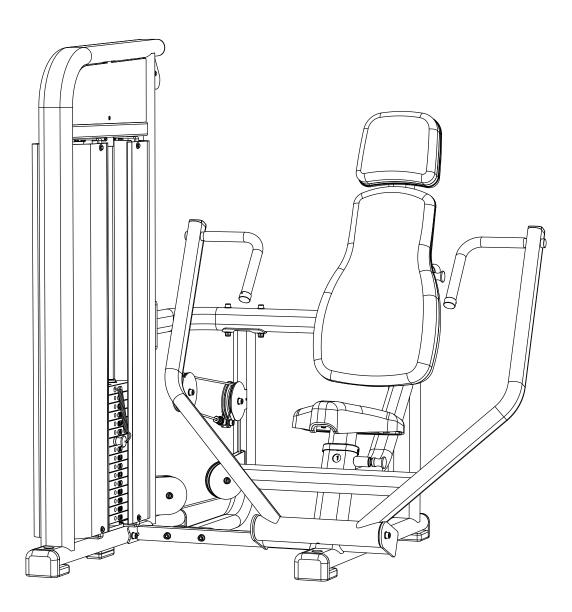
ASSEMBLY INSTRUCTIONS

PLATINUM SERIES

CHEST PRESS PIN LOADED MACHINE

SKU: CPL-CHP-1092





CAUTION: Read all precautions and instructions before using this equipment. Save this manual for future reference.



CONTENTS

02 General warnings and maintenance advice

03-10 Assembly Instructions

Explained as a series of steps, with each step containing:

- Pictures, descriptions and quantities of the parts required
- Notes
- Diagram showing how the parts fit together

11 Part List

Assembly Instructions Before Your Begin

This exercise equipment is built for optimum safety. Be sure to read the entire manual before you assemble or operate your equipment. Please note the following safety precautions:

1. Keep children and pets away from the equipment at all times. Do not leave children unattended in the same room with the equipment.

2. Only one person at a time should use the equipment.

3. If the user experiences dizziness, nausea, chest pain, or any other abnormal symptoms STOP the workout at once. CONSULT A PHYSICIAN IMMEDIATELY.

4. Position the equipment on a clear, level surface. DO NOT use the equipment near water or outdoors.

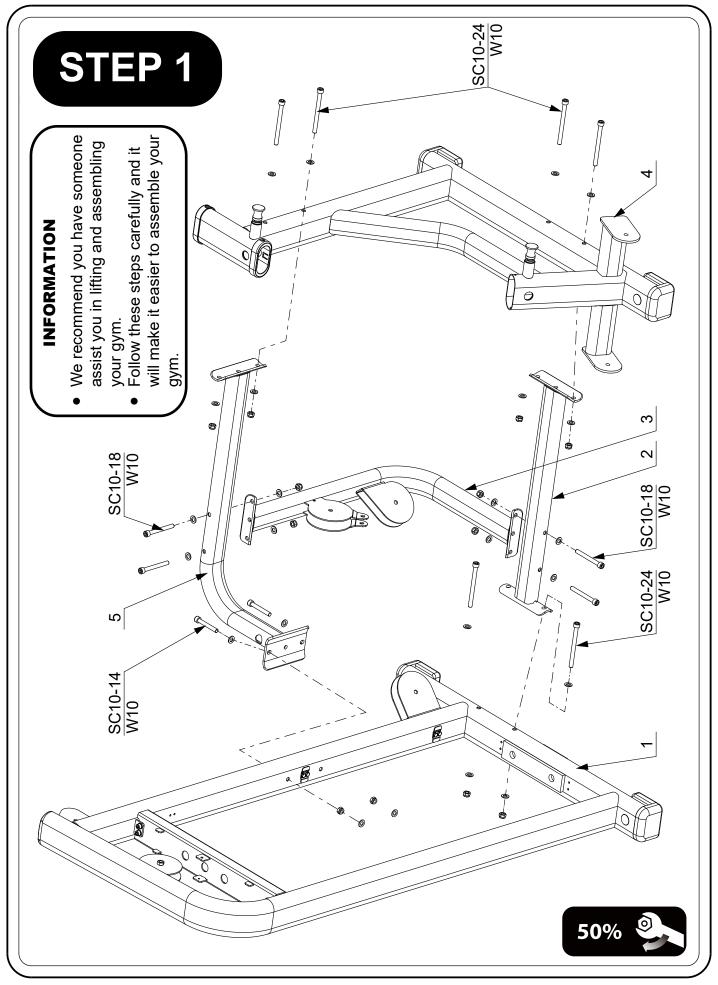
5. Keep hands away from all moving parts.

