metal again that metal sequence that just looks so

23:22

cool and you know she's got a lot of the over you know the oversized Blazers  
yep

23:27

which were amazing and um and matching I love a matching outfit I'm gonna  
wear a

23:33

matching outfit to galentine's day you know I love that I love when something  
matches you know when it's there it's

23:38

easy to put on she did a lot of that so yeah I think that that might was her

23:43

number one it would be to go and get myself some because still in the party  
piece I don't know what it would be I

23:50

mean oh those pants are killer I would probably you could mix in you know a tea

23:55

time yeah a sweater like there's a lot of options with the pants and I think it's a  
safe

24:01

it's true item the screw it's true because you're gonna wear it over and over  
you're gonna wear it yes price per wear what it What

24:09

brands are you thinking of this for this collection well I am thinking I love the

24:15

Zimmerman I know that I'm like Zimmerman all the way I feel like any time you  
yes

24:20

my style just they're sheer their Fabrics are

24:26

amazing florals like Ruffles that's kind of my go-to for the summer oh okay you

24:33

then you yes all Zimmerman then and they did their theirs was inspired from like  
an amusement park that existed in Sydney

24:41

um like in the 1900s so like it's just a lot of frill and fun but then they have these  
really Sleek really cool pieces

24:47

like there was this one dress that just looked like like total loungewear and it  
looked like

**24:53**

**a watercolor piece and I I'm just you're looking at it right now I love it and it's just beautiful it looks like**

**25:00**

**something you'd want to put on all the time but I think all other pieces a lot of white that they did full on white and**

**25:06**

**then they did a lot of those creamy neutrals and they add just it's such an Eclectic size I love**

**25:11**

**Zimmerman I love what they do I dig never disappoint they don't um and then you know of course one of my**

**25:18**

**favorites Victoria Beckham I don't know what it is about her I don't know if it's just her makeup is it just for all**

**25:24**

**of her I just there you know her background her her story her her children her husband her everything all**

**25:31**

**of it so I and I I just I love what she does but I loved the black suit that**

**25:37**

**Gigi Hadid came out in she had a bralette on with it but the suit first you're like wait a minute that looks too**

**25:44**

**big but then or what is it holding up is that a belt what is it and it was like a white she had put basically like a white**

**25:51**

**had lined it in white just right there around that waistband and then it kind**

**25:56**

**of just like felt like there was a little part of it that felt looking like a belt and I just thought oh how cool is that and we can do that yeah I was like**

**26:02**

**let me just grab this you know suit and just that little touch of white around**

**26:07**

**um you know what what makes a black pant you were just talking about it the cutout secrets in Stella McCarthy this**

**26:13**

**this is one with just a little bit of white on it maybe I'm gonna start looking for some black pants with just a little extra something an act that extra**

26:21

detail really really made a difference it adds a little sporty to the suit very

26:27

Sporty Spice with your I would agree I loved it and then you know so there's a ton of stuff out there get on you know

26:33

if you're looking I mean I'm online all the time but I'm always looking at new things and I know like as I'm looking

26:38

for new things I know like there's Closeouts right what do we need like because as as I'm already thinking like

26:45

what am I gonna wear in fall I know is that terrible no that's my favorite Seasons you know it's summer so

26:51

so yeah I'm thinking oh my gosh what what am I gonna do and so like right now you know that's a good time to pick up

26:57

like cable knits you know um you do you know that oversized cardigan is going to be in well guess

27:03

what they're probably going to be 60 80 off right now and now is the time to pick up that one that you know in neon

27:09

green you know or whatever color that you want it in um now's a good time too to get um some

27:15

suiting pieces I would agree with you I definitely think I mean you know we were at Halls they had some fabulous

27:22

pieces on sale they have a lot of Zimmerman on sale oh they had some great pieces I mean their swimsuits

27:28

there was a swimsuit that I just loved it was really it was a one-piece thing I loved it um so I guess like Fringe is still going

27:36

to be in sweater dresses oh my gosh there was one from Farm Rio that I absolutely loved that was at Halls that

27:41

you know and there Farm Rio does amazing prints I love their stuff and the end of season it's always fun I think that they

27:48

have some great things um I know like Fair all sweaters are gonna be back in in neon print and I just got rid of one

27:55

last year I sold it it was no cashmere no and you had your eye on some neon sweater so I think you'd need to jump on

28:02

it you were toning in on some bright colored sweaters I know well I just did we got one in on

28:08

styleandgift.com and like a magenta uh redone one that's a this and it's on

28:13

sale I would recommend it and it's it's you know like it's it's magenta it is I

28:19

mean if you need that piece to get online right now because they have that um yeah Taylor pants you're right and

28:25

then western boots and statement coats are going to be in now would be a good time to

28:31

um search out some statement coats yes and I think there's a lot out there like find one with some color in it with

28:36

pattern in it um you know like if all blacks in that's when you throw on that coat right or

28:42

just well you know it's Y2K so you just mix everything mix it up you know just as long as you've got that one color got

28:48

it you've got a color that's you know that's pulling everything together you can add up to three different patterns

28:55

usually it works it works it's just how it's just having that color that kind of goes through like what I'm I'm wearing

29:00

right now I Got Stripes going this way I Got Stripes going down but I've got this little bit of maroon and I know you

**29:05**

**can't listeners you can't see this but you know if you want to get on YouTube you can see it but you know just keeping**

**29:11**

**that knowing that they're you know fashion is a is this a representation of who you are and and what you want to**

**29:18**

**exert and sometimes you just want to throw out everything you're like you know what I just want to put everything on**

**29:23**

**you know I want to wear floral you know with with plaid pants you know and so**

**29:28**

**like and but guess what if they both have the same color in them just you do it and then put a belt you**

**29:34**

**know to kind of help help it you know mute it out but no I do believe that and I'm excited I'm excited for this year**

**29:40**

**I'm excited and I hope you guys are too you could rock with my page I know we could totally do this oh yeah I got**

**29:46**

**three patterns on today but I got that color in there so yeah I think um**

**29:51**

**you know we've had fun today I hope you guys have too and you know as we leave you we hope you go Take On The World and**

**29:57**

**we hope this podcast has helped you in some way um give you some new ideas you know especially for 2023 and help you know**

**30:04**

**generate your creativity and help you call your friends up and and talk about you know like or even do like a closet**

**30:10**

**switch out where you're like hey I need to get rid of this do you want this you know those are those are fun ways to do it or you can send your stuff to style**

**30:16**

**and give.com if you're ready to sell it please send it to us but you know we're here every week we're gonna go over the**

**30:22**

latest fashions we love doing this and a reminder if you need to get styled or you need a closet edit or you just want

30:28

to go shopping and check some stuff out you need to check out Tara Terra tell them where they can find you yep at Tara

30:34

coughlinstyling.com and of course for your circular fashion needs you can always check out our site stylingive.com

30:41

or you can follow us on the gram please hit subscribe you know listen to us

30:47

um next week we're going to talk about our fashion icons yes we are and I don't even know how

30:53

long my list is gonna be I'm gonna try to keep it a little shorter but I'm not going to make any promises I'm just not I'm not going to so that'll be fun we

31:00

can talk about you know who are you looking at to try to emulate the dressing and I I always have you

31:07

know a couple people that I have in mind so we're going to talk about that next week and you guys can think about it

31:12

simmer about it for a week until you guys can listen to us and we didn't all join in on the fashion Talk and of

31:18

course Life as We Know It And with hilarious commentating right always coming at you every day of positivity oh

31:25

my God so as we leave you today please remember we are all one and we all have a story

31:32

and we're all just really looking to connect so have a great week we'll see you next week see you then