

PREP BOX KATASTROFLÖDAN

3948 kcal
Veg - 48H



Generation: 1.0
In production from: October 2022
Until: Ongoing

B. VIKT / G.WEIGHT	2770g
ENERGI / ENERGY	3948 kcal
FETT / FAT	174g (22E%)
KOLHYDR / CARBH	428g (54E%)
PROTEIN / PROTEIN	135g (17E%)
FIBRER / FIBRES	55g (7E%)

FRUKOST / BREAKFAST

Rispudding med vanilj – Vetegröt med vaniljsmak / (ENG) Ricepudding with vanilla, Wheat porridge with vanilla taste.

MÅLTIDER / MEALS

Mexikansk gryta med linser & potatis – Chili sin carne med kidneybönor – Kebabgryta med majs & paprika – Rökig gryta med potatis & linser – Tomatnudlar – Vegetariska nudlar / (ENG) Mexican casserole with lentils & potatoes – Chili sin carne with kidney beans – Kebab stew with corn & bellpeppers – Smokey stew with potatoes & lentils – Tomato noodles – Vegetarian noodles.

INNEHÅLLER / CONTAINS: Gluten/gluten, mjölk/milk, soja/soy, ägg/egg, selleri/cellery, senap/mustard, S02/S02. (Se separat produkt / see separate product)

Preppbox packas och distribueras av Outmeals AB för Preppbox- Katastrofen AB

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**OUT
MEALS**
THE PEAKS OF
YOUR DAY