

Installation Guide



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Introduction

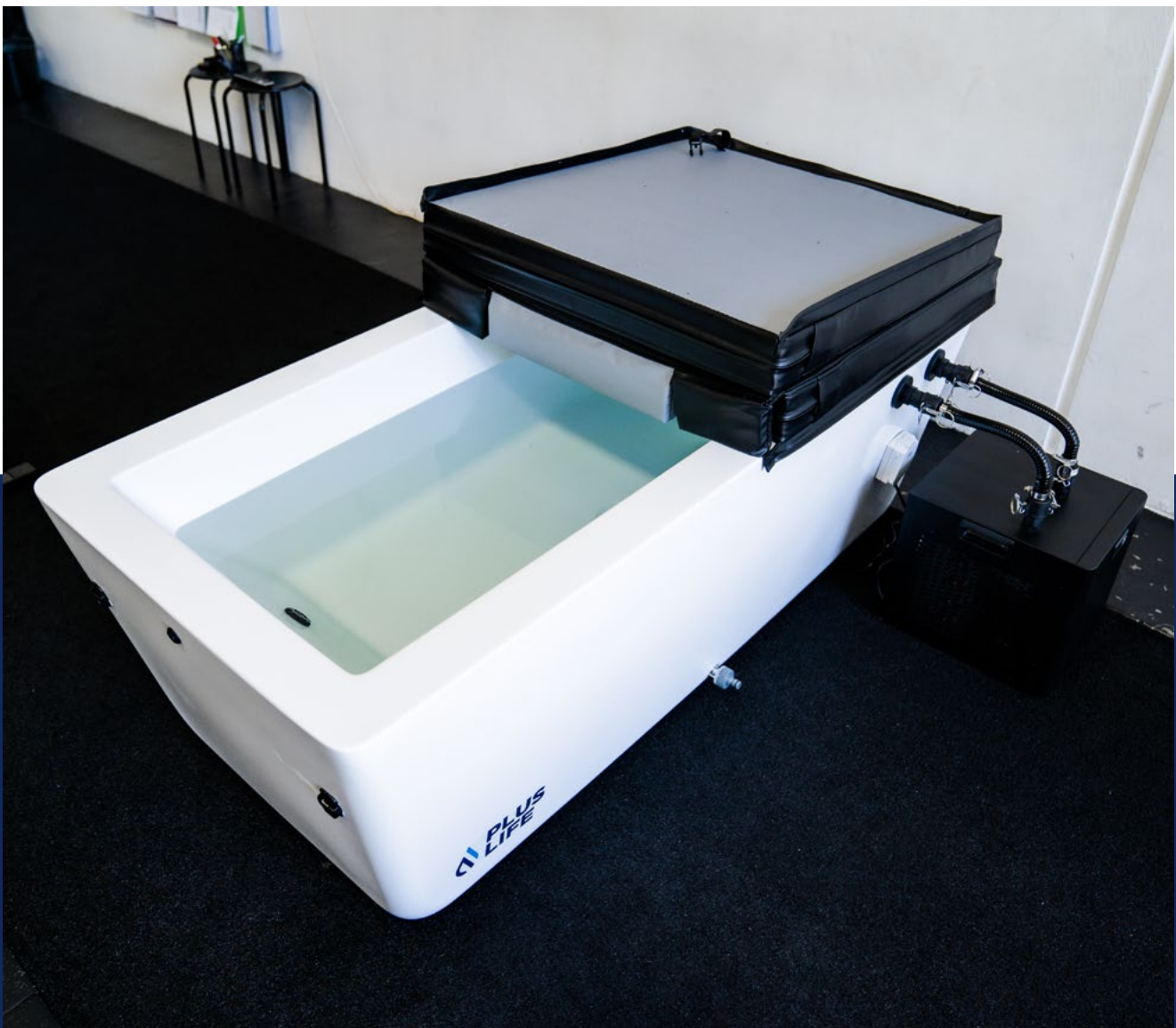
Congratulations on the purchase of your new PLUSLIFE HEALTH Ice Bath.

This installation guide will give you the instructions on how to setup and install your new Ice Bath.

Please read all the warnings and precautions on this guide and on the chiller unit.

Components

1. Ice Bath Tub
2. PlusLife Chiller Unit
3. Interconnecting Pipework
4. Filter Attachments



Setup Instructions

Watch our installation Video

1. Unpackage the Ice Bath Tub and position the it where desired. Note: Remember to give it enough room on the rear side where you will find the drain outlet and power input.

The bath feet will be levelled correctly out of box so a flat surface with ideal. If the surface is not some adjustments will be needed.

2. Once the Bath is in position and sturdy, unpackage the chiller unit and position the chiller inlet and outlet to face the bathtub inlet and out.
3. Included in the box for your PlusLife Chiller Unit is a satchel bag, inside of this you will find a small strainer filter which needs to be gently hand-screwed to the inlet socket on the PlusLife Chiller Unit. Note: Please only tighten to a finger strength of tightness.

