Nutrition Facts

3 servings per container **Serving size**

2/3 cup (149g)

	per serving		per container	
Calories		<u>310</u>		940
	% Daily Value*		% Daily Value*	
Total Fat	15g	19%	46g	59%
Saturated Fat	15g	75%	46g	230%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	135mg	6%	400mg	17%
Total Carbohydrate	42g	15%	127g	46%
Dietary Fiber	1g	4%	2g	7%
Total Sugars	33g		99g	
Includes Added Sugars	9g	18%	28g	56%
Protein	2g		7g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	7mg	0%	21mg	2%
Iron	1mg	6%	4mg	20%
Potassium	173mg	4%	520mg	10%

^{*}The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.