## 3 servings per container Serving size <br> $2 / 3$ cup (119g)

| Calories | $\begin{aligned} & \text { per serving } \\ & 340 \end{aligned}$ |  | $1010$ |  |
| :---: | :---: | :---: | :---: | :---: |
|  | \% Daily Value* |  | \% Daily Value* |  |
| Total Fat | 18g | 23\% | 53 g | 68\% |
| Saturated Fat | 11g | 55\% | 33 g | 165\% |
| Trans Fat | 0 g |  | 0 g |  |
| Cholesterol | 60 mg | 20\% | 175mg | 58\% |
| Sodium | 160 mg | 7\% | 480 mg | 21\% |
| Total Carbohydrate | 40 g | 15\% | 121 g | 44\% |
| Dietary Fiber | 0 g | 0\% | 1 g | 4\% |
| Total Sugars | 34 g |  | 103 g |  |
| Includes Added Sugars | 16 g | 32\% | 47 g | 94\% |
| Protein | 4 g |  | 11 g |  |
| Vitamin D | Omcg | 0\% | Omcg | 0\% |
| Calcium | 112 mg | 8\% | 335 mg | 25\% |
| Iron | 1 mg | 6\% | 2 mg | 10\% |
| Potassium | 123mg | 2\% | 370mg | 8\% |

*The \% Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

