



LIFTMODE
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CERTIFICATE OF ANALYSIS

Oleamide (Oleic Acid Amide)

Material Lot #: 0001358167
Country of Origin: United Kingdom

Manufacture Date: 05/20/2018
Retesting Date: 09/16/2021

Analysis	Claim	Result
Total Amide Content	$\geq 98.0\%$	99.41%

Test	Specification	Result
Appearance	Fine white powder	Complies
Melting Point	72-77°C	73.6°C
Amide Purity	$\geq 98\%$	99.41 %
Acid Value	0.00-1.00 mg KOH/g	0.15 KOH/g
Iodine Value	80-88 $\text{gI}_2/100\text{g}$	85.0
Color (hazen)	≤ 400	136
Moisture (wt%)	≤ 0.1	0.07

Oleamide should be refrigerated in a tightly sealed durable container.
Oleamide should be protected from excess heat, direct sunlight, excess humidity and moisture.
Oleamide has a stable shelf life of 3 years from the date of manufacture when properly stored.



812 Meadowlark Lane, Goodlettsville, TN 37072
Telephone: 615-239-8604

Certificate of Analysis

Synaptent LLC
47 W Polk Street, 100-241
Chicago, IL 60654

Product Name	Oleamide	Product Lot Number	0001358167
Report Date	09/17/2018	Laboratory Number	10825

Description	Method	Result
Total Fatty Acid Amide	HPLC	99.4 %
Oleamide	HPLC	45.1 %
Lead	ICP-MS	0.013 ppm
Arsenic	ICP-MS	<0.001 ppm
Cadmium	ICP-MS	<0.001 ppm
Mercury	ICP-MS	0.018 ppm
Total Aerobic Count	Biolumix	<100 CFU/g
Yeast and Mold	Biolumix	<100 CFU/g
E. Coli	Biolumix	Absent
Coliform	Biolumix	<10 CFU/g
Salmonella	Biolumix	Absent

Michael Robil

Michael Robil
QA Auditor

09/17/18

09/17/2018
Date

The result(s) stated in this report is only for the sample submitted. This report may not be reproduced in whole or in part, nor may any reference be made to the work, the result, or the company in any news release, public announcements or advertising without our prior written consent.

Main Benefits

- Oleamide is a naturally-occurring compound that is produced from oleic acid and is known to accumulate in the brain prior to sleep.
- Benefits of Oleamide include the ability to support healthy stress levels, promotion of healthy sleeping patterns as well as an increase in appetite.
- Oleamide is known to enhance GABA receptor signalling, which is associated with improvements in mood and stress-reduction.

Main Cautions

- It is not recommended to exceed the suggested serving size for Oleamide due to the relatively low number of human studies on this supplement.
- Oleamide is associated with a decline in locomotive function even at medium doses so users should not attempt to drive or to operate heavy machinery.
- Please speak to your doctor before using Oleamide if you have any pre-existing medical conditions or are taking any medication

Usage Tips

- A 0.15cc measuring scoop is included. One level scoop contains approximately one serving, or approximately **50 mg of Oleamide**. As a dietary supplement, take 1-8 servings 1-2 times per day. Start at the lower suggested quantity to assess response.
- The negative effects of Oleamide are dependent on the amount taken, so use of a scale with 10mg/0.01g accuracy or better is highly recommended.
- Use of capsules, or mixing with tea, yogurt, apple sauce, or oatmeal may help make the powder more tolerable.
- This supplement is not intended to treat, diagnose, prevent, or cure any diseases. Consult your healthcare provider before use if you have a medical condition or if you are taking any prescription medications.
- It is safe to stack Oleamide with other supplements, so long as the amount consumed does not exceed the suggested serving size.
- The benefits of Oleamide are most effective when they are supported by a healthy diet and plenty of exercise.

OLEAMIDE