Next, within the satchel you will find a Silver threaded fitting which will connect over the top of strainer that has just been connected to the chiller unit. Note: Please Ensure this is hand-tight.

4. You will find the 2 Pieces of **Interconnecting Pipework** in the PlusLife Chiller Unit Box. The longer pipe must be attached to the Outlet on the PlusLife Chiller Unit (Green sticker), this is then attached to the left socket on the Ice Bath Tub.

Secure the camlock fitting on both ends of the pipework so they are clamped into a stable position. Place the pins through holes on the sides of the camlocks to keep it from coming undone.

5. The shorter pipe must be attached to the Inlet on the PlusLife Chiller Unit (Red sticker), this is then attached to the right socket on the Ice Bath Tub.

Secure the camlock fitting on both ends of the pipework so they are clamped into a stable position. Place the pins through holes on the sides of the camlocks to keep it from coming undone.

6. Next, secure the wheels of your PlusLife Ice Bath Chiller by pressing down on each of the wheel locks.
7. You may now start filling your Ice Bath with water. Note: Ensure the Drain tap is closed before filling (if the tap/valve is not in line with pipework this means it is opened). Fill the Ice Bathtub to be $\frac{3}{4}$ full of water. Please allow a few minutes for the water to settle into the pipework.

8. Once the bath is full you are ready to plug your PlusLife Chiller Unit into the power. The power for the PlusLife Chiller Unit plugs into the power socket which is closest to the inlet and outlet which you just connected on the bathtub. Open the protective shield and plug it in with the shield returning down.

Retrieve the Power Cable which is included in the package and connect it to the shielded power outlet on the opposite side of the Ice Bath Tub, open the shield and connect the cable. Once connected, close the protective shield and connect it to a power point.

9. You may switch on the power at the power point. There is a secondary switch on the chiller unit. This may be need to be switched on. Next hold down the on button on the PlusLife Ice Bath until the screen is illuminated. The chiller unit may need a few minutes to start up.

The Chiller is pre-set to 3°C.

10. To change the Temperature Set Point you may need to unlock the kids lock by holding "up" and "down" buttons. Next hold the "F" button where the Temperature Set Point value will flash. Use the "up" and "down" buttons to change the value.
11. To finalise the installation, retrieve the Ice Bath Tub Cover. The Ice Bath Tub cover sits on top of the bath and the male clips lock into the female clips on the ends of the Ice Bath. Please Ensure if there are children around to keep the cover clipped in and locked to prevent injury. A safety key is also included with these clips for additional protection.
12. Congratulations, your PlusLife Ice Bath is now set up. For any questions, please reach out to us at support@pluslifehealth.com.au.

Connect to Smartphone App

Watch our Connection Video

1. Install the “Tuya Smart” app on your Apple or Android device [Apple Store](#), [Android \(Google Play Store\)](#).

Safety Precautions

Please review our full terms & conditions at: pluslifehealth.com.au/pages/terms-of-service

SERIOUS INJURY OR DEATH COULD OCCUR IF THESE PRECAUTIONS ARE NOT OBSERVED.

- Consult with your doctor or corresponding health advisor before use.
- DO NOT enter the ice bath without supervision or if under the age of 18. Submerging your head must be done at your own risk and under supervision.
- Ensure a bath mat is placed before stepping in and out of ice bath to prevent slipping.
- DO NOT overfill the tub. The ice bath tub is weatherproof but water overflow could result in damages, electrical danger and slippery floors.
- Ensure all electrical connections are correctly connected.
- DO NOT use Ice bath if damages are showing anywhere in the system.
- Ensure all water hose connections are properly locked in with split pins.
- DO NOT run the ice bath before the water has filled the system completely (5 minutes after tub is full).

- Ensure the extension lead being used has an earth on the plug.
- Ensure the Cover is securely fastened and secured when not in use.
- DO NOT remove the chiller label. Replace if damaged.

ELECTRICITY IS DANGEROUS, IN ORDER TO PREVENT ACCIDENTS, PLEASE PAY ATTENTION TO SAFETY INFORMATION

1. Please ensure the electricity is suitable for this machine before using it.
2. Please ensure the ac socket is properly grounded. Using a waterproof socket is required if this machine is installed outdoors. Dry your hands before operating the plug.
3. Please never put this machine into the water or spray the machine with water. It is best to have a shade on top outdoor.
4. Although this machine has passed the safety test, we never recommend keeping the machine on while taking a bath if you are not sure the ac socket is properly grounded.
5. Keep the children away from the machine in use.
6. Please keep the environment ventilated, the max allowable ambient temperature 45 Degrees Celsius. Don't cover or block the fan when in use.



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