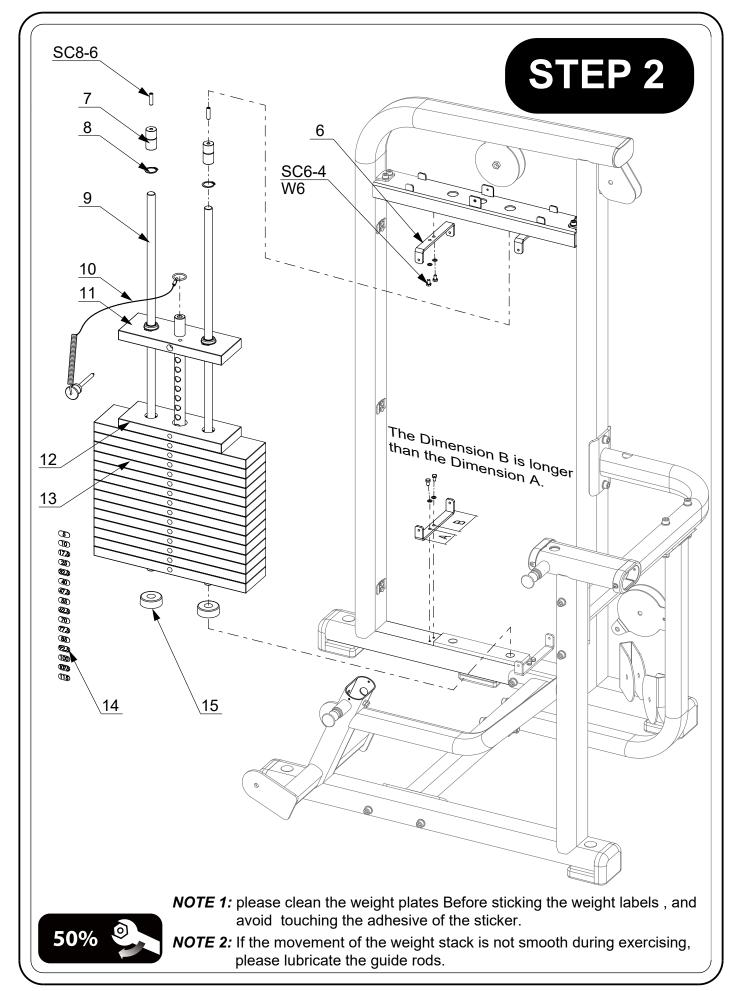
6. Always wear appropriate workout clothing when exercising. DO NOT wear robes or other clothing that could become caught in the equipment.

