

GoodSleep^{co}

Dental Sleep Medicine Experience

2023 CONFERENCE

The first annual Good Sleep Co global conference will be held at The Dental City, Petaling Jaya, Malaysia. The course will cover concepts of sleep medicine and how Good Sleep Co is reshaping the future of treatment.

See over for more info. →

\$990_{SGD}
Early bird special

\$1290 SGD for
bookings made after
31 March 2023

9-11 June 2023

Book now



For any questions or to register,
email your name and contact number to:
hello@goodsleepco.health

Conference Topics

- Identifying patients
- Screening patients
- Testing patients
- Treatment options
- Expert panel
- Specialty lectures from



Dr Vyas Prasad



Dr Christopher Pantin



Dr Damian Teo



Dr Samintharaj Kumar

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CONFERENCE TOPICS

There will be 5 main sections following the introductory speeches and a recap on OSA and Sleep disordered breathing.

1

Identifying patients

- In consultations and in the waiting room
- Finding patients online and via physician referrals

2

Screening patients for risk of obstructive sleep apnea

3

Testing high-risk patients to confirm diagnosis of sleep apnea including:

- Sleep Image and how it works
- How to order and read a seep report
- How to deliver a sleep report

4

Treatment options for OSA

- How CPAP works
- Surgical interventions
- Mandibular advancement splints (MAD) mechanism of action
- Good Sleep Co MADs and when to use them

Breakout sessions

Scan and bite, creating a labcase in Resdent, objective titration and designing titration protocols, ongoing monitoring of patients using Sleep Image and how to use for clinical judgements.



Dr Vyas Prasad



Dr Christopher Pantin



Dr Damian Teo



Dr Samintharaj Kumar

Specialty lectures

Participants can choose two lectures from our featured experts.

Problem based learning and 'Ask the experts'

Two 2-hour case studies (run by the lecturers) where participants will rotate between four rooms working through cases start to finish.

- Screening the patient and assessing for OSA risk
- Using STOPBANG to determine suitability for test
- Testing the patient (setting up the test in ResDent)
- Reading the report, determining therapy
- Scanning the patient, taking the bite, fitting appliance
- Writing a titration protocol
- Ongoing monitoring



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