

**SAGANAKI \$10** Ⓥ

Kefalograviera cheese lightly floured, fried & finished with fresh lemon juice.  
-Add Pita \$2

**KALAMARI \$15**

Squid cleaned and cut fresh in house, lightly floured, deep fried. Served with tzatziki.

**SPANAKOPITA \$10** Ⓥ

Tender spinach, herbs, feta, baked in phyllo pastry. Served with tzatziki.  
Omit tzatziki & feta to make it Ⓥⓖ

**PITA & DIP \$6** Ⓥ

Tzatziki OR Homous, baked OR fried pita.  
Choose homous to make it Ⓥⓖ

**GREEK SALAD** ⓖⓕ Ⓥ

**\$13 HALF \$19.5 FULL**  
Tomatoes, cucumbers, green peppers, red onions, olives, feta with in-house made Greek dressing.  
-Add Chicken \$7 or Lamb \$9  
-Add Pita \$2  
Omit feta to make it Ⓥⓖ

**CAESAR SALAD**

**\$11 HALF \$16.5 FULL**  
Romaine, bacon, parmesan cheese, croutons with in-house made dressing.  
-Add Chicken \$7 or Lamb \$9  
-Add Pita \$2  
Omit bacon to make it Ⓥ  
Omit croutons to make it ⓖⓕ

**SHRIMP LOUIE SALAD** ⓖⓕ

**\$16 HALF \$24 FULL**  
Baby shrimp, romaine, tomatoes, cucumbers, green peppers, red onions with in-house made dressing.  
-Add Pita \$2  
Omit shrimp to make it Ⓥ

**Rice Bowl \$14** ⓖⓕ Ⓥ

Rice pilaf, tomatoes, cucumbers, red onions, green peppers, olives, feta with Greek dressing. Topped with your choice of tzatziki OR homous.  
-Add Chicken \$7 or Lamb \$9  
-Add Pita \$2  
Omit feta & tzatziki to make it Ⓥⓖ

**Greek Fries \$14** Ⓥ

Crispy lemon herb potatoes cut and cooked in house. Covered in a blend of melted mozzarella and feta. Topped with tzatziki, red onions & parsley.  
-Add Chicken \$7 or Lamb \$9

**MINI SALAD**

**GREEK \$6.5** Ⓥ ⓖⓕ  
**CAESAR \$5.5**

**CHICKEN** ⓖⓕ  
4oz \$7

**LAMB** ⓖⓕ  
4oz \$9

**TZATZIKI** ⓖⓕ Ⓥ  
2oz \$2 4oz \$4  
8oz \$7 16oz \$12

**HOMOUS** ⓖⓕ Ⓥ  
2oz \$2 4oz \$4  
8oz \$7 16oz \$12

**FRIES** Ⓥⓖ  
16oz \$6

**RICE** ⓖⓕ Ⓥⓖ  
10oz \$5

**PITA** Ⓥⓖ  
Baked OR Fried \$2

**FETA** ⓖⓕ Ⓥ  
8oz \$7.5 16oz \$14 (Cow)  
8oz \$14 16oz \$28 (Sheep)

**OLIVES** ⓖⓕ Ⓥⓖ  
5 \$1.5 10 \$3  
8oz \$7 16oz \$14

**GYROS KOOTENAY (YEE-ROH)**

**CHICKEN \$14 • LAMB \$16**  
Your choice of chicken OR lamb with tomatoes, red onions, parsley and house dressing all wrapped INSIDE a grilled pita.  
-Add Dip (Tzatziki or Homous) \$2

**GYROS APO OLA (AH-POLE-LA)**

**CHICKEN \$14.5 • LAMB \$16.5**  
Your choice of chicken OR lamb with tomatoes, red onions, parsley, hint of cayenne, tzatziki and a few fries all wrapped INSIDE a grilled pita.  
-Add Dip (Tzatziki or Homous) \$2

**VEGGIE WRAP \$12.5**

Your choice of homous OR tzatziki, lettuce, tomatoes, cucumbers, red onions, green peppers, olives, Greek dressing & feta all wrapped in a grilled pita.  
-Add Chicken \$7 or Lamb \$9  
-Add Dip (Tzatziki or Homous) \$2  
Omit feta & tzatziki to make it Ⓥⓖ

**Ask about our banquet  
room and catering  
services today!**

Ⓥ = Vegetarian  
Ⓥⓖ = Vegan  
ⓖⓕ = Gluten Free



**Great Food, Great People, Growing Gratitude Around the Table!**

RETAIL & GRAB-n-GO ITEMS

SALAD DRESSINGS • OLIVE OIL • TZATZIKI • HOMOUS • FETA • OLIVES  
SALADS • SPANAKOPITA • BOUGATSA • BAKLAVA • PIZZA BY THE SLICE

KIDS MENU

ROASTED CHICKEN \$11

With your choice of fries OR rice.  
-Substitute fries OR rice for Greek or Caesar Salad \$2.

