

LIFTMODE 47 W. Polk St. STE 100-241 Chicago, IL 60605

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CERTIFICATE OF ANALYSIS

Magnolia Bark Extract (Magnolia officinalis)

Material Lot #: 19041920 Manufacture Date: 04/19/2019 Country of Origin: China **Expiration Date:** 04/18/2022

Analysis Claim Result

Magnolol + Honoklol ≥95.0% 95.46%

Test	Claim	Specification
Appearance	White crystalline powder	Complies
Loss on Drying	<5.0%	3.05%
Residue on Ignition	<3.0%	1.02%
Bulk Density	45-55 g/100ml	Complies
Particle Size	100% pass 60 mesh	Complies
Heavy Metals	<u><</u> 5 ppm	Complies
Arsenic	<u><</u> 1 ppm	Complies
Cadmium	<u>≤</u> 1 ppm	Complies
Lead	<u>≤</u> 1 ppm	Complies
Aflatoxin	<u><</u> 5 ppb	Complies
Assay	<u>≥</u> 95.0%	95.46%
Total Plate Count	<u>≤</u> 1,000 cfu/g	Complies
Yeast & Mold	<u><</u> 100 cfu/g	Complies
E.Coli	Negative	Negative
Salmonella	Negative	Negative

Magnolia Bark Extract should be stored at or below room temperature in a tightly sealed durable container. Magnolia Bark Extract should be protected from excess heat, direct sunlight, excess humidity and moisture. Magnolia Bark Extract has a stable shelf life of 3 years from the date of manufacture when properly stored.



812 Meadowlark Lane, Goodlettsville, TN 37072 Telephone: 615-239-8604

Certificate of Analysis

Synaptent LLC 47 W Polk Street, 100-241 Chicago, IL 60654

Product Name	Magnolia Bark Extract	Product Lot Number	19041920
Report Date	06/05/2019	Laboratory Number	12077

Description	Method	Result
Identification	HPLC	Positive
Honokiol & Mangolol Assay	HPLC	96.5 %
Lead	ICP-MS	0.028 ppm
Arsenic	ICP-MS	<0.001 ppm
Cadmium	ICP-MS	0.005 ppm
Mercury	ICP-MS	0.008 ppm
Total Aerobic Count	Biolumix	<1,000 CFU/g
Yeast and Mold	Biolumix	<100 CFU/g
E. Coli	Biolumix	Absent
Coliform	Biolumix	<10 CFU/g
Salmonella	Biolumix	Absent

Michael Robil Michael Robil QA Auditor

Date

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Main Benefits

- Magnolia Bark is an ancient traditional remedy from traditional Chinese medicine used for reducing stress, promoting a relaxed state of mind, and supporting a healthy mood.
- Magnolia Bark Extract contains the biphenols Magnolol and Honokiol, which are highly effective at reducing stress and promoting vitality.
- Components of Magnolia Bark Extract may also be effective at stimulating natural anti-inflammatory activity in the body.

Main Cautions

- Side effects of Magnolia Bark Extract taken at the proper amount are minimal. Start at the lower suggested quantity to assess response.
- Magnolia Bark Extract may be unsafe to take during pregnancy. Do not use this supplement if you are pregnant.
- If you have any underlying medical conditions or are taking any medication, please speak to your doctor before using Magnolia Bark Extract.

Usage Tips

- A 0.625cc measuring scoop is included. One level scoop contains approximately one serving, or approximately **200 mg of Magnolia Bark Extract.** As a dietary supplement, take 1-4 servings 1 hour prior to desired sleep. Start at the lower suggested quantity to assess response.
- The negative effects of Magnolia Bark Extract are dependent on the amount taken, so use of a scale with 10mg/0.01g accuracy or better is highly recommended.
- Use of capsules, or mixing with tea, yogurt, apple sauce, or oatmeal may help make the powder more tolerable.
- This supplement is not intended to treat, diagnose, prevent, or cure any diseases. Consult your healthcare provider before use if you have a medical condition or if you are taking any prescription medications.
- It is safe to stack Magnolia Bark Extract with other supplements, so long as the amount consumed does not exceed the suggested serving size.
- The benefits of Magnolia Bark Extract are most effective when they are supported by a healthy diet and plenty of exercise.