# BROCCOLI GUIDE

Germination time: 2 - 3 Days Harvestable in: 7 - 8 Days Peak harvest: 9 - 12 Days

## PLANTING | DAY 1

## NO GROW LIGHT NEEDED

- 1. Open broccoli seed pack and transfer to dry Leath measuring cup for easy distribution
- 2. Carefully begin to spread broccoli seeds across rehydrated coir, paying special attention to disperse evenly and avoid any clumping of seeds even distribution helps ensure maximum germination and yield size.
- 3. Using included spray bottle, lightly mist seeds until visibly damp, but not soaked
- 4. Cover seeds with germination lid and press down gently, ensuring seeds have made contact with grow medium
- 5. It's often helpful to make note of the day you planted seeds to track growth progress

## GERMINATION PHASE | DAYS 2-3

## NO GROW LIGHT NEEDED

- 1. Lift germination lid once per day to visually check for seed sprouting and coir hydration levels
- 2. If soil is looking dry, use spray bottle to spritz seeds from above remember, the soil should be damp, but not soaked
- 3. Once 85 90% of the tray has sprouted and early-stage leaves are beginning to form, remove germination lid and expose seedlings to grow light utilize the Fieldhouse's built-in timer for an automated schedule of 12 hours of continued light followed by 12 hours off

TO NOTE: There is no bottom watering required for broccoli during germination. At this stage, it's common for seeds to exhibit white, fuzzy hairs at the base of the stems, which are easily confused with mold — these are called root hairs and are completely normal and healthy.

## GROWTH PHASE | DAYS 4-12

- 1. Inspect coir, and if starting to dry out, pour 1 cup (250 ml) of water into bottom tray via watering ramp using included measuring cup
- 2. Continue to water as needed typically once every 1 2 days until harvest
- 3. If soil is visibly soaked through, hold off on watering that day
- 4. Broccoli greens will be ready to harvest once greens have reached 2 3 inches (50 75 mm) in height, or approximately 7 12 days after planting

Questions? Contact hello@growleath.com

