

Anthony Sharkawi aims to please at Lystra Podiatry



At the young age of 14 Anthony Sharkawi was playing national level premiere league soccer, and was announced as Australia's most promising soccer player on 7NEWS television program Today Tonight.

Born in South Australia, Sharkawi completed his Bachelor's degree and was walking the path to becoming a successful architect when an opportunity presented itself in New South Wales ...in the field of podiatry.

Conflicted, and at crossroad as to what career to pursue, he called on a childhood friend named Andro for some life advice. "Make a decision with no regrets," advised Andro and that is exactly what Sharkawi did, when he

made the decision to choose podiatry.

"I was welcomed into the Schwarz family medical practice straight out of university, and started a clinic within that practice known as Lystra Podiatry with my brother Andrew (who is also a podiatrist). We have been in business over a decade now," Sharkawi said.

Quality service and patient care are unequivocally guaranteed at Lystra Podiatry based in the heart of Elderslie in New South Wales, and achieving the best outcome for each of his clients is of supreme importance to Sharkawi.

"I attribute achieving optimal patient results by prioritising my professional development and attending podiatry conferences and seminars around Australia. I also work closely with General Practitioners and nurses to ensure my patients receive the full circle of treatment options available, so we can accurately diagnose, treat and deal with their problems or concerns. Our clinic being embedded within a Medical Centre certainly helps with this" Sharkawi smiled.

Certain characterises are vital as a podiatrist according to Sharkawi, "you need to have patience, communication skills, a well-rounded knowledge of podiatry, hand-eye coordination and a genuine care for people to be successful in this business," he said.

Some of the services at Lystra Podiatry include:

- Orthotic therapy
- Sporting injuries
- Diabetic assessment
- Biomechanical assessment (which involves a thorough examination of how a person's joints, muscles, ligaments and tendons move to find out the root cause of the pain)
- Wound management
- Paediatric podiatry
- Footwear assessment

The most common issues Sharkawi diagnoses at his clinic are corns, warts, ingrown toe nails, fungal infections, plantar fasciitis (heel pain) and Archilles tendinosis (an injury of the Archilles tendon which connects the calf muscle to the heel bone).

The best advice Sharkawi has ever received is that you can't please everyone, although he adds "of course this doesn't mean you don't try your best".

Sharkawi is well known for his outgoing personality, putting his patient's at ease, and his kind and energetic nature.