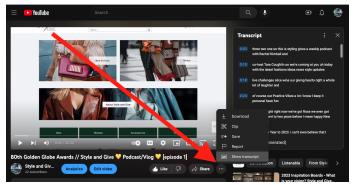
RIHANNA, Fashion and Food *Super Bowl* Podcast/Vlog \vee [episode 4]

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Transcript

0:01 hello hello hello welcome to style and 0:04 gives weekly podcast with Rachel Kimball 0:06 and Tara Coughlin and we're coming to 0:09 you with the latest fashion ideas news 0:11 style updates what else life's

0:13 challenges life's wins or giving hearts 0:16 a whole lot of laughter and of course 0:17 our 0:19 Good Vibes here and so please hit 0:21 subscribe if you want to listen to us 0:24 because we love it and you know and we 0:26 love your feedback please please yes 0:28 give us feedback we love it and you know 0:31 today as you can tell if you're watching 0:33 this on YouTube and I know listeners you 0:35 can't see this right now but we are 0:37 dressed up we are ready to talk about 0:40 the Super Bowl we're ready to talk about 0:42 halftime show we're ready to talk about 0:44 Rihanna you know we are ready to just 0:47 really hit it hard with the fashion and 0:51 you know the cheese goat cheese if 0:53 you're a huge cheese fan I know we're 0:54 all decked out we are decked out with 0:56 Chief's gear doesn't happen often for me 0:59 I got my 87 Jersey on it's actually my 1:02 son's and it fit me

1:04 um with some 80s fashion um and some 1:06 combat boots but anyway so let's get 1:08 into it so I can't believe it the 57th 1:10 Super Bowl I had to look that up did you 1:13 even know it I didn't know it but I just 1:15 knew her in it and we're it's good it's 1:17 so good for the city yeah again it's 1:20 awesome it's exciting for Kansas City I 1:22 know like and that was a tough game to 1:24 watch last week I I talk like I know 1:25 what I'm really talking about I'm 1:27 watching it oh I I kept going in and out 1:29 like I was working but then I would go 1:30 and then the last like a couple minutes 1:32 it was like I was it was really 1:34 stressing oh I was yeah what a win go 1:37 team go team go team I'm excited and so 1:40 the Super Bowl is being held at the 1:41 State Farm stadium in Glendale Arizona 1:44 which that sounds nice it's gonna be 1:47 warm I mean these people are coming from 1:50 the waste management golf tournament oh

1:54 they are oh my goodness well I I mean it 1:57 yeah I think I would love to go so you 1:59 know send it any extra tickets you know 2:01 any extra tickets we're open to that 2:04 because that's exciting 2:06 um and you know I love Arizona I went to 2:08 Arizona State so I really do love that 2:10 so I love that that City it's beautiful 2:13 like Arizona is just a great state to be 2:15 in and it's sunny and it makes you it's 2:17 just a happy new place I always was my 2:19 help I think it was my healthiest you 2:21 know like as a super healthy environment 2:23 to be in now I don't know about the 2:25 drinking because I'm sure everyone's 2:26 gonna have a really like we're going to 2:28 talk about food too don't worry we're 2:29 going to get together Super Bowl food 2:30 but but you know I know that when I was 2:33 there I was eight real clean so if 2:34 you're going to Super Bowl down there 2:35 you can probably have a salad and then

2:37 all the bad stuff too right 2:39 a little bit of all of it well alcohol 2:43 some fruit oh yeah always get that free 2:45 ball okay so we're good oh that's a good 2:48 idea yeah that's like yeah exactly 2:50 Arizona so what are you doing for the 2:52 Super Bowl well we're gonna go to a 2:54 friend's house so house party here we 2:56 come oh my goodness low-key but fun and 2:58 um 2:59 yeah we'll be can I go from TV so that's 3:02 great I know it's gonna be uh I'm 3:04 excited about well I don't know yet I 3:07 wrote down 3:08 Arizona 3:12 am I gonna watch it at a pub I'm gonna 3:15 go to a party I'm just not sure yet like 3:16 I've got to figure it out 3:18 um and I will you know but I we got a 3:20 little bit of time which is good uh not 3:23 much though but you know planning 3:24 outfits and what's the food are you

