



# SAMPLE QUESTIONS



No  
Story  
Lost

## EARLY LIFE

- Can you tell me a memorable story about your mom and dad growing up?
- What is your very earliest memory?
- What was your childhood home like? Do you have any fond or funny memories around the house?
- What was one of your favorite games to play?
- What was school like for you?

## YOUNG ADULthood

- What was your high school like? What is your proudest accomplishment?
- Who were your best friends at this time? Can you tell me a story about them?
- What was your first job? Your worst job?
- What was the moment that you became an adult?
- Do you remember your first date or first kiss?

## CAREER/FAMILY

- Tell me about meeting your spouse. How did you know they were the one?
- What was it like to become a parent?
- Can you tell me a memorable story about each of your children from when they were younger?
- What is your proudest accomplishment from your career?
- Do you have any favorite family trips? What made the trips special?

## LATER LIFE

- What do you think your younger self would think about the life you've lived so far?
- What are a couple of formative memories that made you who you are?
- Who have been the most important people in your life?
- Does your family have any special traditions that you hope will carry on?
- Are there any stories that your family might not know about you, but you would like them to?

