

# IS A REFRESHER COURSE NEEDED BEFORE YOU PROCEED INTO ADVANCED OPEN WATER TRAINING?

A refresher course at an additional cost is needed if you have been out of the water for **12 months or longer**. In order to progress into Advanced Level Training an assessment of your current abilities may be needed to ensure you are at the proper level before proceeding.

## WHAT TO EXPECT FOR YOUR ADVANCED ADVENTURE OPEN WATER TRAINING

DAY 1 – SPRINGS	DAY 2 – OCEAN*
Gear assembly Pre dive safety checks First dive of class specialties Advanced Buoyancy Underwater Navigation Gear disassembly/maintenance Post dive debriefing/skill review  Time: TBD Location Address: TBD	Offshore Charter – West Palm Beach Gear assembly Pre dive safety checks First dive of remaining class specialties Deep Dive Boat Dive Gear disassembly/maintenance Post dive debriefing/skill review  Time: TBD Location Address: TBD

\*Student understands that space is limited on the boat. If a student is unable to attend a scheduled boat dive, they acknowledge the boat fee is non-refundable and will be required to purchase an additional boat trip to complete the course.

Location and times are subject to change.

\*\*Late arrivals may eliminate your ability for entry into dive location and/or on time completion of certification.

## ITEMS TO BRING

- Swimsuit
- Dramamine
- Towel
- Sunscreen
- Snacks
- Drinks
- Dry clothes
- Mask, Fins, Boots, Snorkel (personal gear)



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