

# Non-Fiction Article

{Daylight Savings}



## 2 Peas and a Dog

Middle School Teaching Resources



# RESOURCE INCLUDES

- Lesson Plan
- Teacher Instructions
- Individual PDFs for Google Drive
- Google Slides for 1:1 Schools
- Pre-reading K-W-L chart
- Non-fiction article (with and without photos)
- 3 Post reading activities
  - ✓ Comprehension questions
  - ✓ Grammar questions
  - ✓ Long response writing

# EXAMPLE PAGES

### DAYLIGHT SAVINGS TIME



Daylight Savings, also known as Daylight Savings Time (DST) was initially suggested by Benjamin Franklin in 1784. This idea was first introduced many centuries before it actually became active. The purpose for Daylight Savings was to save money on energy.

**Daylight Savings History**  
Daylight Savings would create a two-hour shift in time so that there would be more sunshine during the hours after work. The idea was proposed as a way to prevent the waste of daylight. The idea was proposed in both New Zealand and England, and initially rejected by both countries.

In 1916, two years after World War I had begun, the German government, as well as other countries involved in World War I, began to think about how to save money on energy.

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### SAMPLE ANSWERS

Who does not use Daylight Savings Time?  
In Canada, most of Saskatchewan, parts of Quebec, and some areas in British Columbia stay on standard time all year. In the United States, Hawaii and most of Arizona do not observe Daylight Savings Time.

Describe some of the health issues causes by Daylight Savings Time? (2 marks)

- Changes people's sleep schedules.
- This lack of sleep especially hurts teenagers who have been found to sleep less during the spring switch to Daylight Savings.
- Frequent sleep loss can increase stress hormones which lead to an increase in heart rate and blood pressure.
- When clocks are adjusted twice a year this alters people's internal clocks. People report they feel more prone to getting illnesses and very tired.

What are the positive arguments in support of Daylight Savings Time?

- The extra hour of sunlight in the summer evenings gives people more time to be outside and take part in other activities.
- Business owners find that people shop more during times of more daylight.

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### ARTICLE QUESTIONS

Name: \_\_\_\_\_

Instructions: Answer the following questions on this paper.

4. Which sentence has the correct spelling and punctuation?

- Today in some countries around the world, as well as Canada and the USA, Daylight Savings Time begins in March by putting clocks forward by one hour.
- Today in some countries around the world, as well as Canada and the USA, Daylight Savings Time begins in march by putting clocks forward by one hour.
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