

Effects of Sugar Sub Plans

Reading Comprehension Lesson

PDF & Digital Formats



2 Peas and a Dog

Middle School Teaching Resources

RESOURCE INCLUDES

- ✓ Student Assignment Sheet
- ✓ Comprehension Questions
- ✓ Individual PDFs of student pages to post to Google Classroom™
- ✓ Google Slides™ format for 1:1 technology schools

EXAMPLE PAGE

EFFECTS OF SUGAR	
BEFORE READING	<ul style="list-style-type: none">Watch the video "What Does Sugar Actually Do To Your Body?"
DURING READING	<ul style="list-style-type: none">Read the article "Too much sugar is bad for your health. Here are ways to cut it back" from <i>The Washington Post</i>.
AFTER READING	<p>Answer the article comprehension questions.</p> <p>Complete 1 of the 2 journal topics:</p> <ol style="list-style-type: none">The beginning of the article states, "Baking (and eating) sweets become a pandemic habit for many of us." Why do you think this happened?What could you do to decrease your sugar intake?

RESOURCE OVERVIEW

EFFECTS OF SUGAR



BEFORE READING	<ul style="list-style-type: none">Watch the video "What Does Sugar Actually Do To Your Body?"	
DURING READING	<ul style="list-style-type: none">Read the article "Too much sugar is bad for your health. Here are ways to cut it back" from The Washington Post.	
AFTER READING	Answer the article comprehension questions.	Complete 1 of the 2 journal topics: <ol style="list-style-type: none">The beginning of the article states, "Baking (and eating) sweets became a pandemic habit for many of us." Why do you think this happened?What could you do to decrease your sugar intake?

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Each sub plan assignment comes with before, during, and after reading activities.

Students will:

- View a related video.
- Read an article.
- Answer comprehension questions.
- Complete a journal response.

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