

# Nutrition Facts

3 servings per container

Serving size

2/3 cup (119g)

	per serving	per container
<b>Calories</b>	<b>310</b>	<b>930</b>
	<b>% Daily Value*</b>	<b>% Daily Value*</b>
<b>Total Fat</b>	17g 22%	52g 67%
Saturated Fat	11g 55%	32g 160%
Trans Fat	0g	0g
<b>Cholesterol</b>	60mg 20%	185mg 62%
<b>Sodium</b>	190mg 8%	570mg 25%
<b>Total Carbohydrate</b>	33g 12%	99g 36%
Dietary Fiber	2g 7%	7g 25%
Total Sugars	30g	89g
Includes Added Sugars	8g 16%	24g 48%
<b>Protein</b>	5g	15g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	120mg 10%	370mg 30%
Iron	1.6mg 8%	4.7mg 25%
Potassium	310mg 6%	940mg 20%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.