



## UK/EURO SHOE SIZE CONVERSION CHART

UK	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5
EURO	35.5	36	37	37.5	38	38.5	39	39.5	40	41
US	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5

## YOUR CLOTHING SIZE...

If you would like to check which sizes of our clothing brands will fit you best, please take a moment to measure yourself with the tape provided and compare your measurements with the individual brands chart.

Please note the charts shows approximate measurements and may differ slightly from style to style so always best to try individual garments on to get the best fit for you..

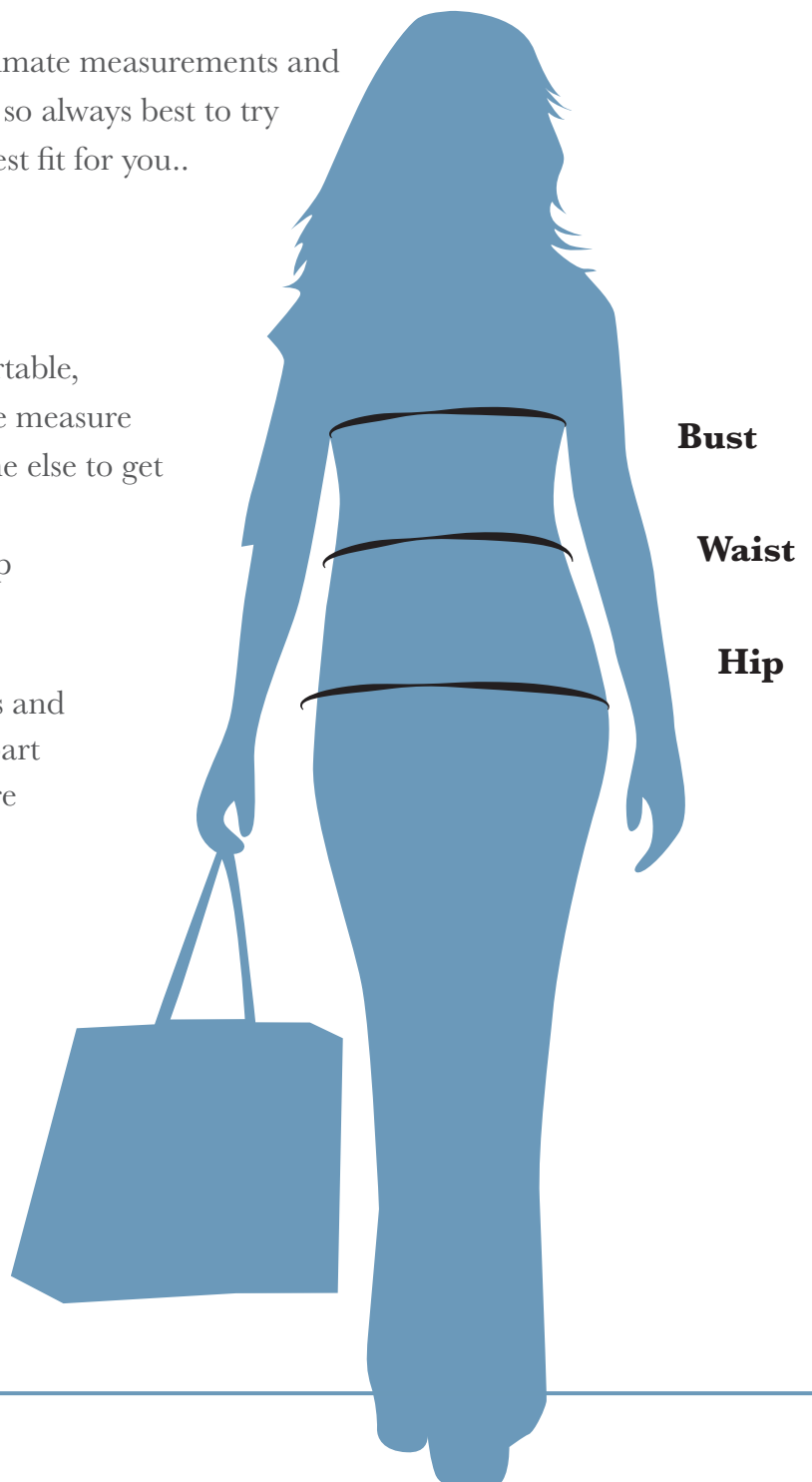
## HOW TO MEASURE...

You want your clothes to feel comfortable, so don't be tempted to pull your tape measure too tight! It's often easier for someone else to get the tape measure in the right place, so if you need help please do ask for assistance.

**Bust:** With your hands on your hips and with assistance, measure the fullest part of the bust, keeping the tape measure parallel to the floor.

**Waist:** Without breathing in, pass the tape measure around your natural waistline.

**Hip:** Measure the fullest part of your hips, keeping the tape measure parallel to the floor.



# Size guides - womenswear brands



## Adini

Adini sizes in general are more generous in size than usual UK high street brands. Measurements stated will slightly differ according to the garment fabrics and the shape of the designs.

UK	EURO	US	BUST (cm)	BUST (inches)	WAIST (cm)	WAIST (inches)	HIPS (cm)	HIPS (inches)
XS (10)	38	6	85	33.5	70	27.5	90	35.5
S (12)	40	8	90	35.5	75	29.5	95	37.5
M (14)	42	10	95	37.5	80	31.05	100	39.5
L (16)	44	12	100	39.5	85	33.5	105	41.5
L1 (18)	46	14	105	41.5	90	35.5	110	43.5
L2 (20)	48	16	110	43.5	95	37.5	115	45.5
L3 (22)	50	18	115	45.5	100	39.5	120	47.5
S/M	-	-	90-95	-	75-80	-	95-100	-
M/L	-	-	95-100	-	80-85	-	100-105	-
L/L1	-	-	100-105	-	85-90	-	105-110	-
L1/L2	-	-	105-110	-	90-95	-	110-115	-
L2/L3	-	-	110-115	-	95-100	-	115-120	-

UK	EURO	US	BUST (cm)	BUST (inches)	WAIST (cm)	WAIST (inches)	HIPS (cm)	HIPS (inches)
6	34	2	78.5	31	63.5	25	90.5	36
8	36	4	81	32	66	26	93	37
10	38	6	86	34	71	28	98	39
12	40	8	91	36	76	30	103	41
14	42	10	96	38	81	32	108	43
16	44	12	102	40	87	34	114	45
18	46	14	108	43	93	37	120	48
20	48	16	114	45	99	40	126	50

## seasalt

Seasalt's range is fitted and trialled on real British women and their comfortable fit and style reflects this.

## Joules

Joules clothing is generally on the neater side so you may find you wish to try your usual size and a size larger with this brand.

UK	EURO	US	BUST (cm)	BUST (inches)	WAIST (cm)	WAIST (inches)	HIPS (cm)	HIPS (inches)
6	34	2	85	31.5	80	24.5	62.5	34.5
8	36	4	90	32.5	82.5	25.5	65	35.5
10	38	6	95	34	86	27	68.5	37
12	40	8	100	36	91.5	29	74	39
14	42	10	105	38	96.5	31	79	41
16	44	12	110	40	101.5	33	84	43
18	46	14	115	42	107	35	89	45
20	48	16	90-95	44	112	37	94	47

