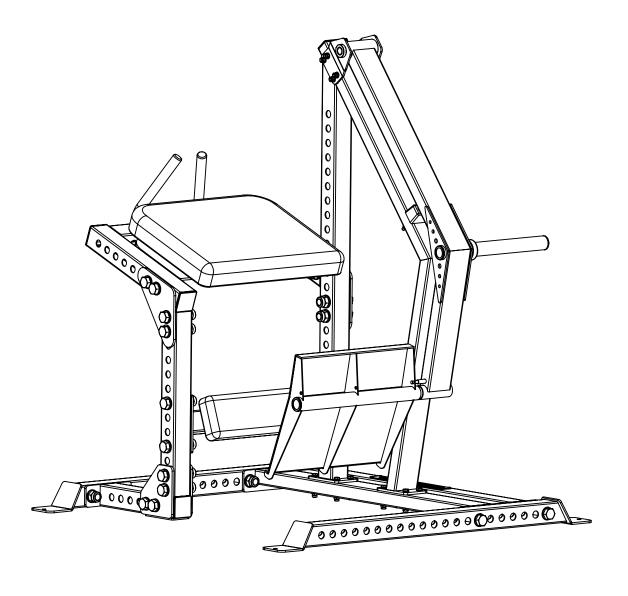
## PARTS MANUAL

### DONKEY KICK BACK CPL-DKB-2131



CAUTION: Read all precautions and instructions before using this equipment. Save this manual for future reference.

## CONTENTS

O2 General warnings and maintenance advice

03-07 Assembly Instructions

Explained as a series of steps, with each step containing:

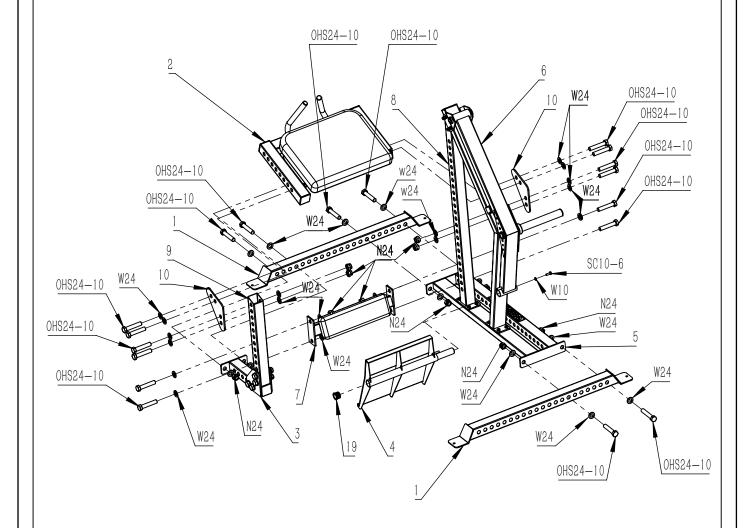
- ♦ Pictures, descriptions and quantities of the parts required
- **♦** Notes

08 Part List

# Assembly Instructions Before Your Begin

This exercise equipment is built for optimum safety. Be sure to read the entire manual before you assemble or operate your equipment. Please note thefollowing safety precautions:

