

Benefits of Reading

Non-Fiction Article

PDF & Digital Formats



2 Peas and a Dog

Middle School Teaching Resources

RESOURCE INCLUDES

- Lesson Plan
- Teacher Instructions
- Individual PDFs for Google Drive
- Google Slides for 1:1 Schools
- Audio files of the articles
- Pre-reading K-W-L chart
- Non-fiction article (modified and regular text)
- 3 Post reading activities
 - ✓ Comprehension questions
 - ✓ Grammar questions
 - ✓ Long response writing

EXAMPLE PAGES

K-W-L CHART

Topic:		
K	W	L
What do I already know about this topic?	What do I want to know about this topic?	What new things did I learn about this topic from the article?

BENEFITS OF READING



Did you know that reading has plenty of amazing benefits? Whether you're old or young, reading is great for everyone. Here are some of the benefits of reading:

Brain
Our brain requires mental exercise in order to remain healthy. With consistent mental stimulation, you are less at risk for developing early-onset Dementia and Alzheimer's Disease. Reading is a simple and effective way to exercise the brain.

Vocabulary
Reading will expose you to new words, helping you to create a larger vocabulary. When we learn new words, they eventually end up in our day-to-day vocabulary. Consistently growing your vocabulary can help to boost your confidence when speaking to people.



SAMPLE ANSWERS

Why is mental exercise important for a healthy brain?

Our brain requires mental exercise in order to remain healthy.

Reading is a great brain exercise that might help prevent Dementia and Alzheimer's Disease.

Describe the process of how we grow our vocabulary through reading. (2 marks)

Reading will expose you to new words, helping you to create a larger vocabulary. When we learn new words, they eventually end up in our day-to-day vocabulary.

Why is memory an important role in reading?

Memory plays an important role in reading because you have to remember what you're reading in order to follow along with the story.

How does reading improve your memory?

With consistent reading, your memory will continue to improve because you are strengthening your brain pathways with every new memory that is created.

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K-W-L CHART

Topic:

K

W

L

What do I already know about this topic?

What do I want to know about this topic?

What new things did I learn about the topic from the article?

PREVIEW

BENEFITS OF READING



Vocabulary

Reading will expose you to new words, helping you to create a larger vocabulary. When we learn new words, they eventually end up in our day-to-day vocabulary. So, by constantly growing your vocabulary, you help to boost your communication when speaking to people.

Did you know that reading has plenty of amazing benefits? Whether you are a child or young, reading is a good habit for everyone. Here are some of the benefits of reading:

Brain

Our brain requires mental exercise in order to remain healthy. With consistent mental stimulation, you are less at risk for developing early-onset Dementia and Alzheimer's Disease. Reading is a simple and effective way to exercise the brain.



SAMPLE ANSWERS

Why is mental exercise important for a healthy brain?

Our brain requires mental exercise in order to remain healthy.

Reading is a great brain exercise that might help prevent Dementia and Alzheimer's Disease.

Describe the process of how we grow our vocabulary through reading. (2 marks)

Reading will expose you to new words, helping you to create a larger vocabulary. When we learn new words, they eventually end up in our day-to-day vocabulary.

What is memory and how does it help in reading?

Memory plays an important role in reading because you have to remember what you're reading in order to follow along with the story.

How does reading improve your memory?

With consistent reading, your memory will continue to improve because you are strengthening your brain pathways with every new memory that is created.