3:26 gonna bring food if you're going to an 3:28 event 3:29 um you know so we'll talk about that I'm 3:30 excited about who's singing the National 3:32 Anthem I'm super pumped I absolutely 3:35 loved Chris Stapleton I'm dying dying to 3:38 see him in concert it's gonna be good 3:41 he's gonna be fantastic and then I 3:44 noticed that Babyface is going to be 3:46 doing uh America the Beautiful oh okay 3:49 well so that's like a good combo you got 3:52 country and then you've got radar 3:54 I mean it's gonna be well I don't even 3:57 know like the halftime show but I know 3:59 like just starting out those two you 4:02 know you got country you kind of have 4:03 like r b it's gonna be great like I'm 4:06 really it's everyone's likes it's a yeah 4:09 and it's gonna be sunny that day because 4:11 it's gonna be in Arizona it's gonna be 4:12 great and you know bringing us to like 4:15 what are you gonna wear to these Super

4:17 Bowl cards what do you wear like that's 4:19 another thing like I would go all over 4:20 the place 4:22 fancy low-key tees leather totally 4:25 combat boots PS I have I have lots of 4:28 combat boots today they look so good and 4:30 leather pants you know so like uh and 4:33 and then underneath my 87 Jersey my 4:35 Kelsey Jersey I have on um basically 4:38 it's an NSF 4:39 uh button down it looks like it's been 4.42 shredded 4:44 it looks like something got a hold of it 4:46 but it was actually made this way 4:47 Buffalo checked shirt and you know I was 4:50 looking up you know I thought oh I'll 4:51 look this up you know like what when you 4:54 when you're gonna go to a Super Bowl 4:56 party you want to be comfortable like at 4:57 least I do but I still want to look Chic 4:59 and I'm I'm more edgy so I kind of like 5:02 to do an edgy Vibe but then I looked up

5:05 and this was the one phrase that that 5:06 really got me and said and I read this 5:08 on the internet mesh like mesh leggings 5:11 a hoodie and a festive dad hat okay if 5:14 you're vibing with ugly sports gear then 5:17 this is what you wear like just go for 5:18 it like and I was like I like this 5:20 though yeah and then I thought well 5:21 that's funny because you know you know 5:23 like Dad hates like if I were to ask my 5:25 dad did you have an old Chiefs hat he'd 5:27 be like yeah I do I got 10 of them you 5:30 know you won't wear it yeah I like the 5:33 dad hat with the mesh leggings yes yes 5:35 and I actually have I mean I broke down 5:38 like three years ago and bought the 5:40 animal prints cheese leggings with the 5:43 Chiefs logo on them and I was going to 5:44 wear those today but I didn't want to 5:46 like take you to a totally different 5:47 like place because those you know I 5:50 didn't buy them in Black so PS I'm all I

5:53 mean it just feels like yeah all of me 5:56 is out there I know the kids they were I 5:59 did not buy the black animal print which 6:00 is what I should have bought but you 6:02 know you know when you're looking at it 6:04 I I was kind of looking up like what 6:05 what would I want to wear you know and I 6:07 I was gonna wear a hoodie I I always see 6:10 Kendall Jenner Kendall Jenner always has 6:12 like a hoodie on when she goes you know 6:14 when she would go to the end and NBA 6:16 games these are her boyfriend I don't 6:18 think he's I don't think she's still 6:19 with Devin Booker but she would wear 6:21 like a really cool hoodie with like his 6:24 jersey 6:25 you know and it was oversized tea and 6:28 fun and 6:29 and she'd get like the biggest size and 6:32 almost would you know and I've seen her 6:33 wear with jeans but I've also seen her 6:34 just like wear it as a like a kind of a

6:36 dress dress you know and I thought well 6:38 that's a cool and I never really thought 6:40 that when I was Googling like cool 6:42 outfit you know I came up with every 6:44 type of you know Google I must have 6:46 Google like 50 50 different things like 6:48 you know the Fashions because well 6:50 there's so many different things right 6:51 what do you what are your Staples that 6:53 you think 6:54 like if if people are thinking what am I 6:56 gonna wear what should I I mean what do 6:59 you think well I go for a little sequins 7:00 meets t-shirts which is what I've got on 7:03 now I love it a little pink dinosaur 7:04 T-shirt with um a white seguin Blazer 7:07 and some leather 7:09 this is kind of my style all wrapped in 7:11 one but very comfortable and still 7:14 um 7:16 I love it but I go for I mean I like a 7:20 skirt with a tee tied up with maybe a