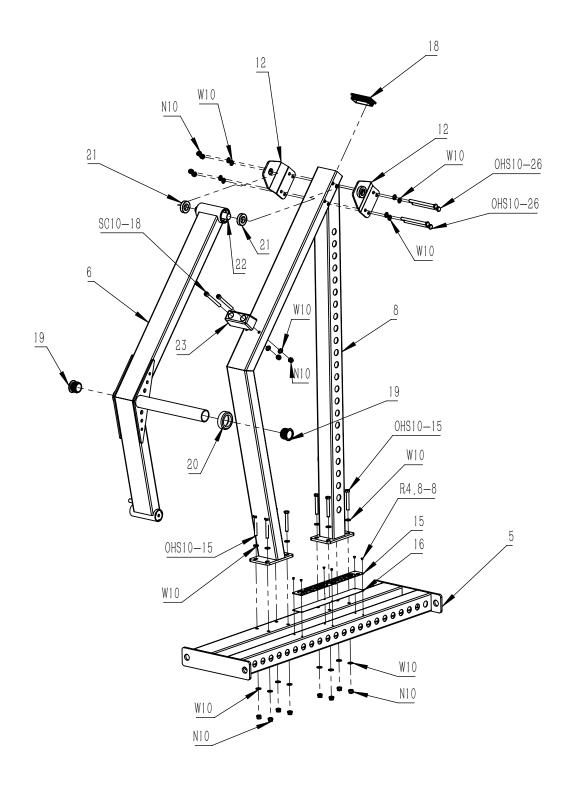
- 1. Keep children and pets away from the equipment at all times. Do not leavechildren unattended in the same room with the equipment.
- 2. Only one person at a time should use the equipment.
- 3. If the user experiences dizziness, nausea, chest pain, or any other abnorma symptoms stop the workout at once.
- 4. Position the equipment on a clear, level surface. Do not use the equipment near water or outdoors.
- 5. Keep hands away from all moving parts.
- 6. Always wear appropriate workout clothing when exercising. Do not wear robes or other clothing that could become caught in the equipment.
- 7. Use the equipment only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- 8. Before using the equipment, always do stretching exercises to properly warm up.
- 9. Never operate the equipment if the equipment is not functioning properly.



#### **INFORMATION**

- We recommend you have someoneassist you in lifting and assembling your gym.
- Follow these steps carefully and itwill make it easier to assemble your gym.

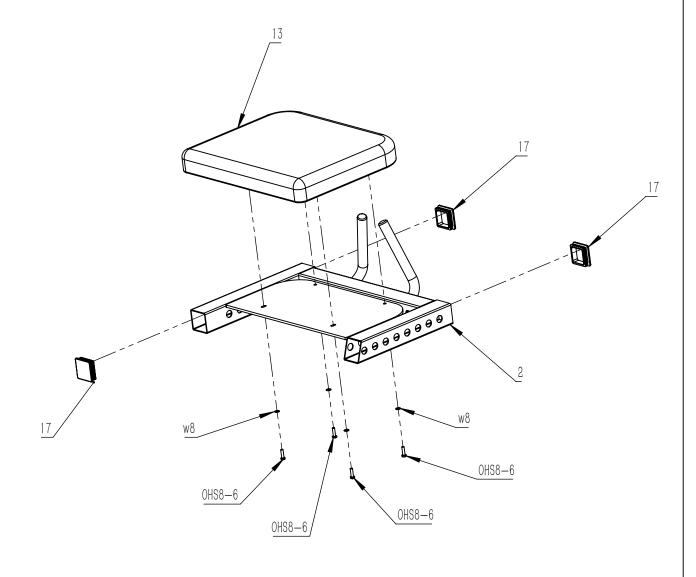
STPE 1



#### **INFORMATION**

- We recommend you have someoneassist you in lifting and assembling your gym.
- Follow these steps carefully and itwill make it easier to assemble your gym.

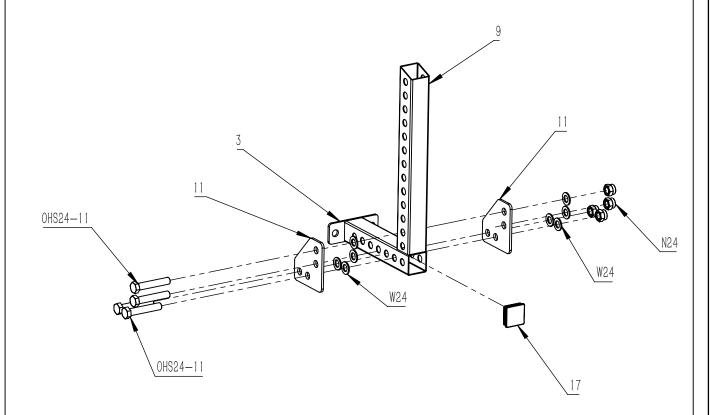




#### **INFORMATION**

- We recommend you have someoneassist you in lifting and assembling your gym.
- Follow these steps carefully and itwill make it easier to assemble your gym.