PITA PIZZA \$10

One regular topping of your choice (see list in pizza section below).

DESSERTS

BAKLAVA \$6

Layers of phyllo pastry with crushed walnuts, cinnamon & cloves. Made fresh in house. Topped with a lemon cinnamon syrup.



BOUGATSA \$6.5

Orange custard wrapped in phyllo pastry. Made fresh in house. Served warm, topped with icing sugar & cinnamon.

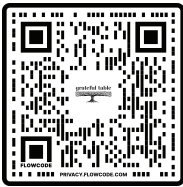


LOUKOU CHIPS (LOO KOO) \$6.5

Fried pita chips topped with a honey orange cinnamon syrup.



scan to find us here



www.gratefultable.ca

COMBO INSPIRATION

APPY COMBO

Saganaki  
Kalamari  
Spanakopita  
Tzatziki or Homous

CLASSIC COMBO

Spanakopita, Kalamari or Saganaki  
Fries or Rice  
Greek or Caesar Salad

GRATEFUL COMBO

Spanakopita  
Kalamari  
Saganaki  
Chicken or Lamb  
Pita  
Tzatziki or Homous  
Olives

SALAD COMBO

Any Salad  
Chicken or Lamb  
Pita  
Tzatziki or Homous

GYRO COMBO

Any Gyro or Wrap  
Fries or Rice  
Greek or Caesar Salad

PIZZA COMBO

Pizza by the Slice  
Greek or Caesar Salad  
Tzatziki

CUSTOM COMBO

Choose any of our menu items  
to make your own combo work for  
you! Items can be substituted or  
omitted to create your perfect combo.  
Your inspiration is your only limit!

Ask to see our drink menu!

PIZZA

PIZZA BY THE SLICE \$4.5 (Quantity and variety while supplies last.)

	10"	12"	14"
#1. Cheese	\$15	\$18	\$22.5
#2. Pepperoni	\$17.5	\$21	\$26
#3. Hawaiian (Ham & Pineapple)	\$19.5	\$23.5	\$29
#4. Just 'Cuz (Ham, Pepperoni, Red Onions, Green Peppers)	\$24	\$29	\$35.5
#5. Valley Vegetarian (Mushrooms, Green Peppers, Red Onions, Uncooked Tomatoes, Uncooked Feta)	\$26.5	\$32.5	\$40
#6. Meats-A-Treatsa (Pepperoni, Salami, Ham & Bacon)	\$25	\$30	\$36.5
#7. Maui Wowie (Mushrooms, Ham, Bacon, Pineapple)	\$24	\$29	\$35.5
#8. From Greece With Love (Spinach, Green Onions, Cooked Feta, Dill)	\$22.5	\$25.5	\$31.5
#9. Greek Oven Special (Ham, Pepperoni, Salami, Green Peppers, Red Onions, Mushrooms, Olives)	\$30.5	\$37	\$45
#10. Classic (Double Pepperoni, Double Mushrooms, Double Cheese)	\$31	\$38	\$46.5
#11. Grateful Vegetarian (Mushrooms, Green Peppers, Red Onions, Olives, Cooked Tomatoes, Cooked Feta)	\$28.5	\$35	\$43
#12a. Gyro (Chicken, Cooked Tomatoes, Red Onions, Cooked Feta, Olives, Cayenne)	\$28	\$36	\$45.5
#12b. Gyro (Lamb, Cooked Tomatoes, Red Onions, Cooked Feta, Olives, Cayenne)	\$30	\$39	\$49.5
#13. The Jimmy (Baby Shrimp, Bacon, Ham, Mushrooms, Pineapple, Red Onions)	\$32	\$38.5	\$46.5
#14. The Panos (Mozzarella, Feta Cheese, Garlic Butter)	\$22	\$27	\$33.5

EXTRA TOPPINGS

Extra Mozza or Feta	\$3.5	\$4.5	\$5.5
Veggie Toppings (Pineapple, Red Onions, Mushrooms, Olives, Tomatoes, Green Peppers)	\$2	\$2.5	\$3
Meat Toppings (Ham, Salami, Pepperoni, Bacon)	\$4	\$5.5	\$7.5
Shrimp	\$6	\$7	\$8
Chicken (4oz) \$7	-	-	-
Lamb (4oz) \$9	-	-	-