

HSA/FSA REIMBURSEMENT FORM DIETARY SUPPLEMENTS

Patient Name: _____

Date of birth: _____

Prescribing healthcare professional's name: _____

Prescribing healthcare professional's address: _____

Diagnosis/diagnoses:

Nutritional supplements recommended for health plan:

PhosChol PPC Capsule

PhosChol Liquid

PhosChol PPC Klds

Vitamin/Micro D3

B Complex Liposomal

Magnesium

Adenosine

Vitamin C Liposomal

OTHER:

I recommend the above nutritional product(s) as part of this patient's health plan, to address specific concerns associated with their health status.

Signature of prescribing healthcare professional

Date

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DIETARY SUPPLEMENTS QUALIFY FOR HSA/FSA REIMBURSEMENT

SAVE UP TO 37% ON DIETARY SUPPLEMENTS BY TAKING ADVANTAGE OF HSA/FSA REIMBURSEMENT.

What are HSA/FSA accounts?

HSA: Health Savings Account - A health savings account is a tax-advantaged medical savings account available to taxpayers in the United States who are enrolled in a high-deductible health plan. The funds contributed to an HSA are not subject to federal income tax at the time of deposit.

FSA: Flexible Spending Account - An FSA is a type of savings account that allows employees to contribute a portion of their regular earnings to pay for qualified expenses. Funds contributed to the account are deducted from their earnings and are not subject to income and payroll taxes.

How it works:

1. Patients visit their healthcare professional to discuss the integration of dietary supplements into their healthcare plan.
2. The healthcare professional signs a letter including their diagnosis and recommendation of the specific supplements to be used. The healthcare professional may want to utilize our HSA/FSA reimbursement form. (Some account providers may still require the attachment of the healthcare professionals letterhead to the form.)
3. The HSA Account Holder will be able to purchase nutritional products with an HSA “debit” card or an HSA check (and maintain a signed healthcare professional form on file in the event of an audit.)

FSA Account Holders will submit proof of payment and the signed form to their FSA administrator for reimbursement.

Which expenses are eligible for HSA/FSA reimbursement?

- Dietary supplements
- Prescriptions and qualified over-the-counter medications
- Co-pays

Are all dietary supplements eligible for reimbursement?

Yes. Vitamins and herbal supplements, dietary and weight loss supplements, and fiber supplements are just several examples of “Dual Purpose Items” that can be used for a medical purpose or for general health and well-being and are eligible for reimbursement if they are recommended by a healthcare professional for a specific health purpose.

Please Visit: www.irs.gov or your HSA/FSA provider for additional information.