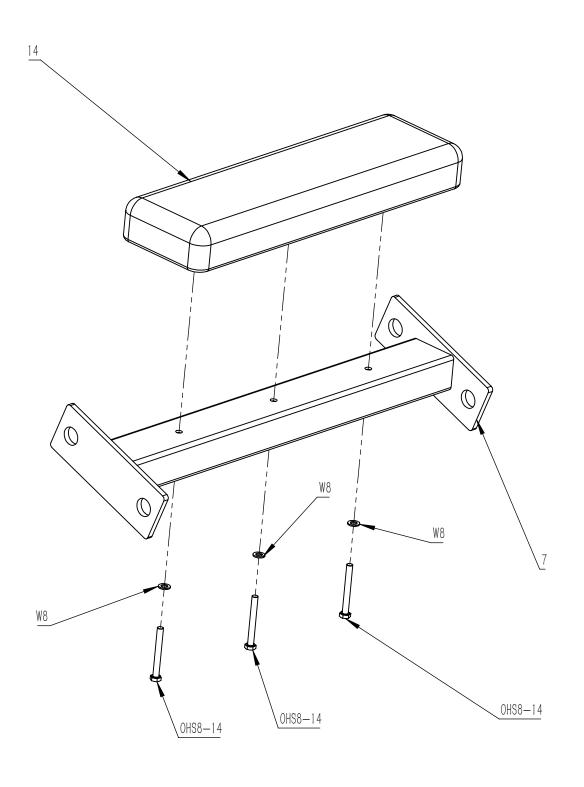
STPE 3



#### **INFORMATION**

- We recommend you have someoneassist you in lifting and assembling your gym.
- Follow these steps carefully and itwill make it easier to assemble your gym.





#### **INFORMATION**

- We recommend you have someoneassist you in lifting and assembling your gym.
- Follow these steps carefully and itwill make it easier to assemble your gym.

STPE 5

### PARTS LIST

PTRT#	DESCRIPTION	QTY
1	Bottom connecting beam group	2
2	Mat Set 1	1
3	Cross beam assembly 2	1
4	Foot connection group	1
5	Cross beam assembly 1	2
6	Movable arm set	1
7	Leg pad set	1
8	Riser group 1	1
9	Riser group 2	1
10	Reinforcing plate 1	2
11	Reinforcing plate 2	2
12	Reinforcing plate 3	2
13	Large cushion	1
14	Leg pad	1
15	placard	1
16	signboard	1
17	Rectangular plug 75*75	4
18	Rectangular plug 50*100	1
19	Round plug D48	3
20	sheath D48	1
21	bearing	2
22	shaft	1
23	Large Damping block	1
R4.8-8	Rivet M4.8*16	6
OHS8-6	Outer Hexagon Screw M8*30	4
OHS8-14	Outer Hexagon Screw M8*70	8
OHS10-6	Outer Hexagon Screw M10*30	1
OHS10-15	Outer Hexagon Screw M10*75	8
OHS10-26	Outer Hexagon Screw M10*130	4
SC10-18	Socket Cap Screw M10*90	2
OHS24-10	Outer Hexagon Screw M24*120	18
OHS24-11	Outer Hexagon Screw M24*130	4
W8	Washer ф8	12
W10	Washer $\phi$ 10	29
W24	Washer ф24	44
N10	Nut M10	14
N24	Nut M24	22

PTRT	DESCRIPTION	QTY