7:22 little booty that's a good idea maybe a 7:24 moto jacket with a T-shirt and some 7:28 boyfriend jeans and sneakers kind of 7:31 look that's what it could be something 7:32 that I 7:34 think is easy and fun I think a lot 7:39 everyone has you know well usually you 7:41 have those boyfriend what I call them is 7:43 my you know the jeans the jeans that fit 7:45 that are look they give me a little bit 7:47 more you know room I gotta keep those 7:49 around right so but yeah I think that 7:51 that's just a little oversized fit with 7:54 you know 7:55 um even vintage teeth if you can find a 7:57 vintage like team t-shirt or sweater 8:00 I've seen some hilarious sweaters I mean 8:02 they're fun right but with and then put 8:04 them with some jeans that you know have 8:06 you know some ripped access to them let 8:09 us know I will definitely let you know 8:11 I also noticed track pants now I know

8:15 I'm thinking really but I saw them out 8:18 they were wearing the you know black I 8:20 have actually a pair of track pants that 8:22 are red with a white stripe on a style 8:25 and give website right now Pam and Gila 8:27 and they are really cute I was thinking 8:29 that's a cool idea like you know it's 8:32 super fun and sporty and you could throw 8:34 a heel with it and a t-shirt who I 8:36 didn't think about the heel I like that 8:37 that's a really good idea so yeah I that 8:41 was something that I really didn't you 8:43 know I was thinking like wait a minute 8:44 that's that's a possibility just seeing 8:48 like you know looking at pictures online 8:49 that's what I came across as track pants 8:51 thinking oh yeah but I didn't think 8:52 about the heel and I think that's a 8:54 great idea 8:55 um Sporty Spice I was also thinking like 8:57 you know you could also do like a 8:59 bodysuit with jeans and then add the fun

9:01 colored belt right yeah yeah like if you 9:05 have a red belt or if you're you know 9:07 more of an Eagles fan and you want to do 9:09 like is it green are they great we're 9:11 gonna have to look at that terrible look 9:13 we're talking about fashion but whatever 9:15 expands and some people probably want to 9:18 wear you know you know their 9:20 their steam colors you know but I'm just 9:22 thinking of a fun belt that would be 9:23 that would be cool and then um yeah 9:26 studded though it would be cool yes with 9:29 the combat boots I love that 9:31 I love that and I guys just an FYI I 9:34 switched the laces out in my combat 9:35 boots and I usually they were black and 9:37 I put a really cool lvory uh pair on 9:42 them I love this just to give it a 9:43 little boost and so like FYI you know I 9:46 actually still own yeah these are wagon 9:48 bone one of the best purchases I made 9:50 but they've been in my closet you know

9:52 they come around every year it's like 9:54 well let me get this message yeah I 9:56 could put a dress on with them you know 9:58 that they'd be fun with like an oak like 10:00 if I went and got really oversized my 10:02 homes like you know Jersey and like wore 10:06 a dress even with that you know I like 10:07 it but maybe I can think about that it 10:09 gives a little like girly Vibe with that 10:21 um I also was looking up some things 10:24 that people were thinking about doing 10:25 socks they were thinking of like do it 10:27 with Birkenstocks which really got me 10:29 because I love my Birkenstocks and I 10:31 have the ones that are like uh that have 10:33 you know the the sherpa in them you know 10:35 like the really pretty fluffy oh yeah 10:39 that stuff and some people like oh if 10:41 you're not really like to dress up then 10:42 wear it get some cool like Chief socks 10:44 or you know Eagles socks and put them on 10:47 and I thought yeah that's an interesting

10:49 idea you know like I don't know get 10:52 behind it I don't think it's my style 10:54 but I think it's for someone's for 10:56 someone it may be me do it like I do 10:59 that like I love my Birkenstock but 11:01 anyway I just thought that that was 11:03 actually on someone's list that that 11:04 when I was Googling they're like this is 11:06 what you should do and I was like really 11:07 well I mean that's an option that I had 11:09 not thought of you know and not it's on 11:11 the couch Birkenstocks why not exactly 11:14 exactly and so I think you know that's 11:15 there's some fun ideas and hopefully I 11:18 know there's a store like you mentioned 11:20 I've been to Pink Dinosaur in Kansas 11:21 City 11:22 um Kindred is a great great shop they 11:25 have two stores 11:26 um and I know they got a bunch of 11:27 merchandise in because I was online last 11:29 night

