As seen on









Strengthen Your Pelvic Floor and Free Yourself From Bladder Leaks

FDA-Cleared · Non-Invasive **Use from the Comfort of Your Own Home 180 Perfect Kegels Per Session No Prescription Needed**

www.myinnovo.com

In the United States, INNOVO is FDA-cleared for the treatment of female stress urinary incontinence



Eliminate Bladder Leaks in

Introducing INNOVO, a non-invasive no prescription needed technology that strengthens your pelvic floor from home.

12 Weeks

\$100 OFF with code **CORE100**

www.myinnovo.com





OF WOMEN ARE DRY AFTER 12 WEEKS OF USING INNOVO.

90%

OF WOMEN ENJOY A **BETTER QUALITY OF LIFE AFTER USING INNOVO**

Use at home for 30 minutes a day, 5 days a week with results in as little as 4 weeks.







FROM THE DESK OF DR. RUTH MAHER,

PT, PhD, DPT and co-inventor of INNOVO

Why INNOVO Was Created

"I wanted to find a way to help women strengthen their pelvic floor in an efficient, effective and discreet way, freeing them from the embarrassment and discomfort associated with bladder leaks.

Nearly **50% of women are unable to contract their pelvic floor muscles properly.** Because you can't see the muscle, you don't know whether you are doing the exercises (or Kegels) correctly."

INNOVO takes the guesswork out of doing those contractions. It does them for you from the comfort of your own home and eliminates bladder leaks for good. You can say goodbye to pads and liners because INNOVO treats the root cause of bladder leaks.

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THE 411 ON SUI

Is INNOVO Right For Me?

Do you leak when doing everyday things like working out, coughing or laughing? **1 in 3 women experience bladder leaks.** Stress Urinary Incontinence is the most common form of leakage among women.

IF YOU:

- Leak when you cough, laugh, sneeze, or exercise
- Leak after having a baby
- Leak after starting menopause

You can eliminate leaks with INNOVO.

Stop suffering and masking your leaks with pads, liners and leakproof underwear. Fix it with INNOVO.

How Does INNOVO work?

Our FDA-cleared, non-invasive technology delivers pelvic floor strengthening Kegels with the push of a button.

Research shows that nearly 50% of women cannot do a Kegel correctly. INNOVO delivers accurate, precise Kegels, giving you the freedom to be leak free in 12 weeks.



5 stars... Definitely worth it!

Finally able to sneeze without leaking. I can also workout harder at the gym without the fear of leaking. —Bethany M

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Kegels Are Hard. We Do Them For You.

- Our Multipath™ Technology engages your pelvic floor muscles to deliver 180 precise Kegels per session.
- Our proprietary slip-on short uses non-invasive technology fused with comfortable, breathable fabric.
- 3 Use from the comfort of your own home no more office visits.
- 4 Set the Innovo controller for 30 minutes to deliver the most robust Kegel exercises possible.