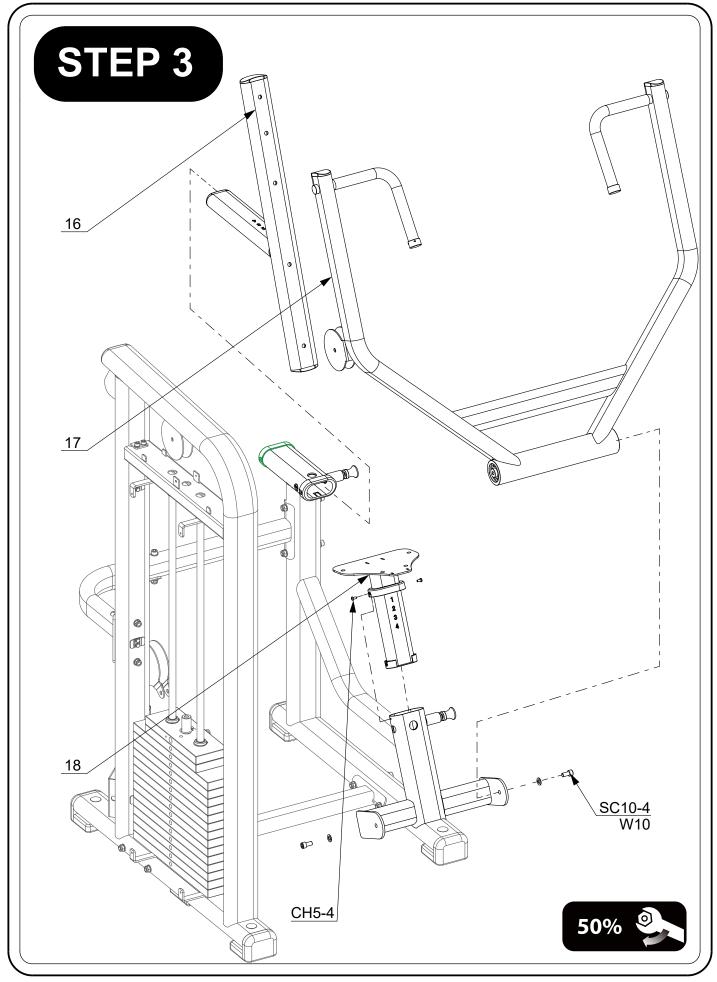
7. Use the equipment only for its intended use as described in this manual. DO NOT use attachments not recommended by the manufacturer.

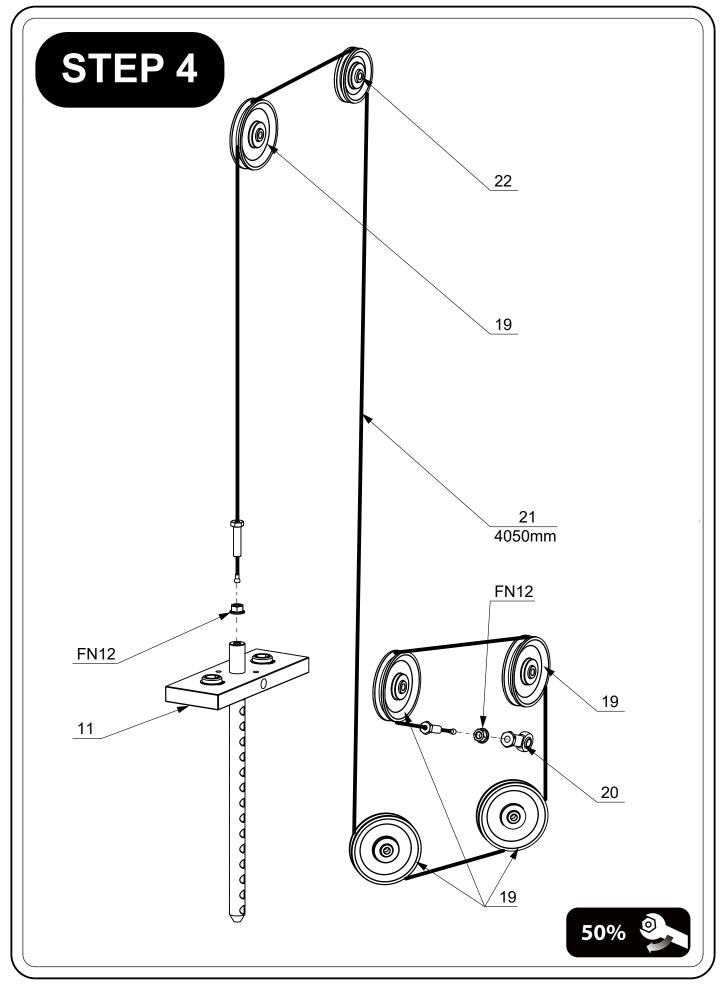
8. Before using the equipment, always do stretching exercises to properly warm up.