11:30 um and looking at their Instagram and 11:31 they had a bunch of pictures so all fun 11:33 stuff I mean just pick yourself up 11:35 everywhere you go right now in Kansas 11:37 City there's Chiefs here oh yeah and 11:39 there's so many different types of 11:41 styles and um some of it does I saw one 11:44 black sweatshirt and it had she saw it 11:46 you had to kind of look like it didn't 11:48 look like an actual you know NFL Chief 11:51 shirt and I was like oh that's a cool 11:53 graphic oh wait that says cheese I just 11:55 gotta find Chiefs in it see that's my 11:57 kind of tea exactly exactly so it was 11:59 pretty cool so I didn't even notice that 12:00 you know that was that was a fun thing 12:02 so now that we've talked about what to 12:05 wear let's talk about the halftime show 12:07 because that's what I'm looking forward 12:08 to I I know I'm looking forward to the 12:12 Chiefs playing because obviously they're 12:14 like our home team but I mean

12:18 yeah 12:19 Rihanna what is she gonna okay first of 12:22 all she hasn't let's talk about she 12:24 hasn't done an album since 2016. and 12:26 that's what Moses like the promo the 12:29 promo which I watched I had watched it 12:31 before was like it's been 2 300 days 12:35 since you know and she comes out in a 12:38 Saint Laurent I looked it up amazing 12:40 halter wool cat suit okay with some 12:44 Versace Resort 12:46 um like amazing double 12:48 Buckle heels stiletto heels that had a 12:52 curve in them I mean I mean get it girl 12:54 it was actually amazing so and I know 12:57 like her stylist so I looked it up first 13:00 of all she only has 12 to 14 minutes and 13:02 that's not long enough that doesn't seem 13:04 long enough at all no I'm not happy with 13:06 that and I know they got 28 minutes 13:08 total 28 to 30 minutes I'm like can we 13:10 extend this because there's just so much 13:12 there's so many songs there's some 13:14 hidden people coming out I have a 13:15 feeling who okay well my list but well 13:18 yeah yeah I'm gonna go into the collapse 13:20 but I think okay I know that I had 13:23 looked this up that last year she had 13:26 been checking out with her stylist 13:29 um his name is Jaleel Weaver I guess 13:31 that they had been 13:33 to Dior Gucci and off-white and were 13:36 like asking around houses for ensembles 13:39 and I think she's going to just I don't 13:42 think she's going to win wear just one 13:44 designer I think she's going all over 13:46 the place yes and I and that's what I I 13:48 and they're asking for Unsolved so 13:50 that's what I'm excited about how many 13:51 changes is she gonna make is she gonna 13:53 wear one outfit and then put is she 13:55 gonna start with a Coke take the coat 13:56 off I don't know I think there's at 13:58 least gonna be three three to four

14:00 outfit changes she's got two I think 14:02 yeah I believe that she's done she's 14:04 yeah she's gonna be awesome and the 14:06 jewelry I know she's gonna like and this 14:09 is what I love about Rihanna she loves 14:11 to like it's not just one necklace it's 14:14 like I'm gonna put 50 on yeah like on in 14:17 the promo yeah she had um and I loved it 14:20 because there were crosses everywhere 14:21 like it was like just it was like taking 14:24 up her whole neck but I just it was it 14:26 was beautiful like she looked fantastic 14:28 her hair was like a piece of art 14:31 um it really was it's a piece of art and 14:33 so yeah I mean I'm super pumped to see 14:36 what she's wearing it's great for so 14:38 many different ages as well like yes 14:42 kids now know her we know her I mean 14:44 she's been around for a while it's a 14:45 good 14:46 I don't know it's just a good mix of 14:48 everyone's interested in watching her

14:50 well and you know she took some time off 14:52 she started Fenty Beauty she's now my I 14:56 guess a Forbes said she was like the 14:57 youngest I thought Kylie was the 14:59 youngest billionaire but no she is she 15:01 owns 50 of Fenty which I didn't know and 15:04 Mr products by the way I I have go get 15:07 her lip glosses okay the highlighter and 15:09 now and I is the megawatt like the now 15:12 you know I I get I'm a little older so 15:14 yeah I gotta be careful with the 15:15 highlighter but it is beautiful and she 15:19 her products are amazing 15:21 um I haven't used all of them but I have 15:23 heard I heard lip gloss the lip glosses 15:26 um and then the like the highlighters in 15:28 the eye there's she's got so much she's 15:30 got so much and also the primer I've 15:33 heard really good things and don't worry 15:34 guys because we're gonna have a whole 15:35 episode on beauty oh we're bringing it 15:37 to you it's gonna be really fun

