

# WHAT TREE ARE YOU? -RIVER BIRCH™

MORNING

DAILY

EVENING

CLEANSE

Apply 2 droppers full of oil to dry hands and massage for two minutes on dry face. Remove with warm wet washcloth.

CLEANSE

*No need to use cleanser in the morning*

*It is so important to cleanse each night.*

*Just splash with cool/warm water*

Oil Cleanse

MOISTURE

When applying Serum, allow to absorb for 5-7 minutes before applying additional products.

MOISTURE

*Fall/Winter - Morning Moisture before  
Serum Magique Speciale*

Serum Magique

Serum Magique Spéciale

Intense Moisture

Mineral Powder

TWICE A WEEK

Polish Cleanse: *add a pea sized amount to your* Oil Cleanse

WEEKLY

Clay Mask

BODY

Shinrin Savon ----- Foaming Soap ----- Body Oil

DAILY TREATS

Body Baton: *dry hands & lips* --- Ènergie Mist: *hot flashes/misting the face*

Magnesium Magique: *deodorant, sleep aid, sore muscles*