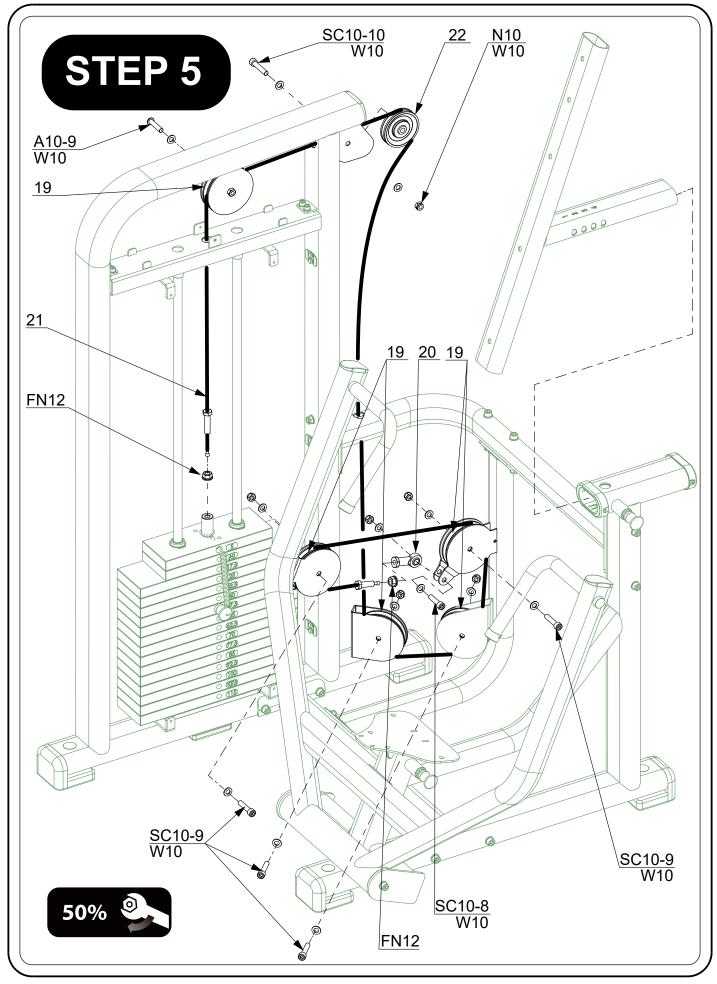
9. Never operate the equipment if the equipment is not functioning properly.