15:40 um and Tara's daughter's gonna be in on 15:43 it and she's she's gonna come give her 15:44 little two cents and I know that she's 15:46 well she probably know more than 15:47 anything 15:48 a lot more than me so so I know let's 15:51 get back to Rihanna what is she going to 15:54 sing 15:55 thank goodness well no song is a bad 15:58 song in my eyes from her I love every 16:00 song of hers I know 16:03 umbrella umbrella SOS 16:06 I got Dancing With Me Take A Bow live 16:08 your life with T.I work with Drake I 16:11 don't know what she's gonna do stay 16:13 don't stop them don't stop the music 16:15 please don't stop them oh I Serbia oh 16:18 gosh I love that Disturbia 16:21 um the only girl in the world I mean we 16:22 have so many We Found Love with Calvin 16:24 Harris the thing is that would be a good 16:26 collab so I think that that's going to

16:28 be with rude boy Rude Boy 16:31 that's just catchy you know so like 16:34 she's got 14 to 16 minutes I'm hoping 16:36 that I Know Jay-Z is producing a rock 16:39 nation is producing it I know that uh 16:42 with Roc Nation Apple music is is 16:45 that I think doing the other sponsor at 16:48 Apple music halftime show right right 16:49 yeah they're doing sponsorship and you 16:51 know I think that I know Jay-Z's gonna 16:53 be in right because he's one so number 16:56 one he's definitely doing it 16:58 I would love to see Eminem you know he 17:01 was there last year right I mean he's 17:03 they've done a few songs 17:05 Coldplay they did a song with her I mean 17:08 I don't know Drake Kendrick Lamar I 17:10 don't know about drinking because that I 17:13 heard well did they have a falling out 17:14 are they still are they friends back 17:16 because you know she's with ASAP Rocky 17:19 right and she has a baby with him and

17:20 like she just had a kid may like last 17:23 may she had a baby boy so like she's 17:24 really she's got herself in shape and 17:27 ready to you know dance for and sing for 17:30 12 to 14 minutes that's two I can only 17:32 do two minutes I'm done right but I 17:35 think it's gonna be yeah it's gonna be 17:37 interesting I think it's gonna be 17:38 Shakira oh 17:40 Jeezy is that how you say that I think 17:43 that's how you say that cheesy yeah okay 17:45 like correct me if I'm wrong future I 17:48 guess there's a lot Calvin Harris I 17:50 think I think Calvin Harris would be 17:52 great 17:53 that I think there's gonna be some 17:54 really really good ones and I'm I'm 17:56 super pumped for that I'm just I cannot 17:58 imagine what's gonna happen 18:01 um but that's really something that I'm 18:02 looking forward to I'm also looking 18:04 forward to the food that I'm going to be

18:06 eating 18:08 so it's my one day I'm like I'm eating 18:10 everything give me all the food I know 18:12 give me all the dips well and I I made a 18:15 list okay because that's the thing I did 18:18 I made a list of like my like things I 18:20 remember going to parties and eating and 18:23 and you my list was long I know you're 18:25 probably right I like chili and buffalo 18:27 wings you know all the things all the 18:30 all the things my girlfriend Irma makes 18:32 this amazing sausage 18:34 uh queso fresco dip with Fritos I need 18:38 to call her shout out to Irma hagera she 18:41 I mean I I can't get that dip off my 18:43 mind 18:48 which is amazing and then like sliders 18:52 meatballs loaded potato skins 18:55 you know like there's so much like what 18:56 else do you think I like the cheese 18:58 boards give me all the that's a good 19:00 idea I like the buffalo chicken dips um

19:02 I like the taco bar 19:04 it's easy yeah I want something that I 19:07 am like okay I don't just want I don't 19:10 like meat right so so that would be a 19:13 good option like Street I've read 19:15 something about street tacos which I 19:17 think is like three tacos and margaritas 19:19 yeah and throw some radishes in there 19:21 like like I'm like no that's the 19:23 vegetables right I know and then I was 19:26 thinking like okay this is something I 19:28 definitely want the bacon wrapped 19:29 jalapeno poppers or just jalapeno 19:31 poppers in general 19:33 me too I like it spicy do you like spicy 19:37 okay okay that's why we're really good 19:40 friends okay maybe next week 19:44 I love that um Rotel dip seems to be 19:46 like something that if if you don't have 19:49 it like it's 19:50 like I don't know it's missing yeah 19:51 that's how I have a sausage or the

