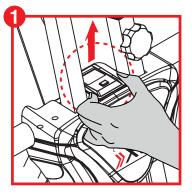
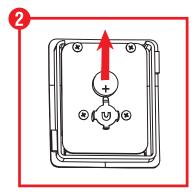


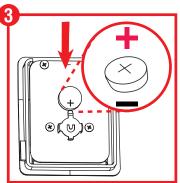
BATTERY CHANGE

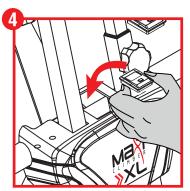
BATTERY REPLACEMENT (Battery included)

- **1.** Remove the calorie counter from the main body front cover part.
- 2. Take out the battery.
- **3.** Replace the battery with a new one. Make sure the battery is inserted with the polarities in the correct directions.
- **4.** Put the calorie counter back in the front cover of the main body.











- If the monitor doesn't display clearly or only partial segments appear, remove the battery and wait fifteen seconds before reinstalling.
- The batteries life is approximately 3 months under normal use.
- When the battery is removed, all function values return to zero.

BATTERY CAUTION & DISPOSAL INFORMATION

- 1. For best results, use battery type LR44 (DC1.5V).
- 2. Install only new batteries of the same type in your product.
- **3.** Failure to insert batteries in the correct polarity, as indicate in the battery compartment, may shorten the life of the batteries or cause batteries to leak.
- 4. Do not mix old and new batteries.
- **5.** Do not mix Alkaline, Standard (carbon-zinc) or Rechargeable (nickel cadmium) or (Nickel Metal Hydride) batteries.
- 6. Do not dispose off batteries in fire.
- **7.** Batteries should be recycled or disposed of as per state and local guidelines.

*Applies only for versions with Monitor Fitness