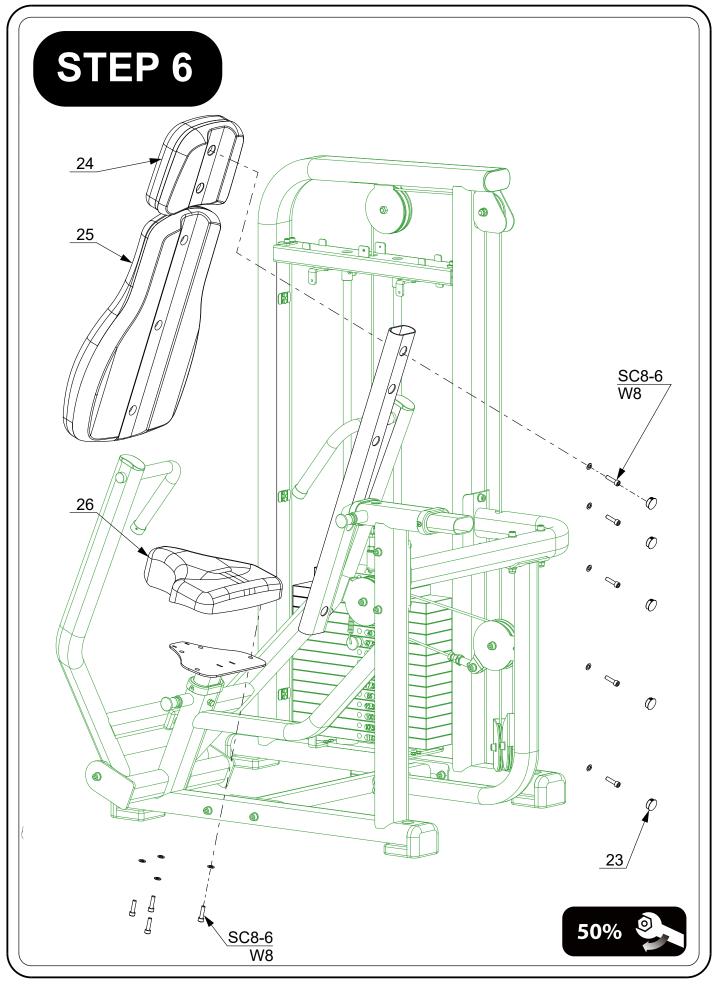


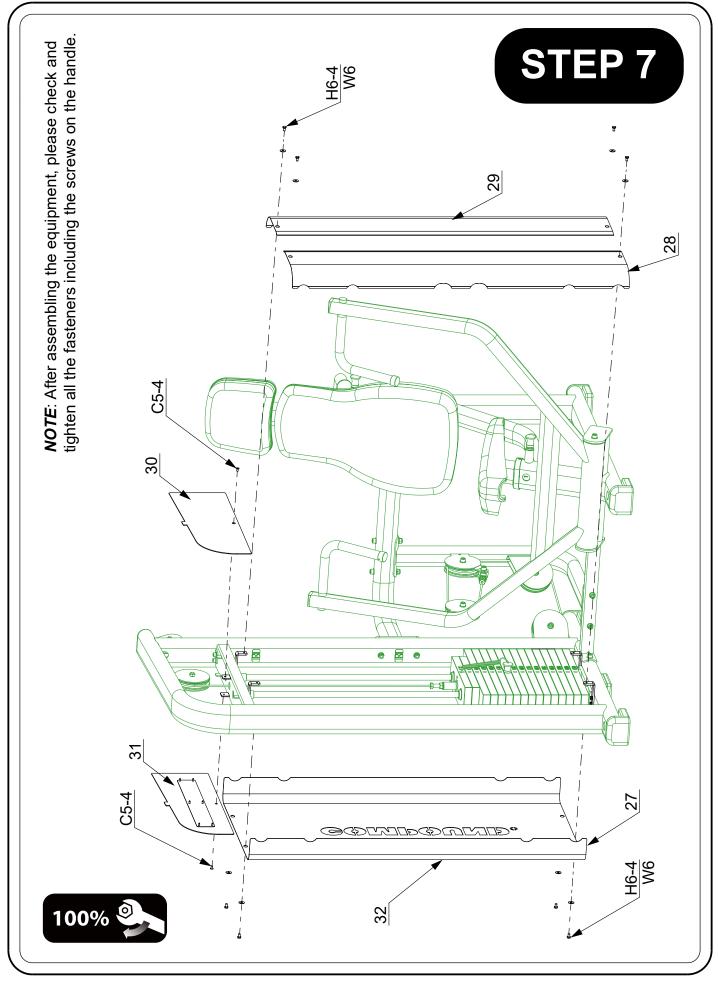


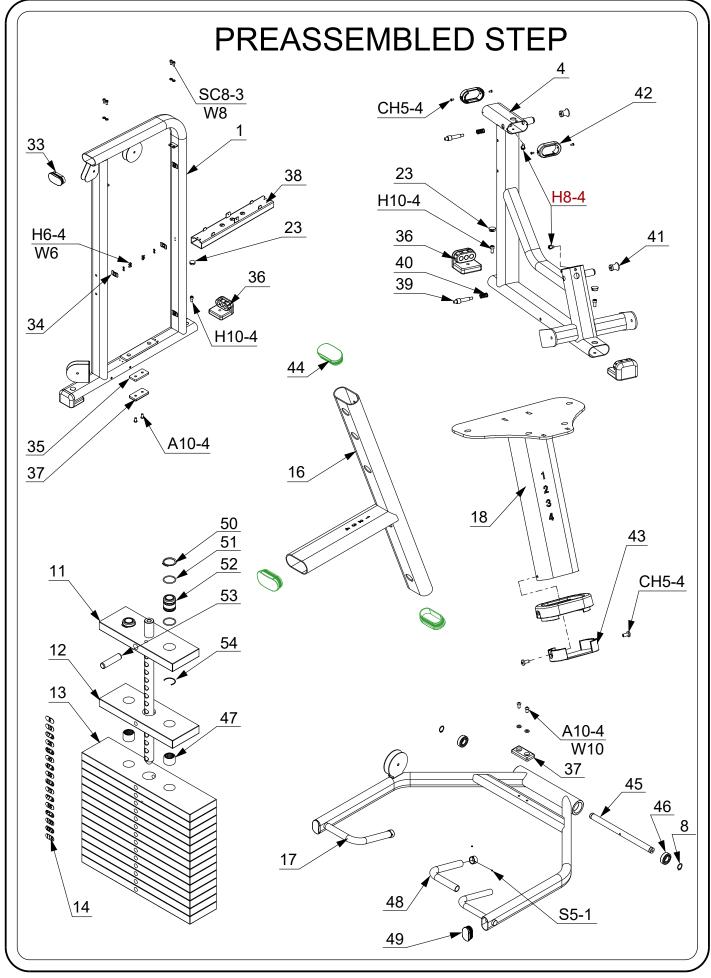












PARTS LIST

PART	DESCRIPTION	QTY
1		1
	Weight Stack Frame	1
2	Bottom Connection Tube	
3	L Support Tube	1
4	Seat Frame	1
5	L Connection Tube	1
6	U Plate	4
7	Rod Retainer	2
8	Retaining Ring D25	4
9	Guide Rod	2
10	Weight Pin	1
11	Top Weight Plate	1
12	Weight Plate 5 Kg	1
13	Weight Plate 7.5 Kg	14
14	Weight Label	1
15	Rubber Ring	2
16	Back Rest Frame	1
17	Swinging Arm	1
18	Seat	1
19	Pulley D114	5
20	Joint Bearing	1
21	Cable 4050mm	1
22	Pulley D89	1
23	Hole Cap D25	9
24	Head Pad	1
25	Back Pad	1
26	Seat Pad	1
27	Back Lower Shield	1
28	Front Lower Shield 1	1
29	Front Lower Shield 2	1
30	Front Upper Shield	1
31	Back Upper Shield	1
32	Back Lower Shield	1
33	FE Tube Cap 50×100	1
34	Clamp Plate	6
35	Plate 8×50×100	1
36	L Rubber Foot	4
37	Rubber Pad 50×100	2
38	Upper Lateral Tube	1
39	Pull Pin	1
