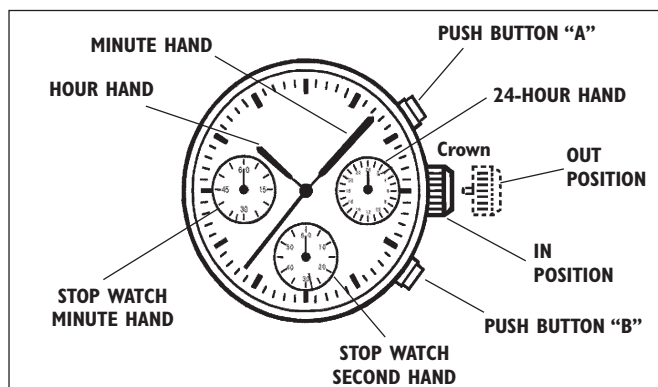




## Features

1. Time display with Hour, Minute and Second Hands.
2. One hour Stopwatch (Chronograph) with Seconds and Minutes Hand display
3. 24-Hour Hand.



## BEFORE USING THIS WATCH

### STOPWATCH HAND ADJUSTMENT

1. Refer to diagram on left. Notice the small dial on the bottom and the small dial on the left side. These are the stopwatch hands. The bottom dial shows elapsed seconds (0-60) and the dial on the left shows elapsed minutes (0-60). These hands are synchronized with each other. They must be programmed to start at the "zero" or 12 o'clock position before the stopwatch can be used.
2. Pull the crown to the "out" position. Push and hold buttons "A" and "B" simultaneously for two seconds, then release. The stopwatch second hand (bottom small dial) will move backwards for one half turn and then forward for one half turn. This will electronically reset the stopwatch mechanism.
3. With the crown still in the "out" position, push either button A or B to position the stopwatch second hand. Button "A" will move the hand backwards (counter-clockwise). button "B" will move the hand forward (clockwise). Each push of the buttons will move the hand one step – if the button is held "in" the hand will move rapidly.
4. Remember, the stopwatch second and minute hands are synchronized with each other. For each revolution of the second hand, the minute hand will move one minute. Both hands must be positioned at the zero or 12 o'clock position.

## SETTING THE TIME

With the crown still in the "out" position, turn the crown to set the hands to the desired time. We suggest moving the hands to approximately 5 minutes past the correct time – then backwards to the correct time. The 24 hour hand is permanently synchronized with the hour/minute hands. When setting the hands, check the 24 hour dial (on the right side of the watch – see diagram). AM time is 0-12 Hours on this dial, PM time is 13-24 hours on this dial (24:00 hours is midnight). After the time is set, push the crown back to the "IN" position.

## USING THE STOPWATCH/ SPLIT TIME

1. Insure that the stopwatch hands have been properly adjusted (see section "BEFORE USING THIS WATCH", above).
2. Push the "A" button to start the stopwatch. Push "A" button again to stop.
3. Push the "B" button and the stopwatch hands will automatically return to the "0" or starting position.
4. For "SPLIT" time measurement – With the stopwatch running, push button "B". The hands will stop moving, but the watch will keep the stopwatch time internally. Push "B" again and the hands will catch up to the actual elapsed time.

## ELECTRONIC RESET FOR STOPWATCH

If for any reason, the stopwatch behaves erratically, it can be electronically reset as follows:

1. Pull the crown to the "OUT" position.
2. Push buttons "A" and "B" simultaneously for two seconds, then release.
3. The stopwatch second hand will move backwards for 1/2 revolution then forward 1/2 revolution.
4. Reset the hands to "0" following the above instruction: "Stopwatch Hand Adjustment", steps #2 through #4.
5. Push the crown back in.