



“Putting a smile on the patient’s face after a treatment makes it all worth while” says Justin Mansour.

Managing Director of Sole-Lution Podiatry, Justin says Podiatrists are challenged with rare diseases often. When asked to give an example. Justin said I am currently treating a patient with Ichthyosis. Ichthyosis refers to a group of skin disorders that lead to dry, itchy skin that appears scaly, rough, and red. The symptoms can range from mild to severe. Ichthyosis can affect only the skin, but some forms of the disease can affect internal organs as well. Justin says dealing with rare diseases can be challenging but greatly rewarding.

Justin explained regardless of the disease state of the patient, Podiatrist need to be always listening and watching everything the patient says and demonstrates.

Justin started his studies in Medical Science at the University of New South Wales, completing his Bachelor’s degree with majors in both Neuroscience and Pharmacology. He then went on to complete his Bachelors of Health Science and Masters of Podiatric Medicine at Western Sydney University. Justin enjoys all aspects of podiatry, including nail care/skincare, heel pain, sports podiatry and diabetic management. He has developed his clinical skills training under Sydney’s leading health practitioners in podiatry, sports medicine, and podiatric surgery.

Plantar fasciitis is the most common issue seen by Justin on a daily basis. Justin said he uses a combination of massage, dry needling, stretches and exercises to treat it at [Solu-Lution Podiatry](#).

Justin is a keen character as he reflects on his career he says “as soon as I finished university, I opened up a clinic immediately as I never liked the idea of working for someone else. I hated the idea of pushing for more consultations when they weren’t needed. I’ve now been open for 8 years and our mission is to create a community of healthy and happy individuals in our local community of Petersham NSW.”

When asked what change would you like to see in the industry of Podiatry, Justin said “he would love to see recognition by Medicare with an increased funding for mobility. Justin believes this will reduce the burden on the health care system.”

In keeping up with new advanced technologies, Justin uses 3D scanning for Orhtotics.

Justin’s Favourite product is the [Urebalm Cream](#) and Dr. Remedy Nail Polish.

When asked what is the best advice you have ever received Justin’s Reply was a classic and a simple one “God rewards those who work hard”