19:54 spinach to it you have to have it yes I 19:56 feel the same way I feel like that and I 19:57 even have that just on regular like when 20:00 you're watching football like that's 20:01 like you know if I if I have that I'm 20:03 happy I could eat the whole I'm not 20:05 gonna go into that but I do really feel 20:07 really good when I eat it I love that 20:09 and then pigs in a blanket that's like 20:12 old school old school but everyone loves 20:14 it kids and the kids yes I don't get a 20:16 little protein in there and you're good 20:17 I just was talking to a friend and she 20:18 mentioned um 20:20 pigs in a blanket rolled in the 20:22 everything bagel seasoning oh that 20:25 sounds delicious 20:26 maybe we should try it I would 20:28 definitely have you guys tried that I'm 20:31 sure that sounds really really good 20:32 that's a good yeah and it just it like 20:34 levels up you have a little level up on

20:37 that you know I love that that's really 20:38 good and then desserts what was I 20:40 thinking I I looked and there was like a 20:42 fruit platter which you had mentioned 20:44 but do like the marshmallow dip which I 20:46 was like okay that might be that's fun 20:48 be fun you know also people like to 20:51 color coordinate with the the colors so 20:52 we have to think of some Reds and whites 20:54 and gold 20:56 oh that's a real I didn't even that 20:58 didn't even cross my mind well after 20:59 seeing this amazing and you well you 21:01 can't see this listeners but I have a 21:03 tray in front of me that has 21:04 strawberries these look like are these 21:07 like a raspberry scone oh my goodness 21:10 I'm gonna have one of those later 21:11 and then and some 21:15 they're not macaroons 21:19 we're like they look beautiful it looks 21:22 like a shell

21:24 listeners will be like we know exactly 21:26 what it is but no those are absolutely 21:28 gorgeous I can't wait to have one of 21:29 those too okay a football Pate what do 21:31 you think would you make one 21:33 oh yes I would make one for my kids and 21:36 maybe 21:37 not bring it to my party because because 21:39 I'm not a great baker I'm sorry the 21:42 thing is is to get the actual like do 21:44 they you have to cut it or do you I'm 21:46 sure there's the morning it's not you 21:48 don't bring it to the party cut you cut 21:49 it at the party oh well for sure but I 21:51 was just thinking how to make it into a 21:53 football like if you were like yeah if 21:55 you you got to get a football or I'm 21:57 sure um watch the baking a baking show 22:00 because that's what they do right oh my 22:02 goodness 22:05 um Strawberries dipped in chocolate and 22:07 then you put white chocolate stripes on

22:10 the strawberries oh and make them look 22:13 like a football I can do that and then 22:15 you can put them on top of a cupcake I 22:16 saw that oh gosh because then if someone 22:19 like my son doesn't like chocolate so he 22:21 would immediately go I don't want that 22:22 on there but if there's a white cupcake 22:24 underneath it's all game Teddy's in you 22:27 know wow 22:28 chocolate either icing I saw an Oreo 22:33 cheesecake football 22:35 and I'm telling it it I'm sure it tastes 22:37 great right but it didn't look 22:40 necessarily like you know I'm thinking 22:42 like Cheesecake Factory the perfect cut 22:44 you know it's coming out like a football 22:46 and it's looking you're like is that a 22:49 cheesecake but I'm sure it's delicious 22:50 right really good it's probably a 22:53 interesting one and then my favorite I 22:55 love Chex Mix and I hadn't thought to do 22:57 it in a slow cooker oh what yeah okay I

23:01 read about this like last night again I 23:03 was thinking like oh that's a smart idea 23:04 like I like you just it makes it so much 23:07 easier it's warm right and then let's 23:09 hear this I I don't know I mean my my 23:12 mom always would make us check Chex Mix 23:14 but I guess like that's a really cool 23:17 like little you know people like maybe 23:19 they don't want to eat they just like I 23:20 just need this little snack right now 23:22 look at that oil powder like the well 23:25 I've heard it called like Puppy Chow 23:26 right that's different than the Chex Mix 23:29 so it's just like the Chex Mix and I 23:31 think there's some seasoning on it and 23:32 it you know like it's just 23:35 and they warm it up it's just supposed 23:38 to be good I will forward that recipe to 23:40 you my I bring that you know just 23:42 imagine it sounds like something I can 23:43 make you know everybody's thinking 23:45 you're gonna come in with a Rotel dip