40	Spring	1
40	Knob	1
41	Outer Tube Bushing	3
	-	
43	Inner Tube Bushing	1
44	FE Tube Cap 40 × 80	3
45	Shaft D25 × 380	1
46	Bearing 6205	2
47	Weight Plate Bushing	30

PART	DESCRIPTION	QTY
48	Hand Grip	2
49	FE Tube Cap 40 × 70	2
50	Retaining Ring D32	2
51	Rubber Ring	4
52	Aluminium Bushing	2
53	Elastic Pin	1
54	C Ring	2
W6	Washer Φ6	20
W6B	Big Washer 6	9
W8	Washer 8	13
W10	Washer 10	41
N10	Nut M 10	19
A10-4	Allen Bolt M10X20	4
A10-9	Allen Bolt M10X45	1
C5-4	Countersunk Head Screw M5X10	2
H6-4	Hex Head Bolt M6X10	28
H8-4	Hex Head Bolt M10X25	2
S5-1	Socket Set Screw M5X4	4
S8-6	Socket Set Screw M8X30	4
SC8-3	Socket Cap Screw M8X15	4
SC8-6	Socket Cap Screw M8X30	9
SC10-4	Socket Cap Screw M10X20	6
SC10-8	Socket Cap Screw M10X40	1
SC10-9	Socket Cap Screw M10X45	4
SC10-10	Socket Cap Screw M10X50	1
SC10-14	Socket Cap Screw M10X70	2
SC10-18	Socket Cap Screw M10X90	4
SC10-24	Socket Cap Screw M10X120	6
FN12	Flange Nut M12	2
		1