

WHAT TO EXPECT FOR YOUR OPEN WATER TRAINING

ORIENTATION

Prior to in water training, you will be scheduled for an orientation with an instructor to review all missed questions during your eLearning curriculum, we will go over gear sizing, and gear safety. Approx: 2 hours

DAY 1 - ALEXANDER SPRINGS	DAY 2 – DELEON SPRINGS	DAY 3 – SEASONAL-TBD
Swim and fin stroke review Gear assembly/maintenance Pre dive safety checks Confined water skills Post dive debriefing/skill review Gear disassembly/maintenance <p style="text-align: center;"><u>Time:</u> Arrive at 7am (please meet at front gate do not drive through gate if open)</p> <p style="text-align: center;"><u>Location Address:</u> 49525 County Road 445 Altoona, FL 32702</p>	Gear assembly/maintenance Pre dive safety checks Intro to open water skills Open water dives Post dive debriefing/skill review Gear disassembly/maintenance <p style="text-align: center;"><u>Time:</u> Arrive at 7am (please meet at front gate do not drive through gate if open)</p> <p style="text-align: center;"><u>Location Address:</u> 601 Ponce Deleon Blvd Deleon Springs 32130</p>	Gear assembly/maintenance Pre dive safety checks Completion of open water skills Final check out dive Post dive debriefing/skill review Gear disassembly/maintenance <p style="text-align: center;"><u>Time:</u> TBD</p> <p style="text-align: center;"><u>Location Address:</u> Spring/Summer: Blue Spring/Rainbow River Winter: Rainbow River/Devil's Den</p>

NOTE: All three days are performance based, above is a typical schedule.

Depending on student performance, adjustments may be needed and will be decided at the discretion of the instructor.
 Location and times are subject to change.

**Late arrivals may eliminate your ability for entry into dive location and/or on time completion of certification.

ITEMS TO BRING

- Swimsuit
- Towel
- Sunscreen
- Packed Lunch
- Snacks
- Drinks
- Dry clothes
- Mask, Fins, Snorkel (personal gear)



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