23:46 and that you know that in that cooker 23:48 and then you're like oh guys guess what 23:50 I have here I've got you know I've got 23:52 this Chex Mix and they're like oh thanks 23:54 well yeah because they're like we 23:56 already had nuts and cheese and 23:57 everything else but I do think that you 23:59 know that's that's what I'm looking 24:01 forward to I know ribs too 24:06 the chicken fingers the Ribs Right 24:08 Kansas City Barbecue you know I feel 24:12 like a lot of parties in Kansas City 24:14 that's they're gonna you know like 24:16 they're gonna cater in some they're 24:18 gonna do it I I feel like that yeah and 24:21 I mean it's not Okie Joe's anymore it's 24:23 Kansas City is it Kansas City's barbecue 24:26 I don't even know that that place has 24:28 the best ribs I love that it's out on 24:30 119th and row 24:33 I think there's another location too at 24:35 a gas station but I mean it would be so

24:38 packed there at the gas station that it 24:40 would go around you know around and 24:42 people would wait and then they'd be 24:43 like there's something out of chicken 24:46 go crazier but yes no the barbecue I 24:50 definitely think that's gonna be do you 24:51 like where I'm here oh yes you do oh 24:54 come on I'm like I might have ribs for 24:56 dinner like I don't know like after this 24:58 it might be something that I have like I 25:00 just love it you're not big on it I'm 25:02 not a big barbecue because you have a 25:03 ham sandwich 25:06 is that that kind of picture a turkey 25:10 that's what you can have a smoked turkey 25:13 you know on and it can be boneless 25:16 you just have turkey on the side see 25:18 that's it 25:19 it's kind of cheese and they even have 25:21 spicy barbecue sauce because you like 25:23 that so okay sold and it's done done I 25:27 think that's good you know that's good

25:28 well I mean who's gonna win this game 25:31 I mean we are winning this game I know 25:34 that's what I'm saying the Chiefs are 25:35 gonna win that's why I'm forecasting 25:37 though and we're excited we're excited 25:39 for the game and you know next week I 25:42 guess 25:42 yeah we're gonna be talking about you 25:44 know we're going to be on a totally 25:45 different topic we're going to be 25:47 talking about trends clothing trends in 25:50 2023 styles that are coming out you know 25:54 what what you can look forward to in the 25:56 spring you know what you should be 25:57 buying and I think this is a good thing 25:59 you know it's end of the season right 26:00 now time to be thinking about this plan 26:02 ahead a little bit and new stuff is 26:04 coming out right like I was seeing some 26:06 amazing cargons we have some amazing 26:08 Cardigans like on our scientist style 26:10 stylingive.com that are super low in

26:14 price that are great buys to pick up 26:16 right now and I know I'm looking around 26:17 too on a lot of different other sites 26:19 and I'm seeing these amazing deals on uh 26:22 good pieces and I know next week we're 26:24 going to talk a little bit about that 26:26 um you know Styles Trends colors the 26:28 collections you know just for the rest 26:30 of the year like what are the perfect 26:32 time to buy for the year yeah I can't 26:35 wait to hear what I can't wait to hear 26:36 what I need to pick up because I know 26:38 you're going to have that list I have 26:39 some some good stuff coming for you oh I 26:41 love it so as we leave you today we hope 26:43 this podcast has helped you in some way 26:46 generate your creativity I mean we 26:49 definitely generated ours we encourage 26:51 you we always call your friends you know 26:52 call your friends talk to your friends 26:54 we hope we added a little bit more 26:55 happiness into your day uh just a

26:58 reminder if you need to get styled or 26:59 you need a closet edit or you just need 27:01 to go shopping check out Tara 27:04 cogginstyling.com and for your circular 27:06 fashion needs you can look at 27:07 styleandgive.com you can also follow us 27:10 on Instagram we're on Tick Tock or you 27:12 know we're busy we are busy we're all 27:14 over the place we're busy so join us for 27:16 fashion talk Life as We Know It 27:18 hilarious commentating and of course our 27:20 high dose of positivity and as we leave 27:23 you today remember we are all one and we 27:26 all have a story and we're all just 27:28 really looking to connect so we'll see 27:30 you next week see you next week