

PREP BOX KATASTROFLÅDAN

18 560 kcal
Kött - Låda 3

Generation: 2.0
In production from: March 2022
Until: Ongoing

B. VIKT/ G.WEIGHT	15 560g
ENERGI / ENERGY	18 560 kcal
FETT / FAT	914g (45E%)
KOLHYDR / CARBH	1940g (42E%)
PROTEIN / PROTEIN	518g (11E%)
FIBRER / FIBRES	181g (2E%)

FRUKOST / BREAKFAST

Risgrynsgröt med vanilj 4 st – Risgrynsgröt med kanel & kardemunna 4 st – Vetegröt med äpple & mango 3 st – Vetegröt med vanilj 3 st – (ENG) Rice pudding with vanilla taste 4 pcs – Rice pudding with cinnamon and cardamom 4 pcs – Wheat porridge with apple & mango 3 pcs – Wheat porridge with vanilla 3 pcs

MÅLTIDER / MEALS

Stroganoff med ris & svamp 4 st – Rökig gryta 3 st – Köttbullar med potatis & gräddsås 4 st – Mexikansk gryta 4 st – Kyckling curry med ris 3 st – Kycklingköttbullar med tomatsås & pasta 4 st. (ENG) Stroganoff with rice & mushrooms 4 pcs – Smokey stew 3 pcs – Swedish meatballs with creamy potatoes 4 pcs – Mexican casserole 4 pcs – Chicken curry with rice 3 pcs – Chicken meatballs with spicy tomatoes 4 pcs.

INNEHÅLLER / CONTAINS: Gluten/gluten, laktos/lactose, mjölk/milk, soja/soy, ägg/egg, selleri/celery, senap/mustard, S02/S02. (Se separat produkt / see separate product)

Preppbox packas och distribueras av Outmeals AB för Preppbox- Katastrofen AB

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**OUT
MEALS**
THE PEAKS OF